

1 **Productive performance and meat quality traits in growing rabbit following the dietary**
2 **supplementation of *Lippia citriodora*, *Raphanus sativus* and *Solanum lycopersicum* extracts**

3
4 F. Vizzarri^{1*}, M. Palazzo¹, A.G. D'Alessandro², D. Casamassima¹

5
6 ¹Department of Agricultural, Environmental and Food Sciences, University of Molise,
7 Campobasso, Italy.

8 ²Department of Agricultural and Environmental Science, University of Bari, Bari, Italy.

9
10 * Author for correspondence: Francesco Vizzarri, PhD, Department of Agricultural, Environmental
11 and Food Sciences, University of Molise, via De Sanctis, 86100 Campobasso, Italy

12 Email: francesco.vizzarri@unimol.it ; Phone: +39 0874 404703

13
14 **Abstract**

15 Consumers particularly appreciate rabbit meat for its low lipid content, rich of polyunsaturated fatty
16 acids, for the high biological value and content of protein, and for its low cholesterol content. The
17 high degree of unsaturation of fatty acids makes meat particularly susceptible to oxidative processes
18 during storage; so in the effort to increase its oxidative stability and improve quality traits, a study
19 was carried out to assess the effect of dietary supplementation of *Lippia citriodora*, *Raphanus*
20 *sativus* and *Solanum lycopersicum* plant extract in intensively-reared growing rabbits. **The**
21 **experiment was performed on 160 weaned rabbits for 80 days, from which one group was control**
22 **(CON) receiving a fattening-feed without any supplements. The other three experimental groups**
23 **received an integration of *Lippia citriodora* extract (VB group, containing 5 mg of verbascoside per**
24 **kg of feed), of *Solanum lycopersicum* extract (LIC group, containing 5 mg of lycopene per kg of**
25 **feed), and of *Raphanus sativus* extract (RAF group, containing 350 mg per kg of feed) respectively.**
26 The plant extracts have determined in the muscle *Longissimum lumborum* of rabbit meat a
27 significant reduction in cholesterol, saturated fatty acids and thiobarbituric reactive substances, as
28 well as a marked increase in polyunsaturated fatty acids and in alpha-tocopherol and retinol content.
29 The use of plant extracts have not produced a meat chemical composition change a productive
30 performance and dressing percentage increase; however feed additives favoured improving the
31 nutritional and nutraceuticals quality of meat, with beneficial effects on the health of the consumer.
32 In addition, the use of plant extracts has permitted obtaining meat with greater oxidative stability
33 with evident positive implications on its shelf-life.

34

35 **Keywords:** rabbit; plant extract; growing performance; meat quality

36

37 **1. Introduction**

38 Rabbit meat is considered a Mediterranean food (Gai et al., 2010), particularly appreciated by
39 consumers for its low lipid content, rich of polyunsaturated fatty acids (PUFA), for its high
40 biological value proteins content (20-21%), and because of its low cholesterol content (Dalle Zotte
41 and Szendrő, 2011). The high degree of unsaturation of fatty acids makes meat particularly
42 susceptible to oxidative processes during storage (Wood et al., 2003; Dal Bosco et al., 2014), with
43 negative effects on smell, colour, texture and nutritional value and possible formation of toxic
44 compounds (Del Rio et al., 2005; Czauderna et al., 2011). Oxidative stability of rabbit meat can be
45 improved through dietary strategies, which aim to integrate feed with natural plant extracts with
46 antioxidant activity (Dal Bosco et al., 2014; Rossi et al., 2013). Many polyphenols-rich plants have
47 interesting antioxidant properties (Korkina et al., 2007) as they are able to increase endogenous
48 antioxidant defences of animals, especially in critical periods of breeding as weaning. In several
49 studies were evaluated the antioxidant activity of plant-extract, based on lycopene and green tea
50 **polyphenols** (Tedesco et al., 2005), oats (Lopez-Bote et al., 1998), oregano and rosemary (Cardinali
51 et al., 2015), to improve lipid stability and shelf life of the meat (Marzoni et al., 2014). Botsoglou et
52 al. (2004) observed an improving of oxidative stability of Japanese quail meat, following the dietary
53 supplementation of 5% of dry tomato pulp, **with lycopene and beta-carotene as main components**.
54 Among many plant extracts, found in nature and used as dietary supplements in farm animals,
55 include those based on *Lippia citriodora*, radish (*Raphanus sativus*) and *Solanum lycopersicum*.
56 The *Lippia citriodora* belongs to the family of *Verbenaceae* and contains verbascoside as a major
57 component. It is a water soluble compound of phenylpropanoids glycosides, including caffeic acid
58 and hydroxytyrosol bound to a beta-(D)-glucopyranoside. Its high antioxidant activity were studied
59 both *in vitro* (Afanasev, 2005) and *in vivo*, with the increase of blood content of retinol and alfa-
60 tocopherol (Casamassima et al., 2013a; Palazzo et al., 2011), and also in meat of different species,
61 such as rabbits (Palazzo et al., 2015), pig (Rossi et al., 2013) and hares (Vizzarri et al., 2014) in
62 order to improve oxidative stability. Radish belongs to the family of *Brassicaceae*, and has been
63 showed to possess antioxidant properties due to the presence of phenolic compounds, as
64 triterpenoids, alkaloids, flavonoids, both *in vitro* (Agarwal and Varma, 2015; Suh et al., 2006), and
65 *in vivo* (Lugasi et al., 2005). Lycopene is an antioxidant compound present in many plants,
66 including tomato (*Solanaceae* family) widely used as a dietary supplement in livestock production,
67 to improve the quality of the meat (Englmaierova et al., 2011) and eggs (Karadas et al., 2006; Ali et
68 al., 2014). Lycopene is known for its free-radical scavenger activity and its dietary use could be

69 useful in reared intensively livestock, such as rabbits and poultry farms, with high reproductive
70 growth and maintained often in stressful environments with high breeding density (Englmaierova et
71 al., 2011). When used in the right dosage, lycopene improves endogenous antioxidant defense
72 system, administered alone or in combination with other carotenoids (Sahin et al., 2008; Ševčíková
73 et al., 2008). Otherwise over the maximum threshold of tolerance, **it could show possible negative**
74 **effects**. In this regard, Pozzo et al. (2013) adding doses of 500 mg of lycopene per kg of feed in
75 broilers, showed degenerative disorders in liver, spleen and bursa of *Fabricius*. In order to deepen
76 the knowledge on the use of natural feed supplements, the present study was conducted to evaluate
77 the effect of plant extracts *Lippia citriodora*, radish (*Raphanus sativus*) and *Solanum lycopersicum*
78 on productive performance and meat quality traits in intensively-reared growing rabbits.

79

80 **2. Material and Methods**

81 *2.1 Animals and experimental design*

82 All husbandry and management procedures concerning the protection of animals for scientific
83 purposes were conducted in accordance with European directives 2010/63/EU. Rabbits used in the
84 experiment were clinically healthy and their physiological *status* was considered good throughout
85 the experimental period. The experiment lasted 80 days and was conducted on 160 weaned male-
86 rabbits (White New Zealand x Californian) **during one whole breeding cycle**. The animals have
87 been reared in cages (2 for each cage) equipped with feeders and automatic watering. Rabbitry
88 temperature and relative humidity were continuously recorded using a digital thermograph
89 positioned at the height of the animal cages; the average values throughout the trial were 18 ± 4 °C
90 and $70 \pm 5\%$, respectively. The rabbits were divided into 4 groups of 40 animals each, matched by
91 age (38 ± 2 days) and body weight (1.49 ± 0.07 kg). The control group (CON) received a fattening-
92 feed without any nutritional supplements whereas the experimental groups received:

93 - **VB group, supplemented with 1g of *Lippia citriodora* extract per kg of feed, standardized in 5.0**
94 **mg of verbascoside (main component)**

95 - LIC group, integrated by tomato extract with 5 mg of lycopene per kg of feed

96 - RAF group, integrated by 350 mg of radish extract per kg of feed.

97 Animal feed were provided by Agri-zoo s.n.c company (Miranda, Isernia, Italy) and administrated
98 *ad libitum*. *Lippia citriodora* extract (standardized to 0.5% verbascoside), radish extract (*Raphanus*
99 *sativus* root dry extract with Inuzyne ® enzyme complex) and lycopene (standardized to 2% of the
100 tomato fruit, *Solanum lycopersicum*) were provided by Sintal Zootecnica (Isola Vicentina, Vicenza,
101 Italy), Erba Vita Italy s.p.a. (Montegrimano Terme, Perugia, Italy) and Erbamea s.r.l. (San Giustino,
102 Perugia, Italy).

103

104 *2.2 Feed chemical composition*

105 Animal feed were analyzed in triplicate using the Official Methods of Analysis (AOAC, 2000)
106 following the recommendation of the European Group on Rabbit Nutrition (EGRN, 2001). Fatty
107 acids were determined in triplicate with direct derivatization as described by O'Fallon et al. (2007).
108 The fatty acids were identified by comparing the retention time of methyl esters FAMES (NLEA
109 Mix, Rt-2560, Resteck Corporation, Bellefonte, PA, USA). Methyl esters were analyzed using a gas
110 chromatograph ThermoQuest TRACE 2000 (SACtm column 5 x 0.25 mm, 300 cm, Supelco, USA).
111 Data on ingredients, chemical composition and fatty acid of feed are given in Table 1.

112

113 *2.3 Controls in vita*

114 During the experimental, all animals were subjected to control of body weight and feed intake at the
115 beginning (0 d), half (40 d) and at the end of the test (80 d), in order to determine, the daily weight
116 gain and feed conversion ratio respectively, in the period 0-40 d, 40-80 d and whole test (0-80 d).

117

118 *2.4 Carcass traits*

119 At the end of the test (80 d), after the record of body weight gross and body weight subsequently 12
120 h of fasting, a statistically representative sample of 15 animals per group was slaughtered into
121 experimental slaughterhouse. Rabbits were subjected to electrical stunning and sacrificed by
122 bleeding according with the guidelines established by the European Community (1099/2009/EC)
123 and recommended by the Italian Ministry of health (Law n. 116/92), in accordance with national
124 laws on the protection of animals during the slaughter or killing. The carcasses of rabbits were
125 prepared according to Blasco and Ouhayoun (1996), discarding the skin, the distal part of the limbs,
126 genitals, bladder and gastrointestinal tract. Carcasses were weighed and the slaughter yield
127 calculated. The dissection of the meat carcasses was made after the storage at 4° C for 24 h, and on
128 the right side meat samples were taken from *Longissimus lumborum* (LL), in order to perform the
129 chemical composition according to AOAC method (2000) and to analyse the first measurement of
130 oxidative stability (0 h). The remaining part of the muscle sample was storage under vacuum at -20
131 °C for the further determination of fatty acids and cholesterol.

132

133 *2.5 Oxidative stability measurements*

134 Meat oxidative stability was measured by evaluating the thiobarbituric acid reactive substances
135 (TBARS) content on 4 °C chilling LL meat samples at 0 h, and then at 24 h and 72 h, in accordance
136 with Meineri et al. (2010). The implemented method was as follow: 500 mg of meat was

137 homogenized with 10 mL of distilled water using a Homogenizer Ultra Turrax T25 (IKA,
138 Cincinnati, USA). The homogenized sample were added with 2.5 mL of 25% trichloroacetic acid,
139 cooled at 4 °C for 15 min, and then centrifuged at 4000 g, at 4 °C for 5 minutes. The supernatant
140 was filtered through Whatman 52 filter paper, an aliquot of 3.5 mL was added 1.5 mL of 0.67%
141 thiobarbituric acid and incubated at 70 °C for 30 minutes. Immediately after cooling the absorbance
142 of the sample was read in a spectrophotometer at 532 nm and compared to a standard curve of
143 malondialdehyde (MDA; **Sigma Aldrich, St. Louis, USA**). All analyses were performed in duplicate
144 and the result was expressed as mg of MDA per kg of meat. Retinol and alfa-tocopherol were
145 extracted from meat samples according to Zaspel and Csallany (1983) and then analyzed by HPLC
146 system (Kontron Instruments, Milan, Italy) consisting of an auto sampler (HPLC Autosampler 360,
147 Kontron Instruments, Milan, Italy) with a loop of 20µl, a high-pressure pump and a C18 column
148 5µm, 250 × 4.60 mm (Phenomenex, Torrance, CA, USA). The mobile phase consisted of
149 acetonitrile and methanol (75:25 v/v) with a flow of 1 ml/min. Retinol and tocopherol, **carefully**
150 **stored and manipulated under low light condition**, were identified by comparing the retention time
151 of the samples with the retention time pure standards provided by Sigma Aldrich (St. Louis, USA).
152 The quantification was performed using the Gyminix system (version 1.8.1) by comparing the peak
153 of the sample area with that of the reference standard curve.

154

155 *2.6 Fatty acid composition in intramuscular fat and cholesterol determination in meat*

156 The fatty acid composition of intramuscular fat samples was determined after chloroform-methanol
157 extraction (Folch et al., 1957), and fatty acids were determined as methyl esters (FAME) (Dal
158 Bosco et al., 2004), using a gas chromatograph ThermoQuest TRACE 2000 (SACtm-5 column
159 3000cm×0.25mm, Supelco, USA). Fatty acids were identified on the basis of elution times
160 corresponding to the standard (FAME PUFA2, Supelco, Bellefonte, PA, USA). Meat cholesterol
161 content was determined in accordance with the procedure of Du and Ahn (2002) and, briefly lipids
162 were extracted from 1.5 g of meat with chloroform and methanol (2:1 v/v), then treated with 33%
163 KOH with ratio of 94:6. Cholesterol was extracted with 5 ml of hexane and 1 µl was injected into
164 the gas chromatograph. Identification of cholesterol was made based on the retention time of the
165 standard (Sigma Aldrich, St. Louis, USA) and quantification was made with software Chrom Card
166 Data System (version 1.17) by comparing the peak area with the reference standard curve.

167

168 *2.7 Statistical analysis*

169 Statistical analysis was performed with SPSS statistical package (version 18.0, 2009, SPSS Inc.,
170 USA). Data concerning the productive performances, slaughter controls, and chemical composition,

171 fatty acid and vitamins (alpha-tocopherol and retinol) content, were analysed with the one-way
172 ANOVA, with the dietary treatment (CON, VB, RAF and LIC) as fixed factor. The differences
173 between the mean values were compared using the Tukey's test and considered significant at least
174 for $P < 0.05$. TBARS data were processed with the GLM (global linear model) for repeated
175 measures with dietary treatment, the sampling time and their interaction as fixed factors. The means
176 were compared using Duncan's test. Relative to the *in vivo* parameters, the cage was the
177 experimental unit, whereas for the *post-mortem* parameters individual animal constituted the
178 experimental unit.

179

180 **3. Results and Discussion**

181 *3.1 In vita and post mortem measurements*

182 Evaluating Table 2, it is clear that the dietary plant extracts, *Lippia citriodora*, *Solanum*
183 *lycopersicum* and *Raphanus sativus*, produced no effects on productive parameters. Even Abedo et
184 al. (2012), supplementing growing-rabbits feed with 1.5% of radish seeds, observed no effects on
185 body weight, daily weight gain and on slaughter performance, compared with the control group.
186 However, these authors reported a marked improvement of total digestibility of feed components,
187 with a significant reduction in the feed conversion index. Considering a shorter experimental
188 period, these results on rabbits agree with findings of Tedesco et al. (2005), after supplementation
189 with lycopene and green tea extracts, and with other authors (Chrenkova et al., 2013), using a dry
190 extract of Siberian ginseng (*Eleutherococcus senticosus*) integrated in the feed. Salih et al. (2015),
191 adding the 0.5% horseradish seed to broilers feed, found higher body weight and better feed
192 conversion ratios. Pozzo et al. (2013), in experiences conducted on broilers, observed no effects on
193 the growth performance following the dietary supplementation with high dose of lycopene (500
194 mg/kg feed). Similar results were obtained in broilers by Leal et al. (1999), after the administration
195 of 25 mg of lycopene/kg body weight per day, and by Englmaierova et al. (2011) adding 75 mg of
196 lycopene/kg feed. In previous experiences on growing rabbits and hares (Palazzo et al., 2015;
197 Vizzarri et al., 2014; Casamassima et al., 2013a), feeding animals with *Lippia citriodora* extract,
198 with verbascoside as main component, there were no significant effects on growing performance,
199 except for the daily weight gain in hares that resulted increased in the last period of research
200 (Casamassima et al., 2013a). Feeding natural suckling-lambs with *Lippia citriodora* liquid-extract a
201 significant improvement of milk consumption and the daily weight gain was observed
202 (Casamassima et al., 2013b).

203

204 *3.2 Chemical composition of meat*

205 The chemical composition of LL meat (Table 3) was not affected by dietary treatment, in
206 accordance with Waheed (2005) that in rabbits feeding supplemented growing doses of dry extract
207 of tomato pulp (0%, 8%, 16% and 24%). Our results agree with what we found in our previous
208 study on young rabbits fed with two different doses of *Lippia citriodora* extract (Palazzo et al.,
209 2015). Also Dal Bosco et al. (2004), integrating rabbit feed with vitamin E, did not reported any
210 effect on chemical composition of meat.

211

212 3.3 Oxidative stability markers in meat

213 Table 4 summarizes data on retinol, alpha-tocopherol and cholesterol of LL muscle samples. The
214 content of the two fat-soluble vitamins were positively affected ($P < 0.05$) by dietary inclusion with
215 plant extracts. In particular, the increased concentration of retinol was higher in LIC meat
216 (+141.8%), followed by VB group (+76.7%) and RAF (+53.5%) compared with the control group;
217 whereas, the content of alpha-tocopherol was higher in the VB group (+303.3%) followed by the
218 RAF (+272.8%) and LIC (+246.1%). Increased vitamins content is consistent with that experienced
219 by other authors and in our previous studies on *Lippia citriodora*. Moreover, the obtained results
220 suggest that supplementation with plant extracts reduces the muscle fat peroxidation, by increasing
221 the content of fat-soluble vitamins in meat. This was recently evidenced by Rossi et al. (2013) in
222 swine and by our research group in hares and rabbit species (Vizzarri et al., 2014; Palazzo et al.,
223 2015). Cholesterol content was influenced by dietary treatment with a significant decrease ($P <$
224 0.01) of 16.9% and 13.1%, only in VB and LIC groups than in the control. The decrease in
225 cholesterol found in VB and LIC experimental groups could be attributed to antioxidant effect
226 exerted by the molecules of verbascoside and lycopene, which would inhibit the activity of HMG-
227 CoA reductase, an enzyme that controls cholesterol synthesis (Kowalska and Bielanski, 2009). Also
228 Englmaierova et al. (2011) have experienced a reduction in cholesterol in broiler leg meat
229 supplementing lycopene in feed, with and without the addition of vitamin E.

230 The TBARS content of LL muscle samples (Table 5), after 72 hours of storage at 4 °C, was
231 significantly lower ($P < 0.01$) in animals that were fed with *Lippia citriodora* (-91.3%), radish (-
232 42.4%) and lycopene (-42.0%), than those in the control group. The time of storage (from 0 h to 72
233 h) obviously determined a significant increase ($P < 0.01$) of the contents of malondialdehyde in
234 meat samples, even if the values in the three experimental groups were much smaller compared to
235 the control group. This development led to a significant interaction ($P < 0.05$) between dietary
236 supplementation with plant extracts and the storage time of meat samples in the fridge. Some
237 studies, conducted in the rabbit species, showed an improvement of the shelf-life of meat, following
238 administration of plant supplements, both based on alfalfa (Dal Bosco et al., 2014) and based on

239 *Lippia citriodora* (Palazzo et al., 2015). Some researchers (Botsoglou et al., 2003) showed a
240 reduced amount of MDA in turkey meat, due to the antioxidant activity possessed by polyphenolic
241 compounds, contained in the essential oils of oregano. In fact, following the inclusion into the feed
242 and administration to animals, the natural compounds reach the bloodstream, and successively
243 distribute and accumulate in the muscle and other tissues. Natural antioxidants are able to avoid or
244 even inhibit the lipid oxidation of meat, leading as direct consequence a longer shelf-life, since they
245 have the ability to block the oxidizing propagation of chain reactions. Polyphenols have a high
246 antioxidant activity that is carried out with three different mechanisms: as a scavenger of free
247 radicals (Zheng et al, 2009), as transition metal chelators (Andjelkovic et al., 2006) and as quencher
248 of free singlet oxygen (Mukai et al., 2005).

249

250 3.4 Fatty acid composition in meat

251 Saturated fatty acids (SFA) in LL muscle were significantly affected ($P < 0.01$) by dietary treatment
252 with lower values of 11.3% in VB group and of 14.1% in the LIC group (Table 6), when compared
253 to the CON group. Polyunsaturated fatty acids (PUFA) showed in the three experimental groups
254 VB, RAF and LIC a significant increase ($P < 0.01$) in values of 12.8%, 9.6% and 16.2%,
255 respectively, when compared to the control group. This increase is mainly attributable to a
256 significant increase ($P < 0.01$) of linoleic acid in experimental groups, in the extent of 13.4% (VB)
257 of 14.4% (RAF) and 18.8% (LIC), respectively, when compared to CON group. The lycopene feed
258 supplement showed a significant increase ($P < 0.05$) of 21.0% in arachidonic acid, of 36.0% in
259 eicosapentaenoic acid (EPA) and of 16.0% in docosahexaenoic acid (DHA), compared with the
260 control group and VB and RAF experimental groups. The n-6 fatty acids were significantly higher
261 ($P < 0.01$) of 13.3% in VB, 14.2% in the RAF and 18.9% in LIC group, as compared to the CON
262 group. As it is well known some essential fatty acid (like dietary alfa-linolenic and linoleic acid) are
263 precursor of n3 and n6 PUFA family in meat, since the latters can be synthesized through a series of
264 elongation and desaturation reactions. The enzymatic system involved in these reactions consisting
265 of fatty acil-CoA synthetases 6- and 5- desaturases and the respective elongases (Garcia 2011). The
266 plant extracts of *Lippia citriodora*, radish and tomato lycopene have positively influenced the fatty
267 acid composition of rabbit meat, leading to a reduction of SFA and increased of PUFA content.
268 Those results are in agreement with our previous studies on supplementation with *Lippia citriodora*,
269 both in rabbit (Palazzo et al., 2015) and hares (Vizzarri et al., 2014). Also other research conducted
270 by Meineri et al. (2010) on growing rabbits, fed with seeds of sages (*Salvia hispanica* L.), resulted
271 in a dose-dependent increase of C18:2 (n-6) and C18:3 (n-3) fatty acid. Jung et al. (2010) found a
272 reduction of the SFA and MUFA with an increase in PUFA meat content in broiler fed a diet

273 supplemented with a mixture of polyphenols and linoleic acid. These results could be due to a
274 reduced synthesis of MUFA, as a consequence of the inhibiting activity of 9-desaturase, key
275 enzyme that converts the SFA in MUFA.

276

277 **4. Conclusion**

278 The use of herbal *Lippia citriodora*, radish and tomato lycopene plant extracts has determined a
279 reduction of cholesterol, SFA and TBARS in the *Longissimus lumborum* rabbit muscle. At the same
280 time a significant increase of content in retinol and alpha-tocopherol, and PUFA was observed. The
281 three dietary extracts did not produce an improvement on chemical composition of meat and
282 growing performance; nevertheless the dietary treatment improved the nutritional and nutraceuticals
283 quality of rabbit meat with an improved oxidative stability. Therefore, dietary supplementation with
284 the three plant extracts may be a useful strategy to be used in rabbit meat production both from the
285 consumer's health point of view, and the improved nutraceutical quality of meat, and from the
286 viewpoint of product marketing for an andoubted increased shelf-life.

287

288 **Acknowledgements**

289 The investigation was conducted with the collaboration and contribution of all co-authors.

290

291 **Conflict of interest**

292 The authors declare that they have no conflict of interest.

293

294 **References**

295 Abedo, A.A., Ali, F.A.F., Omer, H.A.A., Ibrahim. Sh.A.M., 2012. Response of growing rabbits to
296 diets containing different levels of protein and radish (*Raphanus sativus* L) seeds. J. Agr. Sci.
297 4, 281-290.

298 Afanasev, B., 2005. Superoxide and nitric oxide in pathological conditions associated with iron
299 overload. The effects of antioxidants and chelators. Curr. Med. Chem. 12, 2731-2739.

300 Agarwal, K., Varma, R., 2015. In-vitro calcium oxalate crystallization inhibition by *Achyranthes*
301 *aspera* L. and *Bryophyllum pinnatum* Lam. British Journal of Pharmaceutical Research, 5,
302 146-152.

303 Ali, N.A.-L., Mohammed, A.B., Allow. A.A., 2014. Effect of adding different levels of Lycopene
304 to the ration on some lipid profile traits of the Laying hens ISA-Brown. Journal of Natural
305 Sciences Research, 4, 89-96.

306 Andjelković, M., Van Camp, J., De Meulenaer, B., Depaemelaere, G., Socaciu, C., Verloo, M.,
307 Verhe, R. 2006. Iron-chelation properties of phenolic acids bearing catechol and galloyl
308 groups. *Food Chem.* 98, 23-31.

309 AOAC, 2000. Official methods of analysis (17th edition) Gaithersburg, MD: Association of
310 Analytical Communities.

311 Blasco, A., Ouhayoun, J., 1996. Harmonization of criteria and terminology in rabbit meat research.
312 Revised proposal. *World Rabbit Sci.* 4, 93-99.

313 Botsoglou, N., Papageorgiou, G., Nikolakakis, I., Florou-Paneri, P., Giannenas, I., Dots, V.,
314 Sinapis, E., 2004. Effect of dietary dried tomato pulp on oxidative stability of Japanese quail
315 meat. *J. Agric. Food Chem.* 52, 2982-2988.

316 Botsoglou, N.A., Govaris, A., Botsoglou, E.N., Grigoropoulou, S.H., Papageorgiou, G., 2003.
317 Antioxidant activity of dietary oregano essential oil and R-tocopheryl acetate supplementation
318 in long-term frozen stored turkey meat. *J. Agric. Food Chem.* 51, 2930-2936.

319 Cardinali, R., Cullere, M., Dal Bosco, A., Mugnai, C., Ruggeri, S., Mattioli, S., Castellini, C.,
320 Trabalza Marinucci, M., Dalle Zotte, A., 2015. Oregano, rosemary and vitamin E dietary
321 supplementation in growing rabbits: Effect on growth performance, carcass traits, bone
322 development and meat chemical composition. *Livest. Sci.* 175, 83-89.

323 Casamassima, D., Palazzo, M., Vizzarri, F., Cinone, M., Corino, C., 2013a. Effect of dietary
324 phenylpropanoid glycoside-based natural extracts on blood parameters and productive
325 performance in intensively-reared young hares. *Czech J. Anim. Sci.* 58, 270-278.

326 Casamassima, D., Palazzo, M., D'alessandro, A.G., Colella, G.E., Vizzarri, F., Corino, C., 2013b.
327 The effects of lemon verbena (*Lippia citriodora*) verbascoside on productive performance,
328 plasma oxidative status, and some blood metabolites in suckling lambs. *J. Anim. Feed Sci.* 22,
329 204-212.

330 Chrenková, M., Chrastinová, L., Lauková, A., Poláciková, M., Formelová, Z., Plachá, I., Pogány-
331 Simonová, M., Szabóová, R., Ondruška, L., Parkányi, V., Rafay, J., Jurčík, R., Stropfiová,
332 V., 2013. The effect of dietary supplementation of herbal extracts on growth performance and
333 health status of rabbits. *J. Microbiol. Biotechn. Food Sci.* 2, 2067-2073.

334 Czauderna, M., Kowalczyk, J., Marounek, M., 2011. The simple and sensitive measurement of
335 malondialdehyde in selected specimens of biological origin and some feed by reversed phase
336 high performance liquid chromatography. *J. Chromatogr. B.* 879, 2251-2258.

337 Dal Bosco, A., Castellini, C., Bianchi, L., Mugnai, C., 2004. Effect of dietary α -linolenic acid and
338 vitamin E on the fatty acid composition, storage stability and sensory traits of rabbit meat.
339 *Meat Sci.* 66, 407-413.

340 Dal Bosco, A., Mugnai, C., Roscini, V., Mattioli, S., Ruggeri, S., Castellini, C., 2014. Effect of
341 dietary alfalfa on the fatty acid composition and indexes of lipid metabolism of rabbit meat.
342 Meat Sci. 96, 606-609.

343 Dalle Zotte, A., Szendro Zs., 2011. The role of rabbit meat as functional food. Meat Sci. 88, 319-
344 331.

345 Del Rio, D., Stewart, A.J., Pellegrini, N., 2005. A review of recent studies on malondialdehyde as
346 toxic molecule and biological marker of oxidative stress. Nutr. Metab. Cardiovasc. Dis. 15,
347 316-328.

348 Directive 2010/63/EU of the European Parliament and of the Council of 22 September 2010 on the
349 protection of animals used for scientific purposes L. 276/33. 20.10.2010.

350 Du, M., Ahn, D.U., 2002. Simultaneous analysis of tocopherols, cholesterol, and phytosterols using
351 gas chromatography. J. Food Sci. 67, 1696-1700.

352 European Group on Rabbit Nutrition (EGRN) 2001. Technical Note: Attempts to harmonize
353 chemical analyses of feeds and faeces for rabbit feeding evaluation. World Rabbit Sci. 9, 57-
354 64.

355 Englmaierová, M., Bubancová, I., Vít, T., Skřivan, M., 2011. The effect of lycopene and vitamin E
356 on growth performance, quality and oxidative stability of chicken leg meat. Czech J. Anim.
357 Sci. 56, 536-543.

358 European Communities: Council Regulation (EC) 1099/2009 on the Protection of Animals at the
359 Time of Killing, available at: [http://eur-lex.europa.eu/legal-](http://eur-lex.europa.eu/legal-content/IT/TXT/HTML/?uri=CELEX:32009R1099&rid=2)
360 [content/IT/TXT/HTML/?uri=CELEX:32009R1099&rid=2](http://eur-lex.europa.eu/legal-content/IT/TXT/HTML/?uri=CELEX:32009R1099&rid=2) (last access: June 2015), 2009.

361 Folch, J., Lees, M., Stanley, G.H.S., 1957. A simple method for the isolation and purification of
362 total lipids from animal tissues. J. Biol. Chem. 226, 497-509.

363 Gai, F., Gasco, L., Liu, H.W., Lussiana, C., Brugiapaglia, A., Masoero, G., Zoccarato, I., 2009.
364 Effect of diet chestnut tannin supplementation on meat quality, fatty acid profile and lipid
365 stability in broiler rabbits. Ital. J. Anim. Sci. 8, 787-789.

366 Garcia, P.T., 2011. Metabolism of α -linolenic acid (ALA) in meat animals. In: El-Shemy, H. (Eds.),
367 Soybean and Nutrition, InTech Rijeka, Croatia.

368 Karadas, F., Gramenidis, E., Surai, F.P., Acamovic, T., Sparks, C.H.N., 2006. Effects of
369 carotenoids from Lucerne, marigold and tomato on egg yolk pigmentation and carotenoid
370 composition. Brit. Poultry Sci. 47, 561-566.

371 Korkina, L.G., Mikhalechik, E.V., Suprun, M.V., Pastore, S., Dal Toso, R., 2007. Molecular
372 mechanisms underlying wound healing and anti-inflammatory properties of naturally

373 occurring biotechnologically produced phenylpropanoid glycosides. *Cell. Mol. Biol.* 53, 84-
374 91.

375 Kowalska, D., Bielański, P., 2009. Meat quality of rabbits fed a diet supplemented with fish oil and
376 antioxidant. *Anim. Sci. Pap. Rep.* 27, 139-148.

377 Jung, S., Choe, J.H., Kim, B., Yun, H., Kruk, Z.A., Jo, C., 2010. Effect of dietary mixture of gallic
378 acid and linoleic acid on antioxidative potential and quality of breast meat from broilers. *Meat*
379 *Sci.* 86, 520-526.

380 Leal, M., Shimada, A., Ruiz, F., Mejia, E.G., 1999. Effect of lycopene on lipid peroxidation and
381 glutathione-dependent enzymes induced by T-2 toxin in vivo. *Toxicol. Lett.* 109, 1-10.

382 López-Bote, C.J., Sanz, M., Rey, A., Castaño, A, Thos, J., 1998. Lower oxidation in the muscle of
383 rabbits fed diets containing oats. *Anim. Feed Sci. Tech.* 70, 1-9.

384 Lugasi, A., Blazovics, A., Hagymasi, K., Kocsis, I., Kery, A., 2005. Antioxidant effect of squeezed
385 juice from black radish (*Raphanus sativus* L. var niger) in alimentary hyperlipidaemia in rats.
386 *Phytother Res.* 19, 587-591

387 Marzoni, M., Chiarini, R., Castillo, A., Romboli, I., De Marco, M., Schiavone, A., 2014. Effects of
388 dietary natural antioxidant supplementation on broiler chicken and Muscovy duck meat
389 quality. *Anim. Sci. Pap. Rep.* 32, 359-368.

390 Meineri, G., Cornale, P., Tassone, S., Peiretti, P.G., 2010. Effects of Chia (*Salvia hispanica* L.) seed
391 supplementation on rabbit meat quality, oxidative stability and sensory traits. *Ital. J. Anim.*
392 *Sci.* 9, 45-49.

393 Mukai, K., Nagai, S., Ohara, K., 2005. Kinetic study of the quenching reaction of singlet oxygen by
394 tea catechins in ethanol solution. *Free Radical Bio. Med.* 39, 752-761.

395 O'Fallon, J.V., Busboom, J.R., Nelson, M.L., Gaskins, C.T., 2007. A direct method for fatty acid
396 methyl ester synthesis: application to wet meat tissues, oils, and feedstuffs. *J. Anim. Sci.* 85,
397 1511-1521.

398 Palazzo, M., Vizzarri, F., Cinone, M., Corino, C., Casamassima, D., 2011. Assessment of a natural
399 dietary extract, titrated in phenylpropanoid glycosides, on blood parameters and plasma
400 oxidative status in intensively reared Italian Hares (*Lepus corsicanus*). *Animal* 5-6, 844-850.

401 Palazzo, M., Vizzarri, F., Nardoia, M., Ratti, S., Pastorelli, G., Casamassima, D., 2015. Dietary
402 *Lippia citriodora* extract in rabbit feeding: effects on quality of carcass and meat. *Arch. Anim.*
403 *Breed.* 58, 355-364.

404 Pozzo, L., Tarantola, M., Biasibetti, E., Capucchio, M.T., Pagella, M., Mellia, E., Bergagna, S.,
405 Gennero, M.S., Strazzullo, G., Schiavone, A., 2013. Adverse effects in broiler chickens fed a
406 high lycopene concentration supplemented diet. *Can. J. Anim. Sci.* 93, 231-241.

407 Rossi, R., Pastorelli, G., Cannata, S., Tavaniello, S., Maiorano, G., Corino, C., 2013. Effect of long
408 term dietary supplementation with plant extract on carcass characteristics meat quality and
409 oxidative stability in pork. *Meat Sci.* 95, 542-548.

410 Sahin, N., Akdemir, F., Orhan, C., Kucuk, O., Hayirli, A., Sahin, K., 2008. Lycopene-enriched
411 quail egg as functional food for humans. *Food Res. Int.* 41, 295-300.

412 Salih, A.M., Faraj, H.A., Aziz, K.U.H., Muhammad, A.A., 2015. The effect of radish seeds on
413 performance and blood biochemical parameters in broiler. *Res. Opin. Anim. Vet. Sci.* 5, 420-
414 424.

415 Ševčíková, S., Skřivan, M., Dlouhá, G., 2008. The effect of lycopene supplementation on lipid
416 profile and meat quality of broiler chickens. *Czech J. Anim. Sci.* 53, 431-440.

417 SPSS/PC Statistics: SPSS/PC Statistics 18.0, SPSS Inc., Chicago, IL, USA, 2009.

418 Suh, S.J., Moon, S.K., Kim, C.H., 2006. *Raphanus sativus* and its isothiocyanates inhibit vascular
419 smooth muscle cells proliferation and induce G1 cell cycle arrest. *Int. Immunopharmacol.* 6,
420 854-861

421 Tedesco, D., Galletti, S., Rossetti, S., Morazzoni, P., 2005. Dietary tea catechins and lycopene:
422 Effects on meat lipid oxidation. In: Indicators of milk and beef quality. EAAP Publication. No
423 112: 437-442.

424 Vizzarri, F., Nardoia, M., Palazzo, M., 2014. Effect of dietary *Lippia citriodora* extract on
425 productive performance and meat quality parameters in hares (*Lepus europaeus* Pall.), *Arch.*
426 *Tierz.* 57, 1-7, doi:10.7482/0003-9438-57-020.

427 Waheed, A.E.I., 2005. Inclusion of some wastes in rabbit diets. Thesis Master of Science in
428 Agricultural Sciences (Animal Nutrition). Al Azhar, Egypt: Department of Animal
429 Production, Faculty of Agriculture, Al Azhar University, 69 (Available online:
430 http://www.dawagen.com/dwd/mak/pdf/ta5sea/waheed_atea.pdf (accessed on 25 May 2016)).

431 Wood, J.D., Richardson, R.I., Nute, G.R., Fischer, A.V., Campo, M.M., Kasapidou, E., Sheard,
432 P.R., Enser, M., 2003. Effects of fatty acids on meat quality: a review. *Meat Sci.* 66, 21-32.

433 Zaspel, B.J., Csallany, A.S., 1983. Determination of α -tocopherol in tissues and plasma by high-
434 performance liquid chromatography. *Anal. Biochem.* 130, 146-150.

435 Zhao, H.Q., Xu, H.J., Du, W.B., Li, L., Zhang, D.F., 2005. Research and applications of Chinese
436 herbal additives. *Chinese J. Rabbit Farm.* 1, 31-33.

437 Zheng, G., Xu, L., Wua, P., Xie, H., Jiang, Y., Chen, F., Wie, X., 2009. Polyphenols from longan
438 seeds and their radical-scavenging activity. *Food Chem.* 116, 433-436.

439

440 **Table 1** Ingredients and chemical composition of diet feed of rabbit

	Experimental diets ¹			
	CON	VB	RAF	LIC
Ingredients (g/kg diet)				
Soybean meal	230	227	229	230
Alfalfa hay	220	221	219	221
Wheat bran	208.8	209.8	210.45	207.795
Alfalfa meal dehydrated, 17% CP	100	100	100	100
Beet pulp	100	100	100	100
Barley	78	78	78	78
Wheat	20	20	20	20
Lippia citriodora extract	0	1	0	0
Lycopene	0	0	0	0.005
Raphanus sativus	0	0	0.350	0
Calcium carbonate	20	20	20	20
Soybean oil	10	10	10	10
Sodium Chloride	4	4	4	4
Dicalcium phosphate	2	2	2	2
Vitamin and mineral premix ^a	2.5	2.5	2.5	2.5
Methionine (99%)	2.3	2.3	2.3	2.3
Lysine (78.5%)	1.4	1.4	1.4	1.4
Choline (75.0%)	1	1	1	1
Chemical composition (g/kg as-feed) ²				
Dry matter (DM)	909.0±1.0	911.3±1.5	912.0±2.6	912.3±1.5
Crude protein	165.8±0.6	166.6±0.7	165.5±0.9	166.3±0.9
Crude fiber	171.4±1.1	174.8±1.6	175.4±1.1	172.7±1.0
Ether extract	26.6±0.3	29.4±0.9	31.6±0.4	31.7±0.4
Crude ash	61.8±0.3	59.2±0.4	59.2±0.7	60.9±0.6
NDF	366.3±1.1	362.6±2.2	348.7±1.1	355.5±1.2
ADF	207.1±1.7	197.4±1.1	192.7±1.2	196.6±0.9
FA composition (% of total fatty acids) ³				
C14:0	1.5±0.39	1.36±0.25	1.24±0.31	1.29±0.09
C16:0	25.87±0.15	21.84±1.32	19.13±0.97	19.28±0.84
C16:1	0.21±0.14	0.21±0.10	0.25±0.10	0.23±0.05
C18:0	2.79±0.31	2.49±0.11	2.62±0.24	2.53±0.13
C18:1 n-9	21.39±2.39	22.76±0.19	23.93±1.13	23.92±1.29
C18:1 n-7	0.26±0.12	0.30±0.11	0.38±0.17	0.41±0.07
C18:2 n-6	42.85±2.87	43.85±1.36	45.68±1.28	46.79±1.66
C18:3 n-3	4.88±0.42	6.31±0.23	6.24±0.15	4.96±0.19
C20:0	0.60±0.20	0.89±0.04	0.53±0.03	0.58±0.04
∑SFA	29.99±0.61	26.33±1.53	23.17±1.18	23.30±0.77
∑MUFA	21.87±2.16	23.27±0.10	24.56±0.99	24.56±1.28
∑PUFA	47.73±2.54	50.15±1.50	51.92±1.41	51.76±1.70

441 ¹CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet
 442 supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of
 443 feed.

444 SFA, saturated fatty acids [C14:0+C16:0+C18:0+C20:0]; MUFA, monounsaturated fatty acids [C16:1+C18:1n-
 445 9+C18:1n-7]; PUFA, polyunsaturated fatty acids [C18:2n-6+C18:3n-3].

446 ²Supplied per kg of feed: vitamin A 2000 I. U., vitamin D3 320 I. U., vitamin E 4.0 mg, vitamin B2 0.52 mg, vitamin
 447 B6 0.40 mg, vitamin B12 0.006 mg, vitamin K 0.32 mg, vitamin H 0.020 mg, vitamin PP 3.2 mg, folic acid 0.10 mg, D-
 448 pantotenic acid 2.4 mg, copper 5.6 mg, manganese 4.0 mg, iron 12.0 mg, zinc 16.0 mg, iodine 0.060 mg, selenium
 449 0.040 mg.

450 ³n = 3; mean±sd.

451
 452
 453

454 **Table 2** Productive performance in rabbit.

	Experimental diets ¹				<i>P</i> -value ³
	CON	VB	RAF	LIC	
No rabbits	40	40	40	40	
Body weight, kg					
0d	1.45±0.05	1.50±0.02	1.50±0.02	1.49±0.02	0.505
40d	2.78±0.06	2.86±0.04	2.79±0.04	2.78±0.04	0.433
80d	3.98±0.12	4.14±0.06	3.97±0.07	4.07±0.04	0.189
Daily weight gain, g/day					
0d-40d	33.35±1.21	33.96±1.03	32.43±1.07	32.26±0.91	0.601
40d-80d	28.83±2.11	32.05±0.83	29.45±1.10	32.23±0.38	0.114
0-80d	31.59±1.48	33.01±0.85	30.94±0.86	32.24±0.48	0.321
Feed intake, g/day					
0-40d	117.75±0.89	122.90±1.36	122.55±0.90	121.32±1.12	0.054
0-60d	161.23±1.16	158.46±3.89	157.79±2.17	153.78±2.86	0.462
40-80d	139.49±0.57	140.68±2.30	140.17±1.50	137.55±1.78	0.621
FCR ²					
0-40d	3.55±0.16	3.65±0.13	3.82±0.14	3.79±0.11	0.557
40-80d	5.51±0.38	4.00±0.21	5.42±0.21	3.79±0.10	0.067
0-80d	4.46±0.23	4.29±0.15	4.56±0.14	4.27±0.07	0.359

455
456
457
458
459

¹CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of feed. ²FCR = feed conversion ratio, calculated as g of dry matter intake on g of daily weight gain. ³Experimental unit 20 cages (2 rabbits per cage).

460 **Table 3** Chemical composition of rabbit meat

	Experimental diets ¹				461
	CON	VB	RAF	LIC	Page
Moisture, %	71.8±0.4	71.9±0.9	72.0±0.9	72.2±0.7	462
Crude protein, %	22.7±0.2	22.9±0.7	23.5±0.8	23.2±0.5	463
Ash, %	1.1±0.9	1.2±0.6	1.1±0.8	1.3±0.5	464
Ether extract, %	3.4±0.5	3.3±0.9	3.5±0.1	3.6±0.3	465
					466

467 ¹CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet
 468 supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of
 469 feed.

470

471 **Table 4** Retinol, α -tocopherol and cholesterol content in rabbit meat

	Experimental diets ¹				<i>P</i> -value ²
	CON	VB	RAF	LIC	
No rabbits	15	15	15	15	
Retinol, mg/100g	0.043±0.006 ¹	0.076±0.014 ²	0.066±0.006 ²	0.104±0.011 ³	0.021
Alpha-tocopherol, mg/100g	0.180±0.004 ¹	0.726±0.127 ²	0.671±0.138 ²	0.623±0.061 ³	0.025
Cholesterol, mg/100g	55.08±0.58 ¹	47.10±0.87 ²	52.37±0.68 ^{1,2}	48.71±1.12 ²	0.001

472
473
474
475
476

¹CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of feed. ² Different numbers within the same row indicate significant differences ($p < 0.05$)^(1,2,3).

477 **Table 5** Oxidative stability of rabbit meat

	Experimental diets ¹				P-value ²		
	CON	VB	RAF	LIC	G	T	GxT
No rabbits	15	15	15	15			
TBARS (MDA), mg/kg							
a 0h	0.708±0.010 ^{1a}	0.409±0.013 ^{2a}	0.569±0.008 ^{1,2a}	0.417±0.025 ^{2a}			
a 24h	0.924±0.022 ^{1b}	0.470±0.052 ^{2b}	0.699±0.008 ^{3b}	0.518±0.012 ^{4b}			
a 72h	1.102±0.025 ^{1c}	0.576±0.098 ^{2c}	0.774±0.020 ^{3c}	0.776±0.030 ^{3c}	0.001	0.001	0.029

478

479

480

481

482

¹CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of feed. ²G = effect of diet; T = effect of time; G x T = interaction diet x time; Different numbers within the same row indicate significant differences (p < 0.05)^(1,2,3); Different letters within the same column indicate significant differences (p < 0.05)^(a,b,c)

483 **Table 6 Fatty acid profile of rabbit meat (expressed as % on total fatty acids)**

	Experimental diets ¹				P-value ²
	CON	VB	RAF	LIC	
No rabbits	15	15	15	15	
Saturated fatty acids (SFA)					
C14:0	1.70±0.07 ¹	2.03±0.14	2.20±0.06 ²	1.86±0.08 ¹	0.001
C16:0	32.20±0.58 ¹	28.39±0.82 ²	29.60±0.65 ²	27.21±0.54 ³	0.001
C18:0	7.52±0.02	7.50±0.02	7.54±0.01	7.57±0.07	0.880
C20:0	0.69±0.07	0.67±0.07	0.62±0.03	0.61±0.04	0.653
C22:0	0.59±0.02	0.56±0.04	0.59±0.02	0.58±0.02	0.887
Others	1.42±0.07 ¹	0.48±0.09 ²	0.65±0.08 ²	0.84±0.05 ^{3,2}	0.001
Total SFA	44.12±0.51 ¹	39.64±0.95 ²	41.21±0.65 ^{1,2}	38.68±0.52 ²	0.001
Mono-unsaturated fatty acid (MUFA)					
C14:1	0.30±0.06	0.31±0.05	0.43±0.05	0.36±0.06	0.386
C16:1	0.21±0.01	0.17±0.01	0.28±0.01	0.32±0.13	0.689
C18:1	23.59±0.42	23.95±0.21	22.89±0.19	23.60±0.35	0.173
C20:1	0.16±0.03 ¹	0.14±0.02 ¹	0.72±0.19 ²	0.12±0.15 ¹	0.001
Others	0.56±0.06 ¹	0.73±0.07 ³	0.42±0.04 ²	0.59±0.06 ¹	0.012
Total MUFA	24.81±0.44	25.31±0.19	24.74±0.23	24.99±0.25	0.683
Poly-unsaturated fatty acid (PUFA)					
C18:2 n-6	23.86±0.57 ¹	27.05±0.38 ²	27.29±0.65 ²	28.35±0.37 ²	0.001
C18:3 n-3	4.16±0.94	4.68±0.27	3.65±0.32	3.89±0.28	0.224
C20:3 n-3	0.25±0.02	0.31±0.03	0.31±0.01	0.26±0.02	0.064
C20:3 n-6	0.17±0.01	0.20±0.02	0.21±0.01	0.19±0.01	0.247
C20:4 n-6	0.43±0.07 ¹	0.44±0.09 ¹	0.42±0.06 ¹	0.52±0.07 ²	0.042
C20:5 n-3	0.10±0.02 ¹	0.10±0.03 ¹	0.10±0.01 ¹	0.46±0.29 ²	0.014
C21:5 n-3	0.36±0.05	0.44±0.07	0.38±0.04	0.44±0.04	0.548
C22:5 n-3	0.97±0.16	1.05±0.22	0.87±0.12	1.07±0.16	0.749
C22:6 n-3	0.52±0.09 ¹	0.53±0.12 ¹	0.52±0.07 ¹	0.68±0.12 ²	0.029
Others	0.27±0.04	0.24±0.03	0.31±0.02	0.27±0.03	0.533
Total PUFA	31.07±0.53 ¹	35.06±0.90 ²	34.05±0.74 ²	36.12±0.49 ²	0.001
n-3	6.35±0.50	7.12±0.52	5.83±0.50	6.80±0.57	0.422
n-6	24.45±0.53 ¹	27.69±0.47 ²	27.92±0.63 ²	29.06±0.33 ²	0.001
n-6/n-3 ratio	4.06±0.31	3.98±0.27	5.22±0.44	4.73±0.43	0.155

484

485

486

487

488

¹CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of feed. ² Different numbers within the same row indicate significant differences ($p < 0.05$)^(1,2,3).