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## Seasonal variation in canine anti-*Leishmania infantum* antibody titres

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<b>Abstract:</b>	<p>Quantitative anti-<i>Leishmania</i> antibody titres are critical in the management of dogs with leishmaniosis, from diagnosis to treatment and follow-up. and there is a paucity of data relating changes in antibody titres to sand fly vector seasonality. This study aimed to evaluate seasonal variations in anti-<i>Leishmania infantum</i> antibody titres in dogs from a hyperendemic area for canine leishmaniosis (CanL). <i>Leishmania infantum</i>-seropositive and clinically healthy dogs (n=65) were sampled in June 2019 (sand fly season) and again in February-March 2020 (non-transmission season) to monitor clinical status and serological titres.</p> <p>There was a reduction in anti-<i>L. infantum</i> antibody titres during the non-transmission season in most dogs (n=36; 55.4%), and 44% of those dogs (n=16/36) became seronegative (i.e. below the cut-off value of 1:80). Given the relevance of serology to epidemiological, preventive and clinical studies related to CanL, seasonal variations in antibody titres are important in areas where phlebotomine vectors have seasonal patterns of activity. Sand fly seasonal period must be considered in the interpretation of annual anti-<i>L. infantum</i> antibody screening test results in asymptomatic dogs, to inform clinical decisions about staging, treatment and prevention.</p>

1 **Seasonal variation in canine anti-*Leishmania infantum* antibody titres**

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16 **Abstract**

17 Quantitative anti-*Leishmania* antibody titres are critical in the management of dogs  
18 with leishmaniosis, from diagnosis to treatment and follow-up. and there is a paucity of data  
19 relating changes in antibody titres to sand fly vector seasonality. This study aimed to evaluate  
20 seasonal variations in anti-*Leishmania infantum* antibody titres in dogs from a hyperendemic  
21 area for canine leishmaniosis (CanL). *Leishmania infantum*-seropositive and clinically  
22 healthy dogs ( $n=65$ ) were sampled in June 2019 (sand fly season) and again in February-  
23 March 2020 (non-transmission season) to monitor clinical status and serological titres.

24

25 There was a reduction in anti-*L. infantum* antibody titres during the non-transmission  
26 season in most dogs ( $n=36$ ; 55.4%), and 44% of those dogs ( $n=16/36$ ) became seronegative  
27 (i.e. below the cut-off value of 1:80). Given the relevance of serology to epidemiological,  
28 preventive and clinical studies related to CanL, seasonal variations in antibody titres are  
29 important in areas where phlebotomine vectors have seasonal patterns of activity. Sand fly  
30 seasonal period must be considered in the interpretation of annual anti-*L. infantum* antibody  
31 screening test results in asymptomatic dogs, to inform clinical decisions about staging,  
32 treatment and prevention.

33

34 *Keywords:* Antibody titers; Canine leishmaniosis; IFAT; Inter-seasonal decline; Sand fly  
35 season

36

37 **Introduction**

38 Canine leishmaniosis (CanL) caused by *Leishmania infantum* (Kinetoplastida,  
39 Trypanosomatidae) is a widespread zoonotic sand fly-borne disease. Clinical outcome  
40 depends on the fine balance between the parasite and the host immune response (Paltrinieri et  
41 al., 2010; Otranto et al., 2013; Hosein et al., 2017) and disease progression occurs when the  
42 cell-mediated immune response targeting the *Leishmania* organism is ineffective (Hosein et  
43 al., 2017). Because of the wide spectrum of clinical presentations, from subclinical infection  
44 to severe and potentially fatal clinical disease, and the variety of clinicopathological  
45 abnormalities, the diagnosis of CanL can be challenging (Solano-Gallego et al., 2017). Anti-  
46 *Leishmania* antibody screening is often the initial organism-specific diagnostic tool in dogs  
47 (Paltrinieri et al., 2010; ESCAAP, 2019). Timing of seroconversion after an infective  
48 phlebotomine bite can occur from 1 to 22 months, with a median time of 3 and 5 months in  
49 experimentally and naturally infected dogs, respectively (Moreno et al., 2002). Even though  
50 point-of-care tests based on immunochromatographic methods have been developed, indirect  
51 fluorescent antibody test (IFAT) and enzyme linked immunosorbent assays (ELISA) are  
52 required due to their higher diagnostic performance and antibody quantification. The IFAT  
53 test for the diagnosis of CanL has a sensitivity of 96% and specificity of 98%, which is  
54 similar to the ELISA (OIE, 2018).

55  
56 Quantitative anti-*Leishmania* antibody titre testing is frequently used in veterinary  
57 practice and is a reliable for the confirmation *L. infantum* infection in dogs, for monitoring  
58 the clinical evolution of the disease, and for monitoring response to treatment (Oliva et al.,  
59 2010; Paltrinieri et al., 2010; Proverbio et al., 2014; Paltrinieri et al., 2016; Solano-Gallego et  
60 al., 2017). Because of inter- and intra-test variability, values that are  $\geq 1$ -2 fold and  $\geq 3$ -4 fold  
61 higher than the threshold value for the laboratory are interpreted as 'low titres' and 'high

62 titres', respectively (Paltrinieri et al., 2010). High antibody titres in the presence of clinical  
63 signs and/or clinicopathological abnormalities associated with CanL are diagnostic for active  
64 CanL, whereas low antibody titres indicate subclinical infection, or exposure without  
65 infection (Paltrinieri et al., 2010; Solano-Gallego et al., 2011; Travi et al., 2018). High anti-  
66 *Leishmania* antibody IFAT titres are most often correlated with parasite dissemination and  
67 more severe clinical signs (Paltrinieri et al., 2010; Proverbio et al., 2014). Antibody titres are  
68 also used to guide treatment (Paltrinieri et al., 2010; Oliva et al., 2010), as dogs with high  
69 antibody titres and one or more clinical signs consistent with CanL are staged as 'sick', thus  
70 requiring anti-*Leishmania* therapy (Oliva et al., 2010).

71

72         Phlebotomine sand flies colonize a wide range of environments (e.g. primary forest,  
73 crop plantations, animal shelters, and human houses), from coastal plains to hilly areas.  
74 According to the macro geographical area, the development of sand flies may occur year-  
75 round (e.g. in the New World) or during a defined period or 'season' (e.g. in the  
76 Mediterranean region; Dantas-Torres et al., 2012). In the Mediterranean region, dogs can be  
77 exposed to sand fly bites from early April to November (Alten et al., 2016), potentially  
78 leading to new infection by *L. infantum* (Vlkova et al., 2011). Although anti-*Leishmania*  
79 antibody titres are of paramount importance in the management of CanL cases from diagnosis  
80 to treatment and follow-up, limited data are available comparing sand fly seasonality with  
81 antibody titres.

82

83         This study aimed to evaluate the role of sand fly seasonality on quantitative anti- *L.*  
84 *infantum* antibody titres in seropositive and clinically healthy dogs living in an area endemic  
85 for CanL.

86

87 **Materials and methods**

88 *Study area*

89 Clinical and serological examinations were performed from late June 2019 to March  
90 2020 in dogs from a shelter in southern Italy (40° 25' 09.6"N, 18° 09' 56.1"E, Lecce, Apulia  
91 region). This area is endemic for CanL (Mendoza-Roldan et al., 2020) and the sand fly  
92 season usually lasts from late May to late October, with two density peaks during July and  
93 August. Vector species of *L. infantum* (e.g. *Phlebotomus perniciosus*, *Phlebotomus*  
94 *perfiliewi*, and *Phlebotomus neglectus*; Tarallo et al., 2010) are also prevalent.

95

96 *Dog population, sampling and follow-up*

97 This study was approved by the ethical committee of the Department of Veterinary  
98 Medicine of the University of Bari, Italy (Approval number, Prot. Uniba 8/19; Approval date,  
99 14 June 2019  
dd Month yyyy). In late June 2019 (baseline; sand fly season), dogs were enrolled in the  
100 study if they fulfilled the following criteria: (1) seropositive to *L. infantum*; (2) no treatment  
101 for CanL in the previous 6 months; and (3) no current clinical signs compatible with CanL  
102 infection (Paltrinieri et al., 2010; Solano-Gallego et al., 2011). Anamnestic data and  
103 signalment information (i.e. age, sex, breed, reproductive status, weight, body condition score  
104 and microchip number), as well as details of any previous treatments, were recorded. In  
105 February-March 2020 (non-transmission season) all dogs underwent repeated clinical  
106 examination and serological testing.

107

108 At both timepoints, a 5 mL blood sample was collected from the cephalic vein and  
109 placed in a serum (clot activator) tube. Samples were transported to the laboratory within 4 h  
110 of collection, and serum was obtained by centrifugation (1500 g for 15 min). Serological  
111 analysis was performed within 24 h.

112

113           Dogs with negative serology in the non-transmission season underwent repeat clinical  
114 and serological examination 8 weeks after their last serological test. Additionally, fine needle  
115 aspirates (FNA) of lymph node and/or bone-marrow were tested by molecular means, as  
116 described below. Bone marrow aspirates were obtained from the costochondral junction, after  
117 the infiltration of 1-2 mL of local anaesthetic (2% lidocaine), using a 21 G needle; samples  
118 were placed in EDTA tubes. FNA samples from popliteal or submandibular lymph nodes  
119 were placed in sterile tubes containing 500 µL saline. Lymph node and bone marrow samples  
120 were stored at -20 °C until DNA extraction and molecular processing.

121

#### 122 *Serological testing*

123           Serum samples were tested for anti-*L. infantum* IgG antibodies by IFAT as previously  
124 described (Otranto et al., 2009). Samples were considered positive if there was clear  
125 cytoplasmic and membrane fluorescence of *L. infantum* promastigotes from a cut-off dilution  
126 of 1:80. Positive sera were titrated by serial dilutions (i.e., 1:80, 1:160, 1:320, 1:640, 1:1280  
127 and 1:2560) until negative results were obtained. Samples were considered negative if they  
128 failed to produce a positive result at 1:80. All serological tests were read in a double-masked  
129 manner by two different operators.

130

#### 131 *Molecular testing*

132           Lymph node and bone-marrow aspirates were subjected to DNA extraction using the  
133 DNeasy Blood and Tissue Extraction Kit (Qiagen), according to manufacturer's instructions.  
134 Detection of 120 base pair fragments of *L. infantum* kinetoplast DNA minicircle was  
135 achieved by real time-PCR (qPCR), using primers, probes, and protocol as previously  
136 described (Francino et al., 2006).

137

138 *Statistical analysis*

139 Statistical analyses were performed using Analyse-it software v 5.01 (Analyse-it  
140 Ltd.). Since a Kolmogorov-Smirnov test demonstrated data were not normally distributed,  
141 seasonal differences in *L. infantum*-antibody titres were evaluated using Wilcoxon signed  
142 rank tests.  $P < 0.05$  was considered statistically significant.

143

144 **Results**

145 Sixty-five *L. infantum*-seropositive, clinically healthy dogs ( $n=26$  males;  $n=39$   
146 females) were enrolled. Age range was 1-14 years (median, 8 years) and weight range was  
147 10-38 kg (median, 25 kg); most dogs were Mixed breed ( $n=64$ ) and neutered ( $n=62$ ). Anti-*L.*  
148 *infantum* antibody titres for the 65 dogs, at both sampling times, are shown in Table 1.

149

150 Antibody titres decreased in 36 dogs (55.4%), became seronegative in 16 dogs  
151 (44.4%), remained static in 12 dogs (18%), and increased in 17 dogs (26%). Median antibody  
152 titre increased from enrolment (1:80) to the non-transmission season (1:160;  $P=0.016$ ). Of the  
153 dogs with a lower titre in the non-transmission season, median titre decreased from 1:320 at  
154 enrolment to 1:80 in the non-transmission season; 16 dogs were considered negative.

155 Conversely, of the dogs with an increased titre in the non-transmission season, the median  
156 titre increased from 1:80 at enrolment to 1:320 in the non-transmission season. In dogs with  
157 titres of 1:80 at enrolment, median antibody titre was unchanged in the non-transmission  
158 season ( $P=0.234$ ). In dogs with titres  $> 1:80$  at enrolment, median antibody titre decreased  
159 from 1:1280 to 1:320 in the non-transmission season ( $P < 0.001$ ).

160



161 Fourteen of 16 dogs with negative titres in the non-transmission season were  
162 resampled 8 weeks later, and were negative on serology and qPCR of lymph node and/or  
163 bone marrow aspirates. The remaining 2/16 dogs were not re-sampled because they were lost  
164 to follow up.

165

166 During the study period, 64/65 dogs remained non-clinical for CanL (Paltrinieri et al.,  
167 2010; Solano-Gallego et al., 2011). One dog developed uveitis and dermatologic lesions  
168 (consistent with CanL) and had a 1-fold increase in antibody titre (from 1:1280 to 1:2560).

169

## 170 **Discussion**

171 This study demonstrated that variations in antibody titres against *L. infantum* between  
172 sand fly and non-sand fly transmission periods occurred in dogs from an endemic area for  
173 CanL characterized by vector seasonality. Median antibody titres increased significantly at  
174 the second sampling time compared with baseline, which was attributed to increases in titre  
175 of up to 4-fold in 12/34 dogs that had titres of 1:80 at enrolment. However, when dogs with  
176 titres of 1:80 at enrolment were considered separately, this finding was lost. Most dogs  
177 experienced a reduction in *Leishmania* IFAT titres during the non-transmission season, and  
178 almost half of these dogs became seronegative. Reduced anti-*L. infantum* antibody titres  
179 during the non-sand fly period may be related to the progressive reduction of exposure to  
180 vectors and/or to an effective cellular immune response. During the transmission period, dogs  
181 are exposed to sand fly bites and rapidly develop a strong anti-saliva antibody response  
182 which increases with the number of sand fly bites and declines inconsistently when exposure  
183 ceases (Vlkova et al., 2011; Kostalova et al., 2015). There is a positive relationship between  
184 anti-saliva and anti-parasite responses (Kostalova et al., 2015; Quinnell et al., 2018), and the  
185 immune response is likely up-regulated during the transmission period, as a consequence of

186 uninfected and *L. infantum*-infected sand fly bites and the immunogenic effect of the parasite.  
187 This hypothesis could explain decreased antibody titres from 1:2560 at time of enrolment to  
188 as low as 1:80 during the non-transmission season in some dogs in our study. Moreover, a  
189 protective cell-mediated immune response leading to a complete remission of infection could  
190 have developed in dogs with reduced antibody titres and, in particular, in dogs with IgG titres  
191 < 1:80 and negative by qPCR techniques in the non-transmission season. When *L. infantum* is  
192 under control by the immune response, antibody titres tend to either remain low, or  
193 eventually become negative in clinically healthy dogs (Paltrinieri et al., 2016). It has recently  
194 been reported that not only infective sand fly bites, i.e. those in which infectious mature  
195 metacyclic promastigotes are regurgitated and inoculated into the host, but also non-infective  
196 sand fly bites, i.e. those where non-infectious immature promastigotes are regurgitated and  
197 inoculated, can elicit *Leishmania*-specific antibodies in animals, although this report has not  
198 yet undergone peer review (Gradoni et al., 2019). Non-infective sand fly bites could explain  
199 the existence of ‘exposed but uninfected dogs’ that develop and maintain low (1:40-1:160)  
200 IFAT titres. This hypothesis could also explain stable titres over both sampling seasons in  
201 some dogs in our study, since most of those dogs maintained antibody titres of 1:80.

202

203         The reduction in antibody titres during the non-transmission season (up to 3-fold  
204 lower than the previous antibody titre determination) in over half of the enrolled dogs  
205 impacts the interpretation of CanL seroepidemiological results and case management.  
206 Variations in seroprevalence and antibody titres could be associated with time of year, with  
207 higher values more likely during the sand fly season. Additionally, sampling time should be  
208 carefully assessed in field studies evaluating the efficacy of preventive measures for CanL. In  
209 CanL endemic areas, data from clinically normal dogs that were initially seropositive for *L.*  
210 *infantum* but became seronegative after 6 or 12 months have been reported in time frames

211 that were within (Acedo-Sánchez et al., 1998) or between (Nejjar et al., 2000) transmission  
212 seasons. However, in our study, decreased antibody titres, including some that became  
213 seronegative, were recorded over the relatively short period between sand fly season and the  
214 following non-transmission season. It is noteworthy that most dogs that became seronegative  
215 had low positive antibody titres (1:80) at enrolment. Sand fly season-dependent seropositive  
216 *L. infantum* results could have several implications, for example in shelter dogs being  
217 rehomed, where movement from endemic to non-endemic areas could depend on the results  
218 of CanL serological tests. Therefore, asymptomatic dogs that are seropositive for *L. infantum*  
219 during sand fly season should be reassessed during the non-transmission season to confirm  
220 infection status.

221

222         Dogs with high titres in the sand fly season ( $n=36$ ) had reduced antibody titres during  
223 the non-transmission season (12/12 dogs with titres of 1:2560 and 4/6 dogs with titres of  
224 1:1280). According to published guidelines, dogs with high anti-*Leishmania* antibody titres  
225 (i.e. 2-4 fold higher than the threshold positive value) with at least one CanL-related clinical  
226 sign and/or associated laboratory abnormalities, are usually classified as ‘sick’ and require  
227 treatment with appropriate anti-*Leishmania* therapy (Paltrinieri et al., 2010; Oliva et al.,  
228 2010). However, since CanL-related clinical signs and laboratory abnormalities are non-  
229 specific, particularly in regions where other arthropod-borne pathogens are common, dogs  
230 incorrectly classified as ‘sick’ based on high antibody titres could receive unnecessary  
231 treatment, potentially contributing to the emergence of drug resistance (Yasur-Landau et al.,  
232 2016). Therefore, dogs with high antibody titres during sand fly season should undergo direct  
233 diagnostic testing to confirm the presence of the parasite before treatment for CanL is  
234 initiated.

235

236 About a quarter of the dogs in our study had higher antibody titres in the non-  
237 transmission season than at enrolment. This could have been related to the progression of  
238 infection, leading to the development of clinical disease (Solano-Gallego et al., 2011).  
239 However, in our study, clinical signs suggestive of active CanL (Paltrinieri et al., 2010;  
240 Solano-Gallego et al., 2011) were only observed in one dog, although assessment for active  
241 CanL was incomplete due to lack of further relevant laboratory testing. This result could be  
242 related to individual variability in the immunological response to *L. infantum* in dogs  
243 (Paltrinieri et al., 2016) and to the precipitin reaction of immune complexes (Day, 1999),  
244 which has a widely recognized pathogenic role in CanL. Dogs with high antibody titres but  
245 limited circulating *L. infantum* antigen might not have enough soluble immune complexes in  
246 circulation to trigger the inflammatory response and, therefore, clinical disease or organ  
247 damage (Day, 1999).

248

249 This study had a number of potential limitations. Firstly, enrolled dogs were  
250 considered clinically healthy based on physical examination alone, and not in conjunction  
251 with the evaluation of other laboratory test results such as haematology, serum biochemistry,  
252 and urinalysis. Additionally, seropositive dogs were not classified as either exposed or  
253 infected based on the detection of *L. infantum* by qPCR in lymph node and/or bone-marrow  
254 aspirates at enrolment or follow-up. Finally, although a titre of 1:80 is frequently considered  
255 to be the threshold for positivity in CanL endemic areas, and was used in this study, there is  
256 no consensus regarding the anti-*L. infantum* titre threshold.

257

## 258 **Conclusions**

259 In areas where phlebotomine vectors have clear seasonal patterns of activity, the  
260 direct impact of the sand fly season on canine *L. infantum* antibody titres must be considered

261 when interpreting results from asymptomatic dogs, so that appropriate clinical staging and  
262 treatment decisions can be made. Sand-fly seasonality should also be considered in the design  
263 of studies investigating the treatment and prevention of CanL.

264

#### 265 **Conflict of interest statement**

266 The authors have no financial or personal relationships that could inappropriately  
267 influence or bias the content of the paper.

268

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272

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382 **Table 1.**  
 383 Variation in antibody titres against *Leishmania infantum* detected by indirect fluorescent antibody test (IFAT) according to sampling time and serial  
 384 dilution (1:80 to 1:2560). Enrolment of seropositive dogs was in the sand fly season (late June 2019), and follow-up was in the non-transmission  
 385 season (February-March 2020).

		Antibody titre during non-transmission season						
Antibody titre during sand fly season		Negative at 1:80	1:80	1:160	1:320	1:640	1:1280	1:2560
1:80	<i>n</i> =34 (52.3%)	<i>n</i> =13/34 <sup>a</sup> (38.2%)	<i>n</i> =9/34 <sup>b</sup> (26.5%)	<i>n</i> =4/34 <sup>c</sup> (11.8%)	<i>n</i> =3/34 <sup>c</sup> (8.8%)	<i>n</i> =2/34 <sup>c</sup> (5.9%)	<i>n</i> =3/34 <sup>c</sup> (8.8%)	-
1:160	<i>n</i> =5 (7.7%)	<i>n</i> =1/5 <sup>a</sup> (20%)	<i>n</i> =1/5 <sup>a</sup> (20%)	<i>n</i> =1/5 <sup>b</sup> (20%)	<i>n</i> =2/5 <sup>c</sup> (40%)	-	-	-
1:320	<i>n</i> =5 (7.7%)	<i>n</i> =1/5 <sup>a</sup> (20%)	<i>n</i> =3/5 <sup>a</sup> (60%)	-	<i>n</i> =1/5 <sup>b</sup> (20%)	-	-	-
1:640	<i>n</i> =3 (4.6%)	-	-	<i>n</i> =1/3 <sup>a</sup> (33.3%)	-	<i>n</i> =1/3 <sup>b</sup> (33.3%)	-	<i>n</i> =1/3 <sup>c</sup> (33.3%)
1:1280	<i>n</i> =6 (9.2%)	<i>n</i> =1/6 <sup>a</sup> (16.7%)	<i>n</i> =1/6 <sup>a</sup> (16.7%)	<i>n</i> =1/6 <sup>a</sup> (16.7%)	-	<i>n</i> =1/6 <sup>a</sup> (16.7%)	-	<i>n</i> =2/6 <sup>c</sup> (33.3%)
1:2560	<i>n</i> =12 (18.5%)	-	<i>n</i> =2/12 <sup>a</sup> (16.7%)	<i>n</i> =1/12 <sup>a</sup> (8.3%)	<i>n</i> =1/12 <sup>a</sup> (8.3%)	<i>n</i> =6/12 <sup>a</sup> (50%)	<i>n</i> =2/12 <sup>a</sup> (16.7%)	-
Total	<i>n</i> =65	<i>n</i> =16/65 (24.6%)	<i>n</i> =16/65 (24.6%)	<i>n</i> =8/65 (12.3%)	<i>n</i> =7/65 (10.8%)	<i>n</i> =10/65 (15.4%)	<i>n</i> =5/65 (7.7%)	<i>n</i> =3/65 (4.6%)

386 <sup>a</sup> Reduced antibody titres at follow-up during non-transmission season

387 <sup>b</sup> Stable antibody titres at follow-up during non-transmission season

388 <sup>c</sup> Increased antibody titres at follow-up during non-transmission season

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