

1 **Productive performance and meat quality traits in growing rabbit following the dietary**  
2 **supplementation of *Lippia citriodora*, *Raphanus sativus* and *Solanum lycopersicum* extracts**

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13  
14 **Abstract**

15 Consumers particularly appreciate rabbit meat for its low lipid content, rich of polyunsaturated fatty  
16 acids, for the high biological value and content of protein, and for its low cholesterol content. The  
17 high degree of unsaturation of fatty acids makes meat particularly susceptible to oxidative processes  
18 during storage; so in the effort to increase its oxidative stability and improve quality traits, a study  
19 was carried out to assess the effect of dietary supplementation of *Lippia citriodora*, *Raphanus*  
20 *sativus* and *Solanum lycopersicum* plant extract in intensively-reared growing rabbits. **The**  
21 **experiment was performed on 160 weaned rabbits for 80 days, from which one group was control**  
22 **(CON) receiving a fattening-feed without any supplements. The other three experimental groups**  
23 **received an integration of *Lippia citriodora* extract (VB group, containing 5 mg of verbascoside per**  
24 **kg of feed), of *Solanum lycopersicum* extract (LIC group, containing 5 mg of lycopene per kg of**  
25 **feed), and of *Raphanus sativus* extract (RAF group, containing 350 mg per kg of feed) respectively.**  
26 The plant extracts have determined in the muscle *Longissimum lumborum* of rabbit meat a  
27 significant reduction in cholesterol, saturated fatty acids and thiobarbituric reactive substances, as  
28 well as a marked increase in polyunsaturated fatty acids and in alpha-tocopherol and retinol content.  
29 The use of plant extracts have not produced a meat chemical composition change a productive  
30 performance and dressing percentage increase; however feed additives favoured improving the  
31 nutritional and nutraceuticals quality of meat, with beneficial effects on the health of the consumer.  
32 In addition, the use of plant extracts has permitted obtaining meat with greater oxidative stability  
33 with evident positive implications on its shelf-life.

35 **Keywords:** rabbit; plant extract; growing performance; meat quality

36

## 37 **1. Introduction**

38 Rabbit meat is considered a Mediterranean food (Gai et al., 2010), particularly appreciated by  
39 consumers for its low lipid content, rich of polyunsaturated fatty acids (PUFA), for its high  
40 biological value proteins content (20-21%), and because of its low cholesterol content (Dalle Zotte  
41 and Szendrő, 2011). The high degree of unsaturation of fatty acids makes meat particularly  
42 susceptible to oxidative processes during storage (Wood et al., 2003; Dal Bosco et al., 2014), with  
43 negative effects on smell, colour, texture and nutritional value and possible formation of toxic  
44 compounds (Del Rio et al., 2005; Czauderna et al., 2011). Oxidative stability of rabbit meat can be  
45 improved through dietary strategies, which aim to integrate feed with natural plant extracts with  
46 antioxidant activity (Dal Bosco et al., 2014; Rossi et al., 2013). Many polyphenols-rich plants have  
47 interesting antioxidant properties (Korkina et al., 2007) as they are able to increase endogenous  
48 antioxidant defences of animals, especially in critical periods of breeding as weaning. In several  
49 studies were evaluated the antioxidant activity of plant-extract, based on lycopene and green tea  
50 **polyphenols** (Tedesco et al., 2005), oats (Lopez-Bote et al., 1998), oregano and rosemary (Cardinali  
51 et al., 2015), to improve lipid stability and shelf life of the meat (Marzoni et al., 2014). Botsoglou et  
52 al. (2004) observed an improving of oxidative stability of Japanese quail meat, following the dietary  
53 supplementation of 5% of dry tomato pulp, **with lycopene and beta-carotene as main components**.  
54 Among many plant extracts, found in nature and used as dietary supplements in farm animals,  
55 include those based on *Lippia citriodora*, radish (*Raphanus sativus*) and *Solanum lycopersicum*.  
56 The *Lippia citriodora* belongs to the family of *Verbenaceae* and contains verbascoside as a major  
57 component. It is a water soluble compound of phenylpropanoids glycosides, including caffeic acid  
58 and hydroxytyrosol bound to a beta-(D)-glucopyranoside. Its high antioxidant activity were studied  
59 both *in vitro* (Afanasev, 2005) and *in vivo*, with the increase of blood content of retinol and alfa-  
60 tocopherol (Casamassima et al., 2013a; Palazzo et al., 2011), and also in meat of different species,  
61 such as rabbits (Palazzo et al., 2015), pig (Rossi et al., 2013) and hares (Vizzarri et al., 2014) in  
62 order to improve oxidative stability. Radish belongs to the family of *Brassicaceae*, and has been  
63 showed to possess antioxidant properties due to the presence of phenolic compounds, as  
64 triterpenoids, alkaloids, flavonoids, both *in vitro* (Agarwal and Varma, 2015; Suh et al., 2006), and  
65 *in vivo* (Lugasi et al., 2005). Lycopene is an antioxidant compound present in many plants,  
66 including tomato (*Solanaceae* family) widely used as a dietary supplement in livestock production,  
67 to improve the quality of the meat (Englmaierova et al., 2011) and eggs (Karadas et al., 2006; Ali et  
68 al., 2014). Lycopene is known for its free-radical scavenger activity and its dietary use could be

69 useful in reared intensively livestock, such as rabbits and poultry farms, with high reproductive  
70 growth and maintained often in stressful environments with high breeding density (Englmaierova et  
71 al., 2011). When used in the right dosage, lycopene improves endogenous antioxidant defense  
72 system, administered alone or in combination with other carotenoids (Sahin et al., 2008; Ševčíková  
73 et al., 2008). Otherwise over the maximum threshold of tolerance, **it could show possible negative**  
74 **effects**. In this regard, Pozzo et al. (2013) adding doses of 500 mg of lycopene per kg of feed in  
75 broilers, showed degenerative disorders in liver, spleen and bursa of *Fabricius*. In order to deepen  
76 the knowledge on the use of natural feed supplements, the present study was conducted to evaluate  
77 the effect of plant extracts *Lippia citriodora*, radish (*Raphanus sativus*) and *Solanum lycopersicum*  
78 on productive performance and meat quality traits in intensively-reared growing rabbits.

79

## 80 **2. Material and Methods**

### 81 *2.1 Animals and experimental design*

82 All husbandry and management procedures concerning the protection of animals for scientific  
83 purposes were conducted in accordance with European directives 2010/63/EU. Rabbits used in the  
84 experiment were clinically healthy and their physiological *status* was considered good throughout  
85 the experimental period. The experiment lasted 80 days and was conducted on 160 weaned male-  
86 rabbits (White New Zealand x Californian) **during one whole breeding cycle**. The animals have  
87 been reared in cages (2 for each cage) equipped with feeders and automatic watering. Rabbitry  
88 temperature and relative humidity were continuously recorded using a digital thermograph  
89 positioned at the height of the animal cages; the average values throughout the trial were  $18 \pm 4$  °C  
90 and  $70 \pm 5\%$ , respectively. The rabbits were divided into 4 groups of 40 animals each, matched by  
91 age ( $38 \pm 2$  days) and body weight ( $1.49 \pm 0.07$  kg). The control group (CON) received a fattening-  
92 feed without any nutritional supplements whereas the experimental groups received:

93 - **VB group, supplemented with 1g of *Lippia citriodora* extract per kg of feed, standardized in 5.0**  
94 **mg of verbascoside (main component)**

95 - LIC group, integrated by tomato extract with 5 mg of lycopene per kg of feed

96 - RAF group, integrated by 350 mg of radish extract per kg of feed.

97 Animal feed were provided by Agri-zoo s.n.c company (Miranda, Isernia, Italy) and administrated  
98 *ad libitum*. *Lippia citriodora* extract (standardized to 0.5% verbascoside), radish extract (*Raphanus*  
99 *sativus* root dry extract with Inuzyme ® enzyme complex) and lycopene (standardized to 2% of the  
100 tomato fruit, *Solanum lycopersicum*) were provided by Sintal Zootecnica (Isola Vicentina, Vicenza,  
101 Italy), Erba Vita Italy s.p.a. (Montegrimano Terme, Perugia, Italy) and Erbamea s.r.l. (San Giustino,  
102 Perugia, Italy).

103

## 104 *2.2 Feed chemical composition*

105 Animal feed were analyzed in triplicate using the Official Methods of Analysis (AOAC, 2000)  
106 following the recommendation of the European Group on Rabbit Nutrition (EGRN, 2001). Fatty  
107 acids were determined in triplicate with direct derivatization as described by O'Fallon et al. (2007).  
108 The fatty acids were identified by comparing the retention time of methyl esters FAMES (NLEA  
109 Mix, Rt-2560, Resteck Corporation, Bellefonte, PA, USA). Methyl esters were analyzed using a gas  
110 chromatograph ThermoQuest TRACE 2000 (SAC<sup>tm</sup> column 5 x 0.25 mm, 300 cm, Supelco, USA).  
111 Data on ingredients, chemical composition and fatty acid of feed are given in Table 1.

112

## 113 *2.3 Controls in vita*

114 During the experimental, all animals were subjected to control of body weight and feed intake at the  
115 beginning (0 d), half (40 d) and at the end of the test (80 d), in order to determine, the daily weight  
116 gain and feed conversion ratio respectively, in the period 0-40 d, 40-80 d and whole test (0-80 d).

117

## 118 *2.4 Carcass traits*

119 At the end of the test (80 d), after the record of body weight gross and body weight subsequently 12  
120 h of fasting, a statistically representative sample of 15 animals per group was slaughtered into  
121 experimental slaughterhouse. Rabbits were subjected to electrical stunning and sacrificed by  
122 bleeding according with the guidelines established by the European Community (1099/2009/EC)  
123 and recommended by the Italian Ministry of health (Law n. 116/92), in accordance with national  
124 laws on the protection of animals during the slaughter or killing. The carcasses of rabbits were  
125 prepared according to Blasco and Ouhayoun (1996), discarding the skin, the distal part of the limbs,  
126 genitals, bladder and gastrointestinal tract. Carcasses were weighed and the slaughter yield  
127 calculated. The dissection of the meat carcasses was made after the storage at 4° C for 24 h, and on  
128 the right side meat samples were taken from *Longissimus lumborum* (LL), in order to perform the  
129 chemical composition according to AOAC method (2000) and to analyse the first measurement of  
130 oxidative stability (0 h). The remaining part of the muscle sample was storage under vacuum at -20  
131 °C for the further determination of fatty acids and cholesterol.

132

## 133 *2.5 Oxidative stability measurements*

134 Meat oxidative stability was measured by evaluating the thiobarbituric acid reactive substances  
135 (TBARS) content on 4 °C chilling LL meat samples at 0 h, and then at 24 h and 72 h, in accordance  
136 with Meineri et al. (2010). The implemented method was as follow: 500 mg of meat was

137 homogenized with 10 mL of distilled water using a Homogenizer Ultra Turrax T25 (IKA,  
138 Cincinnati, USA). The homogenized sample were added with 2.5 mL of 25% trichloroacetic acid,  
139 cooled at 4 °C for 15 min, and then centrifuged at 4000 g, at 4 °C for 5 minutes. The supernatant  
140 was filtered through Whatman 52 filter paper, an aliquot of 3.5 mL was added 1.5 mL of 0.67%  
141 thiobarbituric acid and incubated at 70 °C for 30 minutes. Immediately after cooling the absorbance  
142 of the sample was read in a spectrophotometer at 532 nm and compared to a standard curve of  
143 malondialdehyde (MDA; **Sigma Aldrich, St. Louis, USA**). All analyses were performed in duplicate  
144 and the result was expressed as mg of MDA per kg of meat. Retinol and alfa-tocopherol were  
145 extracted from meat samples according to Zaspel and Csallany (1983) and then analyzed by HPLC  
146 system (Kontron Instruments, Milan, Italy) consisting of an auto sampler (HPLC Autosampler 360,  
147 Kontron Instruments, Milan, Italy) with a loop of 20µl, a high-pressure pump and a C18 column  
148 5µm, 250 × 4.60 mm (Phenomenex, Torrance, CA, USA). The mobile phase consisted of  
149 acetonitrile and methanol (75:25 v/v) with a flow of 1 ml/min. Retinol and tocopherol, **carefully**  
150 **stored and manipulated under low light condition**, were identified by comparing the retention time  
151 of the samples with the retention time pure standards provided by Sigma Aldrich (St. Louis, USA).  
152 The quantification was performed using the Gyminix system (version 1.8.1) by comparing the peak  
153 of the sample area with that of the reference standard curve.

154

#### 155 *2.6 Fatty acid composition in intramuscular fat and cholesterol determination in meat*

156 The fatty acid composition of intramuscular fat samples was determined after chloroform-methanol  
157 extraction (Folch et al., 1957), and fatty acids were determined as methyl esters (FAME) (Dal  
158 Bosco et al., 2004), using a gas chromatograph ThermoQuest TRACE 2000 (SAC<sup>tm</sup>-5 column  
159 3000cm×0.25mm, Supelco, USA). Fatty acids were identified on the basis of elution times  
160 corresponding to the standard (FAME PUFA2, Supelco, Bellefonte, PA, USA). Meat cholesterol  
161 content was determined in accordance with the procedure of Du and Ahn (2002) and, briefly lipids  
162 were extracted from 1.5 g of meat with chloroform and methanol (2:1 v/v), then treated with 33%  
163 KOH with ratio of 94:6. Cholesterol was extracted with 5 ml of hexane and 1 µl was injected into  
164 the gas chromatograph. Identification of cholesterol was made based on the retention time of the  
165 standard (Sigma Aldrich, St. Louis, USA) and quantification was made with software Chrom Card  
166 Data System (version 1.17) by comparing the peak area with the reference standard curve.

167

#### 168 *2.7 Statistical analysis*

169 Statistical analysis was performed with SPSS statistical package (version 18.0, 2009, SPSS Inc.,  
170 USA). Data concerning the productive performances, slaughter controls, and chemical composition,

171 fatty acid and vitamins (alpha-tocopherol and retinol) content, were analysed with the one-way  
172 ANOVA, with the dietary treatment (CON, VB, RAF and LIC) as fixed factor. The differences  
173 between the mean values were compared using the Tukey's test and considered significant at least  
174 for  $P < 0.05$ . TBARS data were processed with the GLM (global linear model) for repeated  
175 measures with dietary treatment, the sampling time and their interaction as fixed factors. The means  
176 were compared using Duncan's test. Relative to the *in vivo* parameters, the cage was the  
177 experimental unit, whereas for the *post-mortem* parameters individual animal constituted the  
178 experimental unit.

179

### 180 **3. Results and Discussion**

#### 181 *3.1 In vita and post mortem measurements*

182 Evaluating Table 2, it is clear that the dietary plant extracts, *Lippia citriodora*, *Solanum*  
183 *lycopersicum* and *Raphanus sativus*, produced no effects on productive parameters. Even Abedo et  
184 al. (2012), supplementing growing-rabbits feed with 1.5% of radish seeds, observed no effects on  
185 body weight, daily weight gain and on slaughter performance, compared with the control group.  
186 However, these authors reported a marked improvement of total digestibility of feed components,  
187 with a significant reduction in the feed conversion index. Considering a shorter experimental  
188 period, these results on rabbits agree with findings of Tedesco et al. (2005), after supplementation  
189 with lycopene and green tea extracts, and with other authors (Chrenkova et al., 2013), using a dry  
190 extract of Siberian ginseng (*Eleutherococcus senticosus*) integrated in the feed. Salih et al. (2015),  
191 adding the 0.5% horseradish seed to broilers feed, found higher body weight and better feed  
192 conversion ratios. Pozzo et al. (2013), in experiences conducted on broilers, observed no effects on  
193 the growth performance following the dietary supplementation with high dose of lycopene (500  
194 mg/kg feed). Similar results were obtained in broilers by Leal et al. (1999), after the administration  
195 of 25 mg of lycopene/kg body weight per day, and by Englmaierova et al. (2011) adding 75 mg of  
196 lycopene/kg feed. In previous experiences on growing rabbits and hares (Palazzo et al., 2015;  
197 Vizzarri et al., 2014; Casamassima et al., 2013a), feeding animals with *Lippia citriodora* extract,  
198 with verbascoside as main component, there were no significant effects on growing performance,  
199 except for the daily weight gain in hares that resulted increased in the last period of research  
200 (Casamassima et al., 2013a). Feeding natural suckling-lambs with *Lippia citriodora* liquid-extract a  
201 significant improvement of milk consumption and the daily weight gain was observed  
202 (Casamassima et al., 2013b).

203

#### 204 *3.2 Chemical composition of meat*

205 The chemical composition of LL meat (Table 3) was not affected by dietary treatment, in  
206 accordance with Waheed (2005) that in rabbits feeding supplemented growing doses of dry extract  
207 of tomato pulp (0%, 8%, 16% and 24%). Our results agree with what we found in our previous  
208 study on young rabbits fed with two different doses of *Lippia citriodora* extract (Palazzo et al.,  
209 2015). Also Dal Bosco et al. (2004), integrating rabbit feed with vitamin E, did not reported any  
210 effect on chemical composition of meat.

211

### 212 3.3 Oxidative stability markers in meat

213 Table 4 summarizes data on retinol, alpha-tocopherol and cholesterol of LL muscle samples. The  
214 content of the two fat-soluble vitamins were positively affected ( $P < 0.05$ ) by dietary inclusion with  
215 plant extracts. In particular, the increased concentration of retinol was higher in LIC meat  
216 (+141.8%), followed by VB group (+76.7%) and RAF (+53.5%) compared with the control group;  
217 whereas, the content of alpha-tocopherol was higher in the VB group (+303.3%) followed by the  
218 RAF (+272.8%) and LIC (+246.1%). Increased vitamins content is consistent with that experienced  
219 by other authors and in our previous studies on *Lippia citriodora*. Moreover, the obtained results  
220 suggest that supplementation with plant extracts reduces the muscle fat peroxidation, by increasing  
221 the content of fat-soluble vitamins in meat. This was recently evidenced by Rossi et al. (2013) in  
222 swine and by our research group in hares and rabbit species (Vizzarri et al., 2014; Palazzo et al.,  
223 2015). Cholesterol content was influenced by dietary treatment with a significant decrease ( $P <$   
224  $0.01$ ) of 16.9% and 13.1%, only in VB and LIC groups than in the control. The decrease in  
225 cholesterol found in VB and LIC experimental groups could be attributed to antioxidant effect  
226 exerted by the molecules of verbascoside and lycopene, which would inhibit the activity of HMG-  
227 CoA reductase, an enzyme that controls cholesterol synthesis (Kowalska and Bielanski, 2009). Also  
228 Englmaierova et al. (2011) have experienced a reduction in cholesterol in broiler leg meat  
229 supplementing lycopene in feed, with and without the addition of vitamin E.

230 The TBARS content of LL muscle samples (Table 5), after 72 hours of storage at 4 °C, was  
231 significantly lower ( $P < 0.01$ ) in animals that were fed with *Lippia citriodora* (-91.3%), radish (-  
232 42.4%) and lycopene (-42.0%), than those in the control group. The time of storage (from 0 h to 72  
233 h) obviously determined a significant increase ( $P < 0.01$ ) of the contents of malondialdehyde in  
234 meat samples, even if the values in the three experimental groups were much smaller compared to  
235 the control group. This development led to a significant interaction ( $P < 0.05$ ) between dietary  
236 supplementation with plant extracts and the storage time of meat samples in the fridge. Some  
237 studies, conducted in the rabbit species, showed an improvement of the shelf-life of meat, following  
238 administration of plant supplements, both based on alfalfa (Dal Bosco et al., 2014) and based on



239 *Lippia citriodora* (Palazzo et al., 2015). Some researchers (Botsoglou et al., 2003) showed a  
240 reduced amount of MDA in turkey meat, due to the antioxidant activity possessed by polyphenolic  
241 compounds, contained in the essential oils of oregano. In fact, following the inclusion into the feed  
242 and administration to animals, the natural compounds reach the bloodstream, and successively  
243 distribute and accumulate in the muscle and other tissues. Natural antioxidants are able to avoid or  
244 even inhibit the lipid oxidation of meat, leading as direct consequence a longer shelf-life, since they  
245 have the ability to block the oxidizing propagation of chain reactions. Polyphenols have a high  
246 antioxidant activity that is carried out with three different mechanisms: as a scavenger of free  
247 radicals (Zheng et al, 2009), as transition metal chelators (Andjelkovic et al., 2006) and as quencher  
248 of free singlet oxygen (Mukai et al., 2005).

249

### 250 3.4 Fatty acid composition in meat

251 Saturated fatty acids (SFA) in LL muscle were significantly affected ( $P < 0.01$ ) by dietary treatment  
252 with lower values of 11.3% in VB group and of 14.1% in the LIC group (Table 6), when compared  
253 to the CON group. Polyunsaturated fatty acids (PUFA) showed in the three experimental groups  
254 VB, RAF and LIC a significant increase ( $P < 0.01$ ) in values of 12.8%, 9.6% and 16.2%,  
255 respectively, when compared to the control group. This increase is mainly attributable to a  
256 significant increase ( $P < 0.01$ ) of linoleic acid in experimental groups, in the extent of 13.4% (VB)  
257 of 14.4% (RAF) and 18.8% (LIC), respectively, when compared to CON group. The lycopene feed  
258 supplement showed a significant increase ( $P < 0.05$ ) of 21.0% in arachidonic acid, of 36.0% in  
259 eicosapentaenoic acid (EPA) and of 16.0% in docosahexaenoic acid (DHA), compared with the  
260 control group and VB and RAF experimental groups. The n-6 fatty acids were significantly higher  
261 ( $P < 0.01$ ) of 13.3% in VB, 14.2% in the RAF and 18.9% in LIC group, as compared to the CON  
262 group. As it is well known some essential fatty acid (like dietary alfa-linolenic and linoleic acid) are  
263 precursor of n3 and n6 PUFA family in meat, since the latters can be synthesized through a series of  
264 elongation and desaturation reactions. The enzymatic system involved in these reactions consisting  
265 of fatty acil-CoA synthetases 6- and 5- desaturases and the respective elongases (Garcia 2011). The  
266 plant extracts of *Lippia citriodora*, radish and tomato lycopene have positively influenced the fatty  
267 acid composition of rabbit meat, leading to a reduction of SFA and increased of PUFA content.  
268 Those results are in agreement with our previous studies on supplementation with *Lippia citriodora*,  
269 both in rabbit (Palazzo et al., 2015) and hares (Vizzarri et al., 2014). Also other research conducted  
270 by Meineri et al. (2010) on growing rabbits, fed with seeds of sages (*Salvia hispanica* L.), resulted  
271 in a dose-dependent increase of C18:2 (n-6) and C18:3 (n-3) fatty acid. Jung et al. (2010) found a  
272 reduction of the SFA and MUFA with an increase in PUFA meat content in broiler fed a diet



273 supplemented with a mixture of polyphenols and linoleic acid. These results could be due to a  
274 reduced synthesis of MUFA, as a consequence of the inhibiting activity of 9-desaturase, key  
275 enzyme that converts the SFA in MUFA.

276

#### 277 **4. Conclusion**

278 The use of herbal *Lippia citriodora*, radish and tomato lycopene plant extracts has determined a  
279 reduction of cholesterol, SFA and TBARS in the *Longissimus lumborum* rabbit muscle. At the same  
280 time a significant increase of content in retinol and alpha-tocopherol, and PUFA was observed. The  
281 three dietary extracts did not produce an improvement on chemical composition of meat and  
282 growing performance; nevertheless the dietary treatment improved the nutritional and nutraceuticals  
283 quality of rabbit meat with an improved oxidative stability. Therefore, dietary supplementation with  
284 the three plant extracts may be a useful strategy to be used in rabbit meat production both from the  
285 consumer's health point of view, and the improved nutraceutical quality of meat, and from the  
286 viewpoint of product marketing for an andoubted increased shelf-life.

287

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290

#### 291 **Conflict of interest**

292 The authors declare that they have no conflict of interest.

293

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440 **Table 1** Ingredients and chemical composition of diet feed of rabbit

	Experimental diets <sup>1</sup>			
	CON	VB	RAF	LIC
Ingredients (g/kg diet)				
Soybean meal	230	227	229	230
Alfalfa hay	220	221	219	221
Wheat bran	208.8	209.8	210.45	207.795
Alfalfa meal dehydrated, 17% CP	100	100	100	100
Beet pulp	100	100	100	100
Barley	78	78	78	78
Wheat	20	20	20	20
Lippia citriodora extract	0	1	0	0
Lycopene	0	0	0	0.005
Raphanus sativus	0	0	0.350	0
Calcium carbonate	20	20	20	20
Soybean oil	10	10	10	10
Sodium Chloride	4	4	4	4
Dicalcium phosphate	2	2	2	2
Vitamin and mineral premix <sup>a</sup>	2.5	2.5	2.5	2.5
Methionine (99%)	2.3	2.3	2.3	2.3
Lysine (78.5%)	1.4	1.4	1.4	1.4
Choline (75.0%)	1	1	1	1
Chemical composition (g/kg as-feed) <sup>2</sup>				
Dry matter (DM)	909.0±1.0	911.3±1.5	912.0±2.6	912.3±1.5
Crude protein	165.8±0.6	166.6±0.7	165.5±0.9	166.3±0.9
Crude fiber	171.4±1.1	174.8±1.6	175.4±1.1	172.7±1.0
Ether extract	26.6±0.3	29.4±0.9	31.6±0.4	31.7±0.4
Crude ash	61.8±0.3	59.2±0.4	59.2±0.7	60.9±0.6
NDF	366.3±1.1	362.6±2.2	348.7±1.1	355.5±1.2
ADF	207.1±1.7	197.4±1.1	192.7±1.2	196.6±0.9
FA composition (% of total fatty acids) <sup>3</sup>				
C14:0	1.5±0.39	1.36±0.25	1.24±0.31	1.29±0.09
C16:0	25.87±0.15	21.84±1.32	19.13±0.97	19.28±0.84
C16:1	0.21±0.14	0.21±0.10	0.25±0.10	0.23±0.05
C18:0	2.79±0.31	2.49±0.11	2.62±0.24	2.53±0.13
C18:1 n-9	21.39±2.39	22.76±0.19	23.93±1.13	23.92±1.29
C18:1 n-7	0.26±0.12	0.30±0.11	0.38±0.17	0.41±0.07
C18:2 n-6	42.85±2.87	43.85±1.36	45.68±1.28	46.79±1.66
C18:3 n-3	4.88±0.42	6.31±0.23	6.24±0.15	4.96±0.19
C20:0	0.60±0.20	0.89±0.04	0.53±0.03	0.58±0.04
∑SFA	29.99±0.61	26.33±1.53	23.17±1.18	23.30±0.77
∑MUFA	21.87±2.16	23.27±0.10	24.56±0.99	24.56±1.28
∑PUFA	47.73±2.54	50.15±1.50	51.92±1.41	51.76±1.70

441 <sup>1</sup>CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet  
442 supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of  
443 feed.

444 SFA, saturated fatty acids [C14:0+C16:0+C18:0+C20:0]; MUFA, monounsaturated fatty acids [C16:1+C18:1n-  
445 9+C18:1n-7]; PUFA, polyunsaturated fatty acids [C18:2n-6+C18:3n-3].

446 <sup>2</sup>Supplied per kg of feed: vitamin A 2000 I. U., vitamin D3 320 I. U., vitamin E 4.0 mg, vitamin B2 0.52 mg, vitamin  
447 B6 0.40 mg, vitamin B12 0.006 mg, vitamin K 0.32 mg, vitamin H 0.020 mg, vitamin PP 3.2 mg, folic acid 0.10 mg, D-  
448 pantotenic acid 2.4 mg, copper 5.6 mg, manganese 4.0 mg, iron 12.0 mg, zinc 16.0 mg, iodine 0.060 mg, selenium  
449 0.040 mg.

450 <sup>3</sup>n = 3; mean±sd.

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454 **Table 2** Productive performance in rabbit.

	Experimental diets <sup>1</sup>				<i>P</i> -value <sup>3</sup>
	CON	VB	RAF	LIC	
No rabbits	40	40	40	40	
Body weight, kg					
0d	1.45±0.05	1.50±0.02	1.50±0.02	1.49±0.02	0.505
40d	2.78±0.06	2.86±0.04	2.79±0.04	2.78±0.04	0.433
80d	3.98±0.12	4.14±0.06	3.97±0.07	4.07±0.04	0.189
Daily weight gain, g/day					
0d-40d	33.35±1.21	33.96±1.03	32.43±1.07	32.26±0.91	0.601
40d-80d	28.83±2.11	32.05±0.83	29.45±1.10	32.23±0.38	0.114
0-80d	31.59±1.48	33.01±0.85	30.94±0.86	32.24±0.48	0.321
Feed intake, g/day					
0-40d	117.75±0.89	122.90±1.36	122.55±0.90	121.32±1.12	0.054
0-60d	161.23±1.16	158.46±3.89	157.79±2.17	153.78±2.86	0.462
40-80d	139.49±0.57	140.68±2.30	140.17±1.50	137.55±1.78	0.621
FCR <sup>2</sup>					
0-40d	3.55±0.16	3.65±0.13	3.82±0.14	3.79±0.11	0.557
40-80d	5.51±0.38	4.00±0.21	5.42±0.21	3.79±0.10	0.067
0-80d	4.46±0.23	4.29±0.15	4.56±0.14	4.27±0.07	0.359

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<sup>1</sup>CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of feed. <sup>2</sup>FCR = feed conversion ratio, calculated as g of dry matter intake on g of daily weight gain. <sup>3</sup>Experimental unit 20 cages (2 rabbits per cage).

460 **Table 3** Chemical composition of rabbit meat

	Experimental diets <sup>1</sup>				461
	CON	VB	RAF	LIC	Page
Moisture, %	71.8±0.4	71.9±0.9	72.0±0.9	72.2±0.7	462
Crude protein, %	22.7±0.2	22.9±0.7	23.5±0.8	23.2±0.5	463
Ash, %	1.1±0.9	1.2±0.6	1.1±0.8	1.3±0.5	464
Ether extract, %	3.4±0.5	3.3±0.9	3.5±0.1	3.6±0.3	465
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467 <sup>1</sup>CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet  
 468 supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of  
 469 feed.

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471 **Table 4** Retinol,  $\alpha$ -tocopherol and cholesterol content in rabbit meat

	Experimental diets <sup>1</sup>				<i>P</i> -value <sup>2</sup>
	CON	VB	RAF	LIC	
No rabbits	15	15	15	15	
Retinol, mg/100g	0.043±0.006 <sup>1</sup>	0.076±0.014 <sup>2</sup>	0.066±0.006 <sup>2</sup>	0.104±0.011 <sup>3</sup>	0.021
Alpha-tocopherol, mg/100g	0.180±0.004 <sup>1</sup>	0.726±0.127 <sup>2</sup>	0.671±0.138 <sup>2</sup>	0.623±0.061 <sup>3</sup>	0.025
Cholesterol, mg/100g	55.08±0.58 <sup>1</sup>	47.10±0.87 <sup>2</sup>	52.37±0.68 <sup>1,2</sup>	48.71±1.12 <sup>2</sup>	0.001

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<sup>1</sup>CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of feed. <sup>2</sup> Different numbers within the same row indicate significant differences ( $p < 0.05$ )<sup>(1,2,3)</sup>.

477 **Table 5** Oxidative stability of rabbit meat

	Experimental diets <sup>1</sup>				P-value <sup>2</sup>		
	CON	VB	RAF	LIC	G	T	GxT
No rabbits	15	15	15	15			
TBARS (MDA), mg/kg							
a 0h	0.708±0.010 <sup>1a</sup>	0.409±0.013 <sup>2a</sup>	0.569±0.008 <sup>1,2a</sup>	0.417±0.025 <sup>2a</sup>			
a 24h	0.924±0.022 <sup>1b</sup>	0.470±0.052 <sup>2b</sup>	0.699±0.008 <sup>3b</sup>	0.518±0.012 <sup>4b</sup>			
a 72h	1.102±0.025 <sup>1c</sup>	0.576±0.098 <sup>2c</sup>	0.774±0.020 <sup>3c</sup>	0.776±0.030 <sup>3c</sup>	0.001	0.001	0.029

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<sup>1</sup>CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of feed. <sup>2</sup>G = effect of diet; T = effect of time; G x T = interaction diet x time; Different numbers within the same row indicate significant differences (p < 0.05)<sup>(1,2,3)</sup>; Different letters within the same column indicate significant differences (p < 0.05)<sup>(a,b,c)</sup>

483 Table 6 Fatty acid profile of rabbit meat (expressed as % on total fatty acids)

	Experimental diets <sup>1</sup>				P-value <sup>2</sup>
	CON	VB	RAF	LIC	
No rabbits	15	15	15	15	
Saturated fatty acids (SFA)					
C14:0	1.70±0.07 <sup>1</sup>	2.03±0.14	2.20±0.06 <sup>2</sup>	1.86±0.08 <sup>1</sup>	0.001
C16:0	32.20±0.58 <sup>1</sup>	28.39±0.82 <sup>2</sup>	29.60±0.65 <sup>2</sup>	27.21±0.54 <sup>3</sup>	0.001
C18:0	7.52±0.02	7.50±0.02	7.54±0.01	7.57±0.07	0.880
C20:0	0.69±0.07	0.67±0.07	0.62±0.03	0.61±0.04	0.653
C22:0	0.59±0.02	0.56±0.04	0.59±0.02	0.58±0.02	0.887
Others	1.42±0.07 <sup>1</sup>	0.48±0.09 <sup>2</sup>	0.65±0.08 <sup>2</sup>	0.84±0.05 <sup>3,2</sup>	0.001
Total SFA	44.12±0.51 <sup>1</sup>	39.64±0.95 <sup>2</sup>	41.21±0.65 <sup>1,2</sup>	38.68±0.52 <sup>2</sup>	0.001
Mono-unsaturated fatty acid (MUFA)					
C14:1	0.30±0.06	0.31±0.05	0.43±0.05	0.36±0.06	0.386
C16:1	0.21±0.01	0.17±0.01	0.28±0.01	0.32±0.13	0.689
C18:1	23.59±0.42	23.95±0.21	22.89±0.19	23.60±0.35	0.173
C20:1	0.16±0.03 <sup>1</sup>	0.14±0.02 <sup>1</sup>	0.72±0.19 <sup>2</sup>	0.12±0.15 <sup>1</sup>	0.001
Others	0.56±0.06 <sup>1</sup>	0.73±0.07 <sup>3</sup>	0.42±0.04 <sup>2</sup>	0.59±0.06 <sup>1</sup>	0.012
Total MUFA	24.81±0.44	25.31±0.19	24.74±0.23	24.99±0.25	0.683
Poly-unsaturated fatty acid (PUFA)					
C18:2 n-6	23.86±0.57 <sup>1</sup>	27.05±0.38 <sup>2</sup>	27.29±0.65 <sup>2</sup>	28.35±0.37 <sup>2</sup>	0.001
C18:3 n-3	4.16±0.94	4.68±0.27	3.65±0.32	3.89±0.28	0.224
C20:3 n-3	0.25±0.02	0.31±0.03	0.31±0.01	0.26±0.02	0.064
C20:3 n-6	0.17±0.01	0.20±0.02	0.21±0.01	0.19±0.01	0.247
C20:4 n-6	0.43±0.07 <sup>1</sup>	0.44±0.09 <sup>1</sup>	0.42±0.06 <sup>1</sup>	0.52±0.07 <sup>2</sup>	0.042
C20:5 n-3	0.10±0.02 <sup>1</sup>	0.10±0.03 <sup>1</sup>	0.10±0.01 <sup>1</sup>	0.46±0.29 <sup>2</sup>	0.014
C21:5 n-3	0.36±0.05	0.44±0.07	0.38±0.04	0.44±0.04	0.548
C22:5 n-3	0.97±0.16	1.05±0.22	0.87±0.12	1.07±0.16	0.749
C22:6 n-3	0.52±0.09 <sup>1</sup>	0.53±0.12 <sup>1</sup>	0.52±0.07 <sup>1</sup>	0.68±0.12 <sup>2</sup>	0.029
Others	0.27±0.04	0.24±0.03	0.31±0.02	0.27±0.03	0.533
Total PUFA	31.07±0.53 <sup>1</sup>	35.06±0.90 <sup>2</sup>	34.05±0.74 <sup>2</sup>	36.12±0.49 <sup>2</sup>	0.001
n-3	6.35±0.50	7.12±0.52	5.83±0.50	6.80±0.57	0.422
n-6	24.45±0.53 <sup>1</sup>	27.69±0.47 <sup>2</sup>	27.92±0.63 <sup>2</sup>	29.06±0.33 <sup>2</sup>	0.001
n-6/n-3 ratio	4.06±0.31	3.98±0.27	5.22±0.44	4.73±0.43	0.155

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<sup>1</sup>CON= control diet; VB= experimental diet supplemented with 5mg of verbascoside per kg of feed; RAF= experimental diet supplemented with 350mg of radish extract per kg of feed; LIC= experimental diet supplemented with 5mg of lycopene per kg of feed. <sup>2</sup> Different numbers within the same row indicate significant differences ( $p < 0.05$ )<sup>(1,2,3)</sup>.