1	POSIDONIA OCEANICA (L.) BASED COMPOST AS SUBSTRATE FOR
2	POTTED BASIL PRODUCTION
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18 Abstract

19 BACKGROUND

20 Peat, the main substrate component used for the production of potted plants, is a non-21 renewable resource and its extraction from peatlands can degrade these particular 22 ecosystems. European policy strongly encourages the use of peat alternatives giving 23 "eco-label" only to substrates not containing peat. Posidonia is a Mediterranean 24 seagrass, that produces very conspicuous wedge-shaped deposits difficult to dispose. 25 Basil plants are generally cultivated in pot using green compost and/or peat as growing 26 media. In this study, a commercial green compost and a posidonia residues based 27 compost were tested in order to assess their potential use as substitutes to peat. 28 Agronomic (biomass, leaf area, height, content of macro and micronutrients of plants) 29 and food security (metal content in substrates and plant tissues) aspects were studied.

30 RESULTS

Basil plants grown on peat showed higher fresh weight and leaf area than those grown
on compost mixtures. All macro and micro-element concentrations were positively and
significantly affected by the presence of composts in the media.

34 CONCLUSION

The results obtained showed that both the compost based substrates could be used as a viable alternative or a complement to the use of peat only for basil production, without reduced absorption levels of metals compared to the peat. In particular, in the case of posidonia residues based compost, results obtained encourage the use of these residues, so as to avoid to be disposed into landfills and to reduce the environmental problems, through an eco-friendly reuse of this biomass.

Keywords: Peat, green compost, posidonia based-compost, growing media, basil
production.

44

45 *Introduction*

46 In Southern Europe peat is the main substrate component used for the production of 47 potted plants, because of its good chemical and physical properties. Unfortunately, peat 48 is a very expensive material, especially in Mediterranean countries, because it is 49 imported mainly from Northern and Central Europe, and recently has become more 50 expensive and its properties more variable¹. Germany, Italy, and The Netherlands are the main users of peat in Europe². Peat is a non-renewable resource and its extraction 51 52 from peatlands can degrade these ecosystems highly fragile with a great ecological and 53 archaeological value³. In particular, ombrotrophic peatlands evolve only due to the 54 atmospheric deposition, and these deposits have often been used as historical records of the impact of human activities⁴⁻⁷ and/or as tool in paleoclimatic and paleovegetation 55 56 reconstructions^{8,9}. For these reasons, peatlands have been included in the schedule of natural habitats with a potential degradation¹⁰, thus making it necessary to identify other 57 58 growth substrates for plants in replacement of peat. European policy strongly encourages the use of peat alternatives^{11,12}, and the European Commission¹³ has 59 60 introduced the European Union "eco-label" for growing substrates (including soil 61 improvers) that not contain any peat materials, encouraging the use of organic matter derived from the processing and/or re-use of wastes¹⁴. 62

Recently, different organic residues, such as byproducts, municipal sewage sludge,
 and urban solid wastes, food industry, and wood processing wastes, agricultural crop
 residues and animal wastes¹⁵⁻²⁰ are recycled after appropriate stabilization treatments

66 such as composting. Numerous studies have demonstrated that organic residues, after composting, can be used with very good results as growing media instead of peat^{21-23, 1}, 67 68 ¹². Compost is a stabilized and sanitized product of composting, which is the 69 biodegradation process of a mixture of organic substrates carried out by a microbial 70 community composed of various populations, both in aerobic conditions and solid state²⁴. Composting aims to promote the humification process of organic matter by 71 72 increasing its biostability and maturity, so to improve its potential as an organic fertilizer²⁵. Composts tend to improve the organic matter content of the soil²⁶, to provide 73 74 nutrients and growth regulators²², and to avoid adverse environmental effects that may 75 occur in soil, including microbial immobilization of plant nutrients, production of phytotoxic compounds, induction of anaerobic conditions, etc.^{17, 27, 28}. In contrast, the 76 77 use of compost as a substrate component can cause some problems as a consequence of its high salt content^{29, 30}, unsuitable physical properties^{31,32} and variable quality and 78 composition ^{33, 34}. Further, the application of high rates of compost may determine an 79 80 accumulation of trace metals in plants, with dangerous consequences for humans and animals that feed on these plants³⁵. 81

82 Posidonia oceanica (L.) Delile is a marine phanerogam endemic of the Mediterranean Sea that grows all along the coast forming extensive meadows³⁶. Every 83 84 year, mostly in the fall, posidonia leaves senesce and detach off the rhizomes so that, in 85 many areas, very conspicuous wedge-shaped deposits of posidonia debris are beached along vast areas of the coast ranging from a few centimeters in the water to several 86 87 meters inshore³⁷. The large volumes of the beached plant residues along the 88 Mediterranean coasts in Italy represent a serious concern for the local authorities for a number of environmental, social, and economical implications^{38, 39}. Common Italian 89

90 laws consider these plant biomasses as a special kind of solid waste material to be 91 disposed into landfills, thus resulting in an enormous loss of organic materials, 92 nutrients, and useful biomolecules⁴⁰, with additional problems associated with their 93 transport in landfills⁴¹. Previous studies have demonstrated that posidonia residues-94 based compost showed positive chemical features and the absence of phytotoxicity 95 phenomena ^{40, 42,43}, and has been used in horticulture for greenhouse tomato ^{41, 44-46} and 96 lettuce^{45,46} cultivation, and for nursery production⁴⁷.

97 *Ocimum basilicum* L., known as sweet basil, has been used as indicator crop in 98 relation to its high economic value and its importance for greenhouse production. A 99 previous research showed that it may be used as a good indicator of the adverse effects 100 of various environmental signals to plants, including high concentrations of trace metals 101 in composts⁴⁸.

The objectives of the present study were: i) to ascertain the potential use of green compost substrates as growing media for fresh market sweet basil production, without any problem of metal accumulations, and ii) to evaluate, from the agronomical and environmental point of view, the posidonia based compost as component for growing media in comparison to a commercial green compost and peat.

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108 Experimental

Commercial green compost (GC) was produced by Progeva s.r.l. composting plant (Laterza, Italy), using urban pruning and yard trimmings residues (100%), while posidonia-based compost (GCP) was obtained by mixing 20% beached posidonia residues (on a fresh weight basis) and 80% green urban wastes (pruning and yard trimmings residues). The mixtures were prepared respecting the microbial requirements

114 of compost in terms of carbon/nitrogen (35 to 45) and moisture content (55 to 65%). 115 Composting process took place in a pile (1.5 m of height and 3 m of diameter); the 116 temperature of the windrow was kept > 55 °C for at least three days, by turning and 117 irrigating the piles periodically to obtain the pasteurization of the biomass. The active 118 phase of composting was considered completed after four weeks, when the temperature 119 of the pile decreased naturally to a value less than 40 °C. The curing phase was characterized by less frequent turning and continued until the 90th day to achieve further 120 121 stabilization and obtain the final product⁴⁹.

122 The two composts obtained were then sieved at 1 cm.

123 The peat used as a component of the potting mixtures was a commercial growing 124 substrate (Brill Type 3 Special, mix of different peats added with 1 kg m⁻³ PIG-MIX 125 14N-16P-18K fertilizer).

The trial was conducted in a plastic (polymethacrylate) greenhouse located in Mola
di Bari ("La Noria" experimental farm of the CNR–ISPA 24 m a.s.l.; 17'04°E, 41'03°N),
under controlled temperature, and using sweet basil (*Ocimum basilicum* L., cv. Italian
large leaf) as indicator plant.

130 Nine growing media were prepared by mixing GC and GCP, each in different 131 proportions [30, 50, 70 and 100% (v:v)], with the commercial peat. A control treatment, 132 consisting only of pure peat, was also included. In Table 1 are summarized all the 133 treatments considered in this study. The experimental treatments were assigned in a 134 fully-randomized design with three replications for each treatment and five pot per 135 replication. The seedlings were produced in polystyrene plug trays (160 cells per tray 136 with diameter of 2.5 cm and volume of 21 mL) filled with peat. The seeds were five per 137 cell and covered with vermiculite. Two days after emergence, the number of plants was

reduced to one seedling per cell. After growing in conventional plug trays for 12 days,
four seedlings for pot were transferred into diameter plastic container (0.5 L) filled with
each of the nine growing media.

141 Plants were grown for 21 days on bench and fertirrigated daily with one drip per pot

142 (2 L h⁻¹) with nutrient solution containing (mM) 144 N (116 $NO_3^-+27 NH_4^+$), 46 P₂O₅,

143 200 K₂O, 179 CaO, 64 MgO, 86 SO₄, 1.12 Fe, 0.24 Cu, 0.032 Mn, 0.131 Zn, 0.27 B,

144 and 0.05 Mo, and maintaining pots moisture near the field capacity for each treatment.

145 The nine growing media were sampled and analyzed at the beginning of the 146 experiment, measuring the electrical conductivity (EC) and the pH value on watersoluble extract or suspension (1:5, v:v) according to European Standard 13038⁵⁰ and 147 European Standard 13037⁵¹, respectively. Dry bulk density (BD) was determined 148 according to the European Standard 13041⁵². The growing media also were 149 150 characterized for total Kjeldahl nitrogen and total phosphorous (Olsen method) 151 according to the Italian Official Methods of Fertilizers Analyses⁵³. The major (K, Ca, 152 Mg, Na), metal and trace elements (Fe, Cu, Mn, Ni, Zn, B, Cd, Co, Cr, Pb) in the 153 growing media at the beginning of the experiment were extracted by a microwave 154 assisted digestion (Multiwave Perkin Elmer 3000, Walthman, USA) using a suprapure 155 HNO₃:H₂O₂:HCl mixture (6:1:1), and successively quantified by inductively coupled 156 plasma optical emission spectrometer (ICP-OES iCAP 6000, Thermo Scientific, 157 Walthman, USA).

At the end of the experiment, when the plants reached the commercial size for fresh market, four pots were harvested at random for each treatment and replication, in order to determinate total plant fresh weight (FW), plant height (H), leaf number, and leaf area (LA). Soil Plant Analysis Development (SPAD) index was also measured with a 162 chlorophyll meter (Konica Minolta Spad 502, Tokyo, Japan) on five leaves per plant.
163 Successively, aerial part of plants was dried in a thermo-ventilated oven at 65 °C until
164 reaching a constant mass, in order to measure the dry weight (DW) and dry matter
165 (DM), and then ground through a mill (IKA, Staufen, Germany) with a 1mm sieve for
166 chemical analysis. In particular, shoot tissues were characterized for total nitrogen, total
167 phosphorous, major, metal and trace elements as previously described.

Treatment means were compared using orthogonal contrasts with one degree of freedom⁵⁴. Six comparisons were made: (i) peat *vs* the eight based-compost substrates; (ii) GC-based *vs* GCP-based growing media; (iii) the linear trend in the four GC-based growing media; (iv) the quadratic trend in the four GC-based growing media; (v) the linear trend in the four GCP-based growing media; and (vi) the quadratic trend in the four GCP-based growing media. Data were subjected to the general linear model procedure⁵⁵.

175

176 Results and discussion

177 The pH and EC values of growing media containing either compost were higher than 178 peat, raising linearly with increasing compost percentage in the growing medium (Table 179 2). In particular, higher values of pH were observed with the addition of GC, whereas 180 higher values of EC were observed with the addition of GCP, probably due to the marine origin of the posidonia residues. The pH increased with the proportion of 181 182 composts in the growing medium, in accordance with previous experiments on posidonia based compost⁴¹⁻⁴³ or compost in general¹², in relation to the presence of 183 184 alkaline elements (Ca, Mg, and Na) despite peat (Table 2). In all cases, BD values of all substrates were below the maximum value (0.4 g cm⁻³) established for an ideal 185

substrate^{56, 57}. It increased linearly with increasing of the percentage of GC in the growth medium, whereas an opposite trend appeared in the case of GCP. Bulk density provides a good indication of the porosity of the growing medium, which determines the rate at which air (oxygen) can move through the substrate⁵⁸.

190 All macro and micro-element concentrations were positively and significantly 191 affected by the presence of composts in the media (Table 2), so suggesting that compost is a good source of mineral nutrients for plants¹. GC and GCP heavy metal (Cd, Co, Cr 192 193 and Pb) content was significantly higher than peat too. In particular, GCP showed an 194 higher content of Ca, Mg, Na, B and Cd than GC, whereas an opposite trend was shown 195 for all the other elements. In particular, the great difference in B content between the 196 two composts used, could be reasonably ascribed to the high concentration of this element in posidonia debris⁴⁹, and to the presence of borosilicate coming from the sand 197 198 residues.

GCP-based substrates had a lower concentration of Co, Cr, and Pb than GC ones, probably in relation to their relative content in posidonia residues. The differences observed in the composition of the growing media were probably related to the different nature and origin of compost matrices (Table 2) in particular for the presence of posidonia residues.

Biometric characteristics and SPAD values of basil grown on the different growing media are reported in Table 3. In general, basil plants grown on peat showed higher FW, DW and LA than those grown on compost mixtures, whereas an opposite trend was shown for SPAD values. With increasing of both composts percentage in the mixtures, significant reduction in the FW (linear) and DM (quadratic) of plants were observed. Height, number and area of leaves, and SPAD linearly decreased with higher percentage

210 of compost in the mixtures. All the parameters analyzed in basil plants were higher in 211 the mixtures with GCP than to those with GC. The use of compost as an alternative or a 212 complement to peat for basil production showed the best results at the rates of 30%. This result is in accord with several previous studies. In particular, Manios⁵⁹ measured 213 214 an increasing growth of various plants using a mixture of peat and compost from solid 215 waste at 30% (v:v), whereas showed phytotoxic effects on root and shoots growth at 216 higher doses of compost. Grigatti et al.¹¹ found the best results in terms of dry weight of 217 some bedding plants, when compost was added in the growing media at rates from 25 to 218 50%. Loffredo and Senesi⁶⁰ and Loffredo et al.⁶¹ demonstrated that a partial (20%, v:v) 219 replacement of peat with compost enhanced the health and vegetative status of the 220 ornamental plants (impatiens and China aster and philodendron, respectively). Mininni et al.⁴⁶ showed that, in growing media for lettuce seedlings production, posidonia-based 221 222 compost could be used as a complement to peat at a rate of 25 or 50%, whereas for 223 melon and tomato seedlings production the optimal dose of posidonia-based compost was 20% 46, 62. 224

225 Table 4 shows the effects of growing media studied on the elemental composition of 226 basil shoot tissues. Plant grown on peat showed higher content of P, Ca, Mn, Fe and Ni, 227 than those obtained on compost based growing media; micronutrients availability was 228 probably reduced from higher pH levels in compost based growing media as observed from Pérez-Murcia et al.²². Plants obtained on compost based growing media had lower 229 230 uptake of Cd and Cr than peat; this is probably ascribed to the greater presence of humic 231 acid in composts that decreases plant uptake due to formation of complexes with metal ^{63, 64}. Between the two compost based growing media (GCP and GC), plants grown on 232 233 GCP had an higher content of N, Ca, Mg, and Na, while those cultivated on GC had a greater content of K and microelements (Mn, Cu, Fe, Ni, and Zn) (Table 4) in relationto their content of the respective substrates (Table 2).

As results from other experiments, plants grown on posidonia compost based substrates had a greater content of B, without any symptom of toxicity^{44, 62}.

238

239 *Conclusions*

240 In general, the two compost based substrates showed suitable physical and chemical 241 properties, and high macro and micro nutrient contents, so hoping for their use as a 242 partial substitutes of peat in potting cultivation, especially at the rate of 30%. The two 243 compost based substrates could be used without problem of metal accumulation in basil 244 cultivation showing, instead, a reduction of absorption levels compared to the peat. 245 Posidonia-based compost could be used as a partial substitute to peat in basil cultivation 246 with a reduction of the input of mineral nutrients for its natural endowment. In addition, 247 basil plants grown on posidonia-based compost showed better productive parameters 248 (FW, LA and SPAD) and lower metals content than those grown on green compost. 249 Through composting of posidonia residues, the problem of their disposal could be 250 partially resolved; in addition, also the use of peat, that is a non-renewable resource, as 251 substrate for growth of plants in pots could be reduced. In conclusion, these results 252 encourage the use of composted posidonia residues as partial substitute of peat in 253 potting cultivation, so reducing the problems derived from their accumulation near the 254 coast and their disposal in landfills.

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Substrate*	Composition (% volume)
Peat	Peat 100%
GC30	GC (30%) + Peat (70%)
GC50	GC (50%) + Peat (50%)
GC70	GC (70%) + Peat (30%)
GC100	GC (100%)
GCP30	GCP (30%) + Peat (70%)
GCP50	GCP (50%) + Peat (50%)
GCP70	GCP (70%) + Peat (30%)
GCP100	GCP (100%)

Table 1. Composition of the growing media tested

* P: peat; GC: commercial green compost; GCP: posidonia based compost.

Substrates	BD	pН	EC	Ν	P	Ca	K	Mg	Na	Fe	Cu	Mn	Ni	Zn	B	Cd	Co	Cr	Pb
	(kg m ⁻³)		(dS m ⁻¹)		(g kg ⁻¹)						(mg kg ⁻¹)								
Peat	0.220	5.75	0.55	1.03	1.41	22	1.27	1.59	0.28	1.13	6.7	72	5.0	9	14	0.07	0.49	1.37	2.6
GC30	0.281	6.67	0.71	1.17	2.95	27	5.9	2.8	2.01	4	32	156	28	68	22	1.39	2.82	18	25
GC50	0.322	7.33	0.88	1.35	3.43	39	9.5	4.7	2.96	7.3	50	244	52	114	35	1.94	5.50	45	34
GC70	0.332	7.57	1.19	1.38	4.45	44	10.8	5.5	3.4	8.3	53	279	55	113	44	2.15	5.69	78	47
GC100	0.365	8.44	1.44	1.52	6.02	46	14.1	5.9	3.9	9.6	66	324	38	134	49	2.64	6.43	76	45
GCP30	0.242	6.39	1.15	1.13	2.74	46	3.9	4.4	2.8	2.9	33	151	8	49	269	1.32	1.42	11	11
GCP50	0.221	6.68	1.55	1.24	3.45	53	5.4	5.5	3.5	3.9	45	184	11	74	322	1.89	2.33	18	17
GCP70	0.218	7.12	1.86	1.36	3.77	63	6.8	6.6	4.8	4.8	51	200	21	96	477	2.62	2.95	28	19
GCP100	0.194	8.18	2.05	1.44	4.53	75	8.1	9.1	5.5	5.6	64	230	29	125	709	3.36	3.72	36	22
Contrast [†]					·										•				
Peat vs others	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***
GC vs GCP	***	***	***	***	ns	***	***	***	***	***	ns	***	***	***	***	**	***	***	***
GC lin	***	***	***	***	***	***	***	***	***	***	***	**	ns	***	ns	***	***	***	***
GC qua	Ns	ns	ns	***	ns	***	***	***	***	***	*	**	**	***	ns	ns	***	***	**
GCP lin	***	***	***	***	*	***	***	***	***	***	***	***	*	***	***	***	***	***	**
GCP qua	Ns	***	ns	***	ns	ns	**	***	***	*	ns	Ns	ns	ns	**	ns	ns	ns	ns

Table 2. Physical and chemical characteristics of the substrates used in the experiment

BD=bulk density; EC=electrical conductivity; N = nitrogen; P= phosphorous; K = potassium; Ca = calcium; Mg = magnesium; Na = sodium; Cu = copper; Mn = manganese;

Ni= nickel; Zn = zinc; B = boron Fe = iron; Cd= cadmium; Co= cobalt; Cr= chromium; Pb= lead.

[†]Significant at the 5% (*), 1% (**) or 0.1% (***) level of probability or not significant (ns).

Table 3. Shoot parameters of the basil grown on the nine growing media with increasing green compost (GC) and posidonia-based compost (GCP) percentage.

Substrate	FW DW		DM	Н	Leaf	LA	SPAD	
	(g plant ⁻¹)	(g plant ⁻¹)	(g 100 f FW ⁻¹)	(cm)	(n)	(cm ² plant ⁻¹)		
Peat	6.52	0.50	7.73	19.8	8.4	14.1	25.0	
GC30	5.10	0.40	7.80	18.8	8.4	11.7	29.2	
GC50	4.36	0.33	7.57	18.6	8.0	10.1	25.9	
GC70	3.57	0.29	8.00	16.0	8.0	11.6	27.7	
GC100	2.57	0.18	7.00	12.2	6.5	9.4	28.1	
GCP30	6.08	0.50	8.31	20.6	8.3	13.8	29.4	
GCP50	5.45	0.44	8.12	19.4	8.5	12.4	30.2	
GCP70	5.64	0.47	8.31	20.8	8.3	13.4	29.2	
GCP100	4.91 0.36		7.36	18.2	8.4	11.7	28.8	
Contrast [†]								
Peat vs others	***	***	ns	ns	ns	***	***	
GC vs GCP	***	***	***	***	**	***	**	
GC lin	***	***	**	***	***	**	ns	
GC qua	ns	ns	**	ns	ns	ns	*	
GCP lin	*	***	***	ns	ns	ns	ns	
GCP qua	ns	ns	*	ns	ns	ns	ns	

FW=fresh weight; DW=dry weight; DM=dry matter; H=plant height; Leaf= leaf number; LA=leaf area; SPAD=Soil Plant Analysis Development

[†]Significant at the 5% (*), 1% (**) or 0.1% (***) level of probability or not significant (ns)

Substrates	Ν	Р	Ca	K	Mg	Na	Cu	Mn	Ni	Zn	B	Fe	Cd	Co	Cr	Pb		
	(g kg ⁻¹)							(mg kg ⁻¹)										
Peat	4.08	13.85	21.4	48.5	5.3	0.96	5.8	128	5.1	54	27	103	0.16	0.08	1.41	0.64		
GC30	3.92	9.25	17.3	53.3	5.7	1.33	10.3	72	0.3	72	22	78	0.05	0.08	0.45	0.70		
GC50	3.96	7.63	14.9	57.3	5.3	1.81	13.0	60	0.0	77	24	75	0.02	0.14	0.33	0.82		
GC70	4.07	6.68	12.6	53.4	5	2.56	12.3	67	9.0	75	24	67	0.00	0.14	0.35	0.48		
GC100	3.70	5.55	11.9	59.5	5.1	4.9	15.0	98	5.9	89	27	82	0.01	0.17	0.35	0.76		
GCP30	3.97	8.24	16.4	51.8	5.6	1.63	6.6	30	0.0	48	26	73	0.00	0.03	0.60	0.46		
GCP50	4.12	7.95	16	52	5.7	1.86	8.0	25	1.0	53	30	76	0.02	0.03	0.36	0.44		
GCP70	4.16	6.79	14.1	50.4	5.4	2.77	8.9	22	3.2	56	30	63	0.00	0.05	0.30	0.53		
GCP100	4.20	7.29	16.3	51.7	6.7	2.82	12.7	22	3.4	74	39	69	0.01	0.03	0.31	0.53		
Contrast [†]																		
Peat vs others	ns	***	***	***	ns	***	***	***	ns	**	ns	***	***	ns	***	ns		
GC vs GCP	***	ns	***	***	***	ns	***	***	ns	***	***	ns	ns	**	ns	ns		
GC lin	**	***	***	***	**	***	***	***	**	*	*	ns	ns	ns	ns	ns		
GC qua	*	ns	**	ns	ns	*	ns	***	*	ns	ns	*	ns	ns	ns	ns		
GCP lin	*	ns	ns	ns	***	**	***	ns	ns	***	***	ns	ns	ns	ns	ns		
GCP qua	ns	ns	**	ns	**	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns		

Table 4. Shoot tissues mineral concentration (on dry matter basis) of the basil plants grown on nine growing media with increasing green compost (GC) and posidonia-based compost (GCP) percentage.

N = nitrogen; P = phosphorous; K = potassium; Ca = calcium; Mg = magnesium; Na = sodium; Cu = copper; Mn = manganese; Ni = nickel; Zn = zinc; B = boron Fe = iron; Cd = cadmium; Co = cobalt; Cr = chromium; Pb = lead.

[†]Significant at the 5% (*), 1% (**) or 0.1% (***) level of probability or not significant (ns).