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4 **Title:**

5 **Determination of Trans-resveratrol in Wines, Spirits, and Grape Juices Using Solid-Phase**  
6 **Micro Extraction Coupled to Liquid Chromatography with UV Diode-Array Detection**

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8

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23

24 **Abstract**

25 Solid phase microextraction (polyacrylate fiber), coupled to liquid chromatography with UV–diode  
26 array detection, has been optimized for the determination of trans-resveratrol in in wines, spirits,  
27 and grape juices. The main aspects influencing fiber adsorption (fiber coating, extraction time,  
28 ethanol content, salt addition) and desorption (desorption and injection time, desorption solvent  
29 mixture composition, carryover) of the analyte have been investigated. The method permitted a fast  
30 and simple determination of free trans-resveratrol in commercial wines and spirits. It was found in  
31 all the analysed samples at concentration levels ranging from 0.007 to 4.486  $\mu\text{g mL}^{-1}$ . Total trans-  
32 resveratrol concentrations were also evaluated after enzymatic deconjugation of piceid.

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35 **Keywords:** Trans-resveratrol . SPME . LC/UV-DAD .Wines . Spirits . Grape juices

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## 46 **Introduction**

47 Antioxidants are important in preventing and repairing damages caused by oxidative stress, playing  
48 a major role in the fight against chronic and degenerative human illnesses (Khurana et al. 2013).  
49 Research on the effects of polyphenols on human health has developed considerably in the past  
50 decade (Hanhineva et al. 2010; Khurana et al. 2013). It strongly supports a role for polyphenols in  
51 the prevention of degenerative diseases, particularly cardiovascular diseases and cancers, due to  
52 their antioxidant properties.

53 Resveratrol is a polyphenol belonging to the stilbenes subclass (Orallo 2008; Fernández-Mar et al.  
54 2012), produced by more than 70 plant species, possessing a well documented bioactivity  
55 (Fernández-Mar et al. 2012; Shindikar et al. 2016). In fact, not only resveratrol is a good  
56 antioxidant, but also exhibits anti-inflammatory, anti-ageing, anti-tumour and anti-mutagenic  
57 properties. Recently, preclinical studies have also shown its involvement in regulation of several  
58 epigenetic mechanisms affecting gene expression. In fact, resveratrol is an inhibitor of different  
59 histone deacetylase enzymes (HDACs), an inducer of the metastasis-associated protein 1 (MTA1),  
60 and of specific microRNAs (miRNAs) in human cancer (Venturelli et al. 2013; Dhar et al. 2015;  
61 Kumar et al. 2015). Further, studies on its structure, function and mechanism of action have shown  
62 that it exists in two isomers, trans- and cis-resveratrol, and their glucosides (trans- and cis-piceid) in  
63 *Vitis vinifera* L. (*Vitaceae*) (Vitrac et al. 2005; Fernández-Mar et al. 2012). However, among the  
64 four forms, the trans isomer is the one with greater therapeutic potential and recently it has been  
65 proposed as an anti-ageing and anticancer drug (Orallo 2006; Kumar et al. 2015; Varoni et al. 2016)  
66 The main commercial source of resveratrol is the *Fallopia japonica* (*Polygonum cuspidatum*), a  
67 large perennial herb native to East Asia. The main resveratrol dietary sources are peanuts,  
68 pistachios, dark chocolate and grapes, in particular red grape skin (Stervbo et al. 2007; Fernández-  
69 Mar et al. 2012). Therefore, considerable amounts are expected in red wines.

70 Generally, it is difficult to predict resveratrol wine concentration since many factors affect its  
71 biosynthesis in grapes: grape varieties, geographic region, climatic factors, plant stress conditions,  
72 oenological practices, alcohol content and ageing of beverage (Gambelli and Santaroni 2004;  
73 Downey et al. 2006; Stervbo et al. 2007). Accordingly, concentrations ranging from undetectable to  
74 14.3 mg/L have been described in wines (Minussi et al. 2003; Gambelli and Santaroni 2004; Gobbi  
75 et al. 2004; Vitrac et al. 2005; Stervbo et al. 2007). Instead, its levels have never been assessed in  
76 hard liquor or spirits probably because the excessive alcohol consumption is always advised to  
77 avoid, being responsible of serious physical and social damage (De Benedetto et al. 2009).  
78 Nonetheless, it is widely proven that a regular and moderate intake of alcohol drinks has beneficial  
79 effects on human health (German 2000).

80 Following the high interest generated by resveratrol in a lot of scientific areas, such as medicine,  
81 biology, chemistry, agriculture and food science, many analytical methods, principally based on  
82 chromatographic technique, have been developed for its quantification in biological or food  
83 matrices (Villamor et al. 2013; Andrei et al. 2014). Of course, since wine is a complex alcoholic  
84 beverage containing volatile and nonvolatile compounds, sample pre-treatment procedures were  
85 always necessary to simplify the matrix and make the sample suitable for instrumental analysis.  
86 Conventional techniques such as liquid-liquid extraction (LLE) or solid-phase extraction (SPE)  
87 have been often used for the purpose (Villamor et al. 2013). However, these techniques require  
88 multiple steps, a lot of work and the use of large amounts of solvents.

89 Solid-phase micro extraction (SPME) represents an effective alternative to conventional techniques,  
90 because it integrates sampling, extraction, concentration, and sample introduction into a single  
91 solvent-free step, increasing the method performances and reducing the cost and time of each  
92 analysis (Aresta et al. 2016). SPME coupled to liquid chromatography with fluorescence detection  
93 (Vînas et al. 2008) was employed for the quantification of resveratrol in wine, even if the carbowax-  
94 templated resin fiber (CW-TPR) used in the work is no longer commercially available. SPME  
95 coupled to gas chromatography-mass spectrometry has been also used, even if an on-fiber  
96 derivatization procedure was always necessary before the instrumental analysis (Luan et al. 2000;  
97 Caia et al. 2009; Vînas et al. 2009).

98 In the present paper, SPME of trans-resveratrol was optimized and interfaced with liquid  
99 chromatography with UV–diode array detection, testing different fibers, polydimethylsiloxane  
100 (PDMS), polydimethylsiloxane/ divinylbenzene (PDMS/DVB) and polyacrylate (PA). Short  
101 extraction times were necessary to reach the equilibrium and very short desorption times were  
102 employed. The developed procedure was then successfully applied to the extraction of trans-  
103 resveratrol from red wine and spirit samples. The whole method permitted a fast and simple  
104 determination of free and total (after enzymatic deconjugation) trans-resveratrol in the selected  
105 samples.

106

## 107 **Material and methods**

### 108 **Materials**

109 trans-Resveratrol was supplied by Sigma-Aldrich (Milano, Italy). Stock solutions were prepared in  
110 ethanol and stored in the dark at -20°C. All organic solvents and water used in this study were  
111 HPLC grade and were purchased from Sigma-Aldrich. The mobile phase was filtered through a  
112 0.20 µm nylon membrane (Lab Service Analytica, Bologna, Italy).

113 SPME fibers for LC, i.e. polyacrylate (PA) 85 µm, polydimethylsiloxane–divinylbenzene (PDMS–  
114 DVB) 65 µm and polydimethylsiloxane (PDMS) 7 or 100 µm, respectively, were supplied by  
115 Supelco (Sigma-Aldrich).

### 116 **Apparatus**

117 The LC system (ThermoQuest, San Jose, CA) consisted of a Spectra System Pump, model P2000,  
118 an SPME interface (Supelco), with a standard six-port Rheodyne valve with a special fiber  
119 desorption chamber (total volume: 60µL) installed in place of the sample loop. The detector was a  
120 Spectra System model UV6000LP photodiode array (ThermoFinnigan, San Jose, CA) controlled by  
121 ChromQuest software running on a personal computer. The column used was a Phenomenex  
122 (Torrance, CA, USA) Kinetex C18, 4.6 mm x 100 mm (2.6 µm).

### 123 **Chromatographic and detection conditions**

124 The mobile phase was an acetonitrile/methanol/water (10:30:60, v/v/v). mixture with 0.05 % formic  
125 acid. The flow rate was 0.7 mL min<sup>-1</sup> and detection took place at room temperature. The detection  
126 wavelength was 310 nm (5 nm band-width). Spectra were acquired in the 220–400 nm range at the  
127 apex and on the ascending or descending part of each peak. Peak purity was checked by the  
128 technique of spectra overlaying, after normalization.

### 129 **Solid-Phase Micro Extraction**

130 A manual SPME device (Supelco) was used to hold the fiber. Extractions were performed for 30  
131 min at 20°C, in 1.5 mL amber vials (Supelco) with PTFE hole caps (Supelco), by direct immersion  
132 of the fiber in the sample extracts under magnetic stirring, in the presence of 6.6% of ethanol and  
133 10% of sodium chloride. Analyte desorption was performed in static desorption mode by soaking  
134 the fiber in the mobile phase into the desorption chamber of the interface for 15 min. Then the valve  
135 was changed to the inject position for 10 s. After each run, the fiber was soaked for 5 min in ethanol  
136 and subsequently rinsed with water, in order to ensure the removal of residual adsorbed compounds.  
137 All the experiments were performed in triplicate.

### 138 **Samples collection and pre-treatment**

139 Two red wines (samples 1 and 2), one rosé wine (3), one white wine (4) and two spirits (one artisan  
140 Grappa, 5 and one aged Grappa, 6) were purchased from a local supermarket. All samples but

141 sample 6 were produced in Italy between 2012 and 2014. The ABV of selected wines was in the  
142 range 9-13%, the ABV of spirits was 33 and 40% for sample 5 and 6, respectively.

143 0.5 mL of each sample were dried (60 min) in a vacuum concentrator. Then, variable amounts (4.5  
144 mL for red wine, 3 mL for rosé and white wines, 1.5 mL for spirits) of a 0.1 M acetic acid solution  
145 with 10% NaCl and 6.6 % ethanol were added, and 1.5 mL of the resulting mixtures subjected to  
146 SPME.

147 Solutions for glycosides hydrolysis were prepared by dissolving 10 mg of  $\beta$ -glucuronidase from  
148 *Helix pomatia* (300.000 units  $\text{g}^{-1}$  solid, Sigma-Aldrich) in 5 mL acetate buffer (0.1 M, pH 5.0) and  
149 then stored in 0.5 mL aliquots at  $-20^\circ\text{C}$ . For the enzymatic deconjugation samples dry residues  
150 were mixed with 0.5 mL of the  $\beta$ -glucuronidase solution, incubated for 17 h at  $37^\circ\text{C}$ , diluted with  
151 1.0 mL of 0.1 M acetic acid with 15% NaCl and 9.9 % (v/v) ethanol, and subjected to SPME. All  
152 the experiments were performed in triplicate. Quantitation was performed with the standard  
153 addition method.

154

155 **Results and discussion**

156 Preliminary experiments were performed in order to compare the extraction efficiency obtained  
157 using polar 85 $\mu$ m PA, semi-polar 65  $\mu$ m PDMS-DVB and non-polar 7  $\mu$ m PDMS coated fibers,  
158 respectively. The relevant extraction time profiles obtained at 20°C by plotting the area counts  
159 versus the extraction time are reported in Figure 1. As apparent, equilibrium was reached after 60  
160 minutes and the PA fiber was capable of the most efficient extraction and was then selected for  
161 further experiments. Furthermore, since it is possible to obtain good extraction yields and reliable  
162 analysis also in non-equilibrium conditions, an extraction time of 30 minutes was chosen for further  
163 experiments. The extraction profile was also established at higher temperatures; however, a  
164 response decrease was observed in this case (data not shown).

165 Generally speaking, salt addition improves the recovery, especially in the case of polar  
166 (hydrophilic) compounds that are difficult to extract. Thus, experiments were performed by  
167 increasing progressively the ionic strength of the extraction solutions. A signal enhancement was  
168 obtained by the addition of 10% sodium chloride, that was chosen as working concentration, since  
169 higher salt levels did not produce an additional signal increase.

170 The effects of ethanol content on trans-resveratrol extraction efficiency were also studied. Figure 2  
171 compares the results obtained without ethanol and by adding increasing amounts of ethanol (6.6 or  
172 13.2%) to the extraction solution in the presence of 10% sodium chloride. As can be seen, a  
173 significant response increase was obtained in the presence 6.6% of ethanol, amount that was used  
174 for further experiments.

175 The dynamic mode was first employed to desorb the analyte from the fiber in the SPME-LC  
176 interface; this approach produced quantitative recoveries but very broad chromatographic peaks.  
177 Thus, the static desorption technique was used for further experiments. The fiber was soaked in  
178 mobile phase for a variable period of time before injection into the LC column. The best conditions  
179 were found using 15 minutes of static desorption followed by 10 seconds of fiber exposition to the  
180 mobile phase stream. Under these conditions, the analyte peak (10% of its height) showed a small  
181 width (0.2) and good symmetry (1.09, B/A), even if a carryover of  $13.23 \pm 4.34$  % was estimated.  
182 Thus, to ensure a complete cleaning of the fiber after each run, the fiber was subjected to the  
183 cleaning procedure described in the experimental section.

184

185 The response of the developed SPME-LC procedure was linear in the range 0.1 and 500 ng mL<sup>-1</sup>,  
186 with correlation coefficients better than 0.999 and an intercept not significantly different from zero  
187 at 95% confidence level. The estimated LOD and LOQ obtained on standard solutions were 0.4 and

188 1.3 ng mL<sup>-1</sup>, respectively, calculated according to IUPAC as three and ten-fold the standard  
189 deviation of the intercept of the calibration curve.

190 The within-day precision of the method was investigated on standard solutions at a concentration  
191 level of 2, 20 and 200 ng mL<sup>-1</sup> by performing daily three replicates. The same solutions were  
192 analyzed three times each day for a period of seven days for the day-to-day precision evaluation.  
193 The within day RSD% were 12.6, 6.7 and 6.5 % at 2, 20 and 200 ng mL<sup>-1</sup>, respectively. The day-to-  
194 day RSD% were 18.5, 7.5 and 7.0, respectively, at 2, 20 and 200 ng mL<sup>-1</sup>.

195

196 The developed procedure was eventually applied to the analysis of several commercial alcoholic  
197 drinks. Since the ethanol content has a deep influence on the extraction process, its removal during  
198 the drying step was very important. Furthermore, literature data show that wine concentration of  
199 resveratrol is variable, therefore samples dry residues were suspended in different volumes of the  
200 0.1 M acetic acid solution with 10% NaCl and 6.6 % ethanol, as described in the experimental  
201 section.

202 Figure 3, A and B, reports, for instance, two typical SPME–LC chromatograms relevant to the  
203 analyses of A) red wine (1) and B) Grappa (6) samples, respectively. As apparent, the  
204 chromatographic profiles clearly show the absence of interfering peaks at the retention time for the  
205 analyte ( $13.14 \pm 0.16$ ), and the same results were obtained in the case of all the analyzed samples.

206 Both free and total trans-resveratrol concentration in the selected samples were determined.  
207 Therefore, enzymatic hydrolysis of the samples was conducted to remove aglycone portions from  
208 piceid. Table 1 lists the estimated concentration levels of trans-resveratrol in the selected samples,  
209 before and after enzymatic deconjugation, together with the obtained percentage recoveries. As  
210 apparent, variable concentrations of the analyte were found in all the considered samples. The  
211 measured levels of free trans-resveratrol in wine samples were between 0.019 (5) and 3.486 (1)  $\mu\text{g}$   
212 mL<sup>-1</sup>, which were in good agreement with literature data (Gambelli and Santaroni, 2004, Minussi et  
213 al. 2003). The increase of trans-resveratrol levels after enzymatic hydrolysis of the samples ranged  
214 from 0 (Grappa samples) to 18% (red wine 1). This experimental evidence was quite surprising,  
215 since the concentration of the piceid in wines was supposed to be higher than that of the aglycone as  
216 already reported (Romero-Pérez et al. 1999). However, it is also known that winemaking techniques  
217 such as grapes maceration with skins or the use of clarifying agents and filters can widely modify  
218 trans-resveratrol and piceid levels in wine. As also reported in Table 2, the recovery of the analyte  
219 from spiked samples varied from 92.5 to 99.6% with an average recovery  $\pm$  SD of  $96.5 \pm 2.5$ ,  
220 demonstrating the accuracy of the method and the efficiency of the SPME procedure.

221

222 **Conclusions**

223 A sensitive, reproducible, and low-cost analytical method for the determination of free and total  
224 trans-resveratrol in selected alcoholic beverages was successfully developed, using solid phase  
225 microextraction (85  $\mu\text{m}$  PA fiber) coupled to liquid chromatography with UV–diode array  
226 detection, i.e. standard equipment easily available in most laboratories. The method could be easily  
227 transferable in the production facility and useful for many purposes.

228

229 **Acknowledgements**

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231

232 **Conflict of Interest**

233 Antonella Aresta declare that she has no conflict of interest. Pietro Cotugno declare that he has no  
234 conflict of interest. Federica Massari declare that she has no conflict of interest. Carlo Zambonin  
235 declare that he has no conflict of interest. This article does not contain any studies with human or  
236 animal subjects.

237

238 **Ethical Approval**

239 In this study, humans are not involved.

240

241 **Informed Consent**

242 Not applicable

243

244

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334

335 Table 1. Estimates of trans-resveratrol in wines and spirits, before and after  $\beta$ -glucuronidase  
 336 hydrolysis, and recoveries.

Sample	[trans-Resveratrol] $\mu\text{g mL}^{-1}$		Recovery (%)
	before	after	
1	3.486 $\pm$ 0.299	4.113 $\pm$ 0.357	99.6
2	2.422 $\pm$ 0.099	2.712 $\pm$ 0.120	96.8
3	0.294 $\pm$ 0.019	0.308 $\pm$ 0.018	98.2
4	0.097 $\pm$ 0.006	0.099 $\pm$ 0.006	95.0
5	0.019 $\pm$ 0.003	0.020 $\pm$ 0.003	92.5
6	0.037 $\pm$ 0.004	0.038 $\pm$ 0.004	97.0

337

338

339 Table 2. Linear range, equation and correlation coefficients calculated of each sample

Sample	Linearity range	Equation	R <sup>2</sup>	Index (mM/mL)
1	2.5-5 $\mu\text{L}$	y=18.725x-4.462	0.9112	102
2	2.5-10 $\mu\text{L}$	y=7.650x+13.38	0.9415	42
3	7.5-30 $\mu\text{L}$	y=2.3825x+9,56	0.9933	13
4	20-80 $\mu\text{L}$	y=0.8451x+18.495	0.9777	5
5	150-500 $\mu\text{L}$	y=0.0475x+5.7611	0.7579	0.3
6	35-140 $\mu\text{L}$	y=0.3093x-4.435	1	2
standard	0.02-0.2 mM	y=183.11x+18.134	0.9986	-

340

341

342

343 **Figure captions**

344 **Figure 1.** Extraction time profiles obtained at room temperature with an 85  $\mu\text{m}$  PA ( $\square$ ), a 65  $\mu\text{m}$   
345 PDMS-DVB ( $\blacksquare$ ) and a 7  $\mu\text{m}$  PDMS fiber ( $\blacktriangle$ ).

346 **Figure 2.** Effects of ethanol content on trans-resveratrol extraction efficiency in the presence of  
347 10% sodium chloride using the 85  $\mu\text{m}$  PA fiber.

348 **Figure 3.** SPME–LC–UV chromatograms relevant to the analysis of A) a red wine sample (1) and  
349 B) a grappa (6) sample. t-R = trans-resveratrol.

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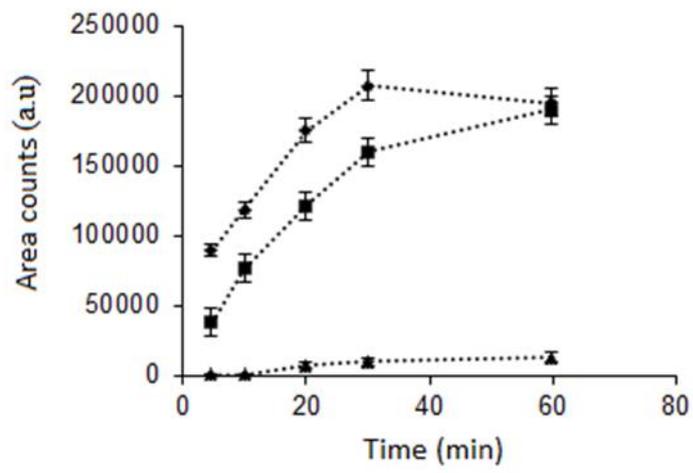
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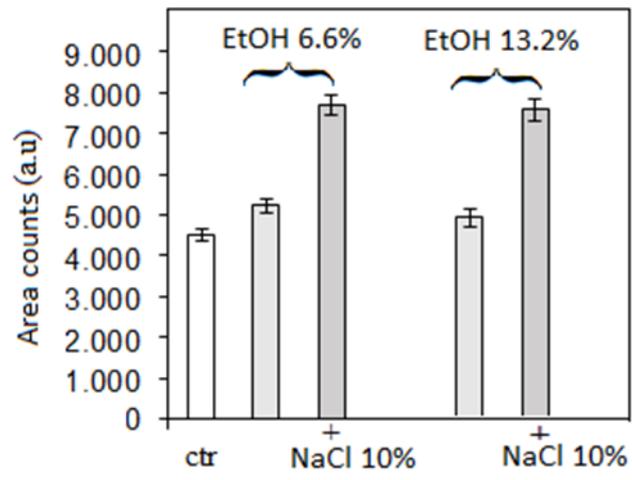
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Figure 1

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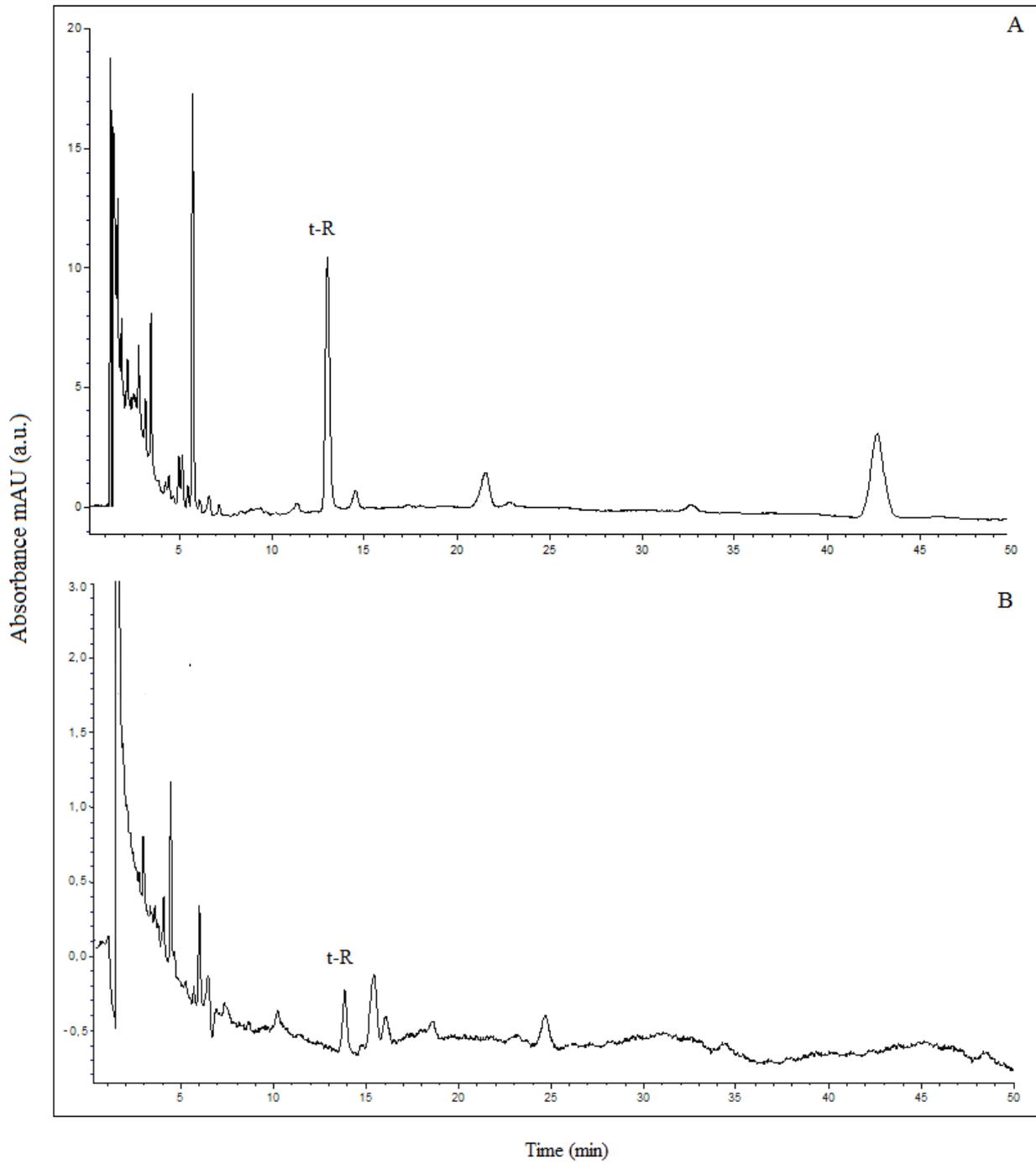
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Figure 2

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Figure 3