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3 **Carboxymethyl cellulose-based hydrogel film combined with berberine as an**
4 **innovative tool for chronic wound management**

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30

31 **Chemical compounds studied in this article**

32 Berberine Hydrochloride (PubChem CID: 12456); carboxymethyl cellulose sodium salt (PubChem
33 CID: 6328154); hydroxyethyl cellulose (PubChem CID: 4327536) Acetylated distarch phosphate
34 (PubChem SID: 24832109); bentonite clay (PubChem CID: 72941614); gallium nitrate (PubChem
35 CID: 61635); boric acid (PubChem CID: 7628); [2,2-diphenyl-1-picrylhydrazylhydrate \(DPPH\)](#)
36 [\(PubChem CID: 2735032\)](#) ; [2,2'- azino-bis\(ethylbenziazolinone-6-sulfonic\) acid \(ABTS\)](#)
37 [\(PubChem CID: 5815211\)](#); [lysozyme \(PubChem CID 16130991\)](#).
38

39 **Abstract**

40 Polysaccharide-based hydrogels are achieving remarkable performances in chronic wounds
41 treatment. In this work, a carboxymethyl cellulose-based hydrogel film has been developed to support
42 skin repair. The hydrogel tuneable drug release performances have been exploited to vehicle
43 berberine hydrochloride, a polyphenolic molecule endowing antioxidant and cytoprotective features.
44 The prepared carboxymethyl cellulose-based film, loaded with berberine, has been physico-
45 chemically characterized and *in vitro* tested on keratinocytes and fibroblasts subjected to oxidative
46 stress. The proposed berberine-loaded hydrogel [showed significant fluid uptake performances, both](#)
47 [in free conditions and under external pressure. Moreover, this biocomposite](#) is able to control
48 oxidative stress and inflammation in skin cells as well as keratinocytes hyperproliferation, features
49 that normally hamper injury restoration. The investigated system represents a promising candidate

50 for dermatological applications to prevent permanent oxidative stress consequences at the chronic
51 wound site, thus promoting the healing process.

52 **1. Introduction**

53 Skin is one of the most important defences that an organism uses to protect itself from environmental
54 damages, such as bacteria and dehydration. When injuries occur, the skin barrier is interrupted, and
55 the wound healing process starts, repairing the damaged tissue and re-establishing skin protection.
56 This intricate process, involving immune and skin cells, consists in four subsequent stages:
57 haemostasis, inflammation, proliferation, and remodelling (Zhao et al., 2016; Morton et al., 2016).
58 Inflammation is crucial in wound healing, as in this step neutrophils secrete cytokines and growth
59 factors to recruit other immune cells (*i.e.*, macrophages), which will have critical effects in the next
60 re-epithelialization, matrix synthesis, and angiogenesis (Zhao et al., 2016; Tejiram et al., 2016). When
61 the inflammatory stage enters a self-renewing state and the system fails to proceed through the normal
62 orderly sequence, the wound becomes chronic (Zhao et al., 2016).

63 An ideal wound dressing material should support skin regeneration processes without interfering with
64 the timing and coordination of cells and growth factors activities (Stan et al., 2021). Since fibrotic
65 tissue takes place when skin repair mechanisms become abnormal, sustained by oxidative stress and
66 persistent inflammation (Condorelli et al., 2021), chronic wounds require proper dressings to speed
67 up healing processes, shifting the clinical goal from skin repair to regeneration (Jiang & Rinkevich,
68 2021).

69 Hydrogels, hydrocolloid films, and foams could be successfully exploited to develop smart wound
70 dressings, being active materials able to restore skin functions while reducing aesthetic impact (Bal-
71 Öztürk et al., 2021). Hydrogels are particularly suitable materials for a wound-healing treatment,
72 thanks to their moisturizing and biocompatible features (Asadi et al., 2020) **as well as intriguing**
73 **mechanical properties (Zhang M. et al., 2021)**. In addition, polysaccharide-based hydrogels combine
74 these features with environmental sustainability and degradability (Hu & Xu, 2020). In particular,
75 **carboxymethyl** cellulose (CMC) based materials showed outstanding wound healing characteristics

76 (Kanikireddy et al., 2020). Moreover, blends of CMC with other polysaccharides were recently used
77 as bioinks for artificial skin fabrication (Zhang K. et al., 2021).

78 Starting from an innovative class of eco-friendly, cytocompatible CMC-based hydrogels with
79 tuneable skin delivery properties (Cometa et al., 2021), this work focuses on the development of an
80 innovative berberine-loaded hydrogel formulation for wound-healing applications. Even if
81 berberine's antioxidant properties and its potential role in wound healing have already been shown
82 (Cometa et al., 2021; Zhang et al., 2020), the combined effect of berberine and carboxymethyl
83 cellulose has not been yet investigated. Preliminary studies (Cometa et al. 2021) described different
84 biocomposite preparation procedures, as well as the swelling and the *in vitro* skin permeation
85 performances of berberine loaded CMC-based hydrogel films. In this work, a detailed physico-
86 chemical characterization of the most promising formulation, by spectroscopic (FT-IR/ATR, XPS,
87 SEM and Solid-state NMR), thermogravimetric, *in vitro* antioxidant activity assessment and
88 enzymatic biodegradation by lysozyme is reported, focusing the study on the role of the carbohydrate
89 in the biocomposite formulation and on its interaction with the bioactive molecule.

90 Liquid uptake studies, in different aqueous media and conditions (i.e., carried out both in free
91 conditions and under an external pressure), highlighted the swelling capability of the carbohydrate-
92 based film, also when loaded with berberine.

93 Moreover, the wound healing capabilities were investigated, evaluating the potential effect of these
94 customized hydrogels on keratinocytes and fibroblasts, paying particular attention to their antioxidant
95 and anti-inflammatory activities. We hypothesized that the inclusion of berberine in a CMC-based
96 hydrogel could enhance the material wound healing properties also providing antioxidant features.
97 The developed material represents a smart dressing for chronic wound treatment.

98 **2. Materials and Methods**

99 *2.1 Materials*

100 Carboxymethyl cellulose sodium salt, CMCNa (MW 700 kDa, DS 0.7, pharmaceutical grade) and
101 hydroxyethyl cellulose, HEC (MW 250 kDa MS 2, viscosity 80–125 cm/s, food grade) were
102 purchased from Eigenmann e Veronelli S.p.A. (Milan, Italy). Bentonite (BENT) was supplied by Dal
103 Cin S.p.A. Sesto San Giovanni (Milan, Italy) and Laponite[®] RD was supplied by Byk (Altana Group,
104 Wesel, Germany). Acetylated distarch phosphate (ADP) was supplied by Romana Chimici S.p.A.
105 (Palo del Colle, Bari, Italy). Berberine hydrochloride from *Berberis aristata* dry extract at 98%
106 (BERB) was purchased from Farmalabor s.r.l. (Canosa di Puglia, Apulia, Italy). Gallium nitrate
107 ((Ga(NO₃)₃) and ethanol, as well as ultrapure water and methanol (all HPLC grade), were purchased
108 from Sigma Aldrich (Milan, Italy).


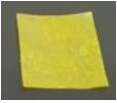
109 *2.2 Hydrogel film preparation and BERB loading procedure*

110 Hydrogel films were prepared exploiting a procedure optimized in a previous work (Cometa et al.,
111 2021) and described in the following. This method has been chosen, among the four proposed in the
112 previous study, since it allowed the best performances in the Franz cell permeation experiments and,
113 therefore, the obtained films could be the best candidate for wound healing applications.

114 Briefly, CMCNa, HEC and ADP polymers, in the ratio 3:1:0.12 w/w, were mixed to bentonite and
115 Laponite[®] powders (in the ratio 10:1, w/w). In this mixture, the clays were 10% w/w of the content
116 of the polymers. The mixture was dispersed in distilled water (in the range 2% w/v) containing
117 Ga(NO₃)₃ at 2% w/w respect to the content of the polymers, until the complete homogenization and
118 hydration of polymers and clays mixture is achieved. The smooth and homogeneous film-forming
119 solution was transferred in an ultra-sonication bath to remove air bubbles and then cast on Petri dishes
120 (diameter 17 cm) and dried at 80°C for 3 hours. Successively, the films underwent a second
121 crosslinking procedure, employing a surface crosslinking solution containing Ga(NO₃)₃ at 10% w/w
122 respect to the film weight. The solution was sprayed over both the surfaces of the film and the latter
123 was successively dried at 80°C for 1 hour (film coded as HG_{sx}). To obtain BERB-loaded films, BERB
124 was dissolved in a part of the distilled water employed in the hydrogel film preparation (film coded
125 as HG_{sx}-BERB).

126 The obtained hydrogel films compositions were reported in Table 1.

127 **Table 1.** Hydrogel films composition

Film	Percentage of each component to the total mass of dried film (%)							
	CMCNa	HEC	ADP	BENT	LAP	BERB	Bulk crosslinker	Surface crosslinker
HG _{sx} 	58.7	19.6	2.3	7.8	0.8	--	1.6	9.1
HG _{sx} -BERB 	53.5	17.8	2.1	7.1	0.7	8.1	1.5	9.1

128

129 2.3 Chemical, *physical* and thermal characterization

130 Hydrogel films were characterized by Fourier-Transform Infrared Spectroscopy (FT-IR) in
131 Attenuated Total Reflectance mode (ATR), Thermo-Gravimetric Analysis (TGA), swelling
132 performances tests, X-ray Photoelectron Spectroscopy (XPS) and Solid-state Nuclear Magnetic
133 Resonance (SS NMR). Moreover, morphological investigations, by means of Scanning Electron
134 Microscopy (SEM), have been reported in the Supplementary Material.

135 Dry samples, without pretreatment, underwent FT-IR (ATR) analyses through a Spectrum Two PE
136 instrument supplied by PerkinElmer, endowed with a universal ATR accessory (UATR, Single
137 Reflection Diamond/ZnSe). For each of the relevant samples, FT-IR/ATR spectra were recorded from
138 400 to 4000cm⁻¹ with a 4cm⁻¹ resolution.

139 Furthermore, the pure berberine, as well as the hydrogel films, were examined by TGA analyses
140 through a PerkinElmer TGA-400 instrument (PerkinElmer Inc.). Briefly, 5-10mg of samples were
141 heated in air-saturated atmosphere in the range of 30-800°C, with a constant flow rate (20°C/min)
142 and a gas flow set at 20mL/min. The TGA Pyris series software was exploited to record thermograms
143 (TG), calculate their respective derivative curves (DTG) and for further data mining.

144 Free absorbency capacity was tested both in phosphate buffer solution (PBS, pH 7.4) and in saline
145 solution (NaCl 0.9% w/w), using square-shaped samples (1cm x 1 cm) and placing them into sealed
146 tea bags, using the method and the equation previously described (Cometa et al. 2021). The
147 absorbency under load was tested in PBS and saline solution, when the sample (circle of 3 cm in
148 diameter) is pressurized with a load of 0.3 psi, using the experimental setup and the equation reported
149 by Zohuriaan-Mehr (Zohuriaan-Mehr et al., 2008). In both the tests, the water uptake was detected
150 after 1 h.

151 XPS analyses were performed on a scanning microprobe PHI 5000 VersaProbe II, purchased from
152 Physical Electronics (Chanhasen, MN). The instrument is equipped with a micro-focused
153 monochromatized AlK α X-ray radiation source. The hydrogel films, as well as bare BERB, were
154 examined in HP mode with an X-ray take-off angle of 45° (instrument base pressure $\sim 10^{-9}$ mbar.).
155 The size of the scanned area was about 1400 \times 200 μ m. Wide scans and high-resolution spectra were
156 recorded in FAT mode for each sample, setting pass energy values equal to 117.4eV and 29.35eV,
157 respectively. In order to fit the high-resolution spectra, the commercial MultiPak software, version
158 9.9.0, was used. Atomic percentages were inferred from peak areas, previously normalized by
159 MultiPak library's sensitivity factors. Adventitious carbon C1s was set as reference charge (284.8eV).

160 Solid-state NMR experiments were performed on a Bruker Avance I 400 spectrometer (operating
161 at a frequency of 100.6 MHz for ^{13}C) using a 4.0 mm HX MAS probe at 298 K. For MAS experiments,
162 samples were packed in zirconia rotors. ^1H - ^{13}C CP/MAS NMR experiments were performed using
163 3.25 μ s proton $\pi/2$ pulse length, v_{CP} of 55.0 kHz, contact time of 1.0 s, v_{dec} of 76.9 kHz and recycle
164 delay of 2.0 s. A two-pulse phase-modulation (TPPM) decoupling scheme was used for the ^1H
165 decoupling. Chemical shifts for ^{13}C were referenced to the methylene signal of adamantane (δ 38.48).

166

167 *2.4 Cell culture*

168 Human immortalized keratinocytes (HaCaT) and normal human dermal fibroblasts (NhDF) were
169 cultured in High Glucose Dulbecco's Modified Eagle Medium (HG-DMEM; Corning Inc., Corning,

170 NY, USA), supplemented with 10% foetal bovine serum (Corning Inc.), 1% L-glutamine (Thermo
171 Fisher Scientific, Waltham, MA, USA) and 1% penicillin/streptomycin (Thermo Fisher Scientific),
172 at 37 °C with 5% CO₂. To simulate oxidative stress conditions, cells were treated with 200 mM H₂O₂
173 for 24 h, then the medium with H₂O₂ was replaced with basal medium, HGsx and HGsx-BERB
174 conditioned medium, or medium containing 50 μM BERB as previously described (Cometa et al.,
175 2021), to mimic the potential reparative effects of the films during the wound healing process.

176 *2.5 Cell viability*

177 To investigate cell viability, 1.6 x 10⁴ HaCaT cells/well and 2.6 x 10³ NhDF cells/well were seeded
178 into 96-well plates and cultured as described above. Cell viability was evaluated by sodium 3'-[1-
179 (phenylaminocarbonyl)- 3,4- tetrazolium]-bis (4- methoxy6-nitro) benzene sulfonic acid hydrate
180 (XTT) colorimetric assay (Sigma-Aldrich) at 48 h, according to the manufacturer's instruction.
181 Absorbance at 555 nm was read with 655 nm as reference wavelength using MultiskanGO plate
182 reader (Thermo Fisher Scientific).

183 *2.6 Intracellular Reactive Oxygen Species (ROS) detection*

184 2.5 x 10⁴ cells/well were seeded in dark, clear-bottom 96-well plates and treated for 48 h. To evaluate
185 intracellular ROS concentration, DCFDA/H2DCFDA Cellular ROS Assay Kit (Abcam) was used
186 according to the manufacturer's instruction. ROS were detected by fluorescence microplate reader
187 Infinite 200 PRO (Tecan, Männedorf, Switzerland) with excitation/emission at 485 nm/535 nm.

188 *2.7 Double-labelled and Ki67 immunofluorescence*

189 HaCaT and NhDF were seeded on 4-well chamber slides at a cell density of 9 x 10⁴ and 1.4 x
190 10⁴ cells/well, respectively, and treated as described above. After 48 h, cells were fixed with 4%
191 paraformaldehyde in PBS pH 7.4 (Santa Cruz Biotechnology, Dallas, TX, USA) at 4 °C for 30 min
192 and washed in PBS, before permeabilization with 0.1% Triton X-100 in PBS at RT for 30 min. For
193 double-labelling staining, HaCaT were incubated with anti-E-cadherin antibody (1:100, sc-8426,
194 Santa Cruz Biotechnology) overnight at 4°C to evidence cell-cell junctions.

195 NhDF were instead incubated with anti-Fibronectin antibody (1:400, F6140, Sigma-Aldrich)
196 overnight at 4 °C to underline cytoplasmic and extracellular protein expression. For Ki67
197 staining, HaCaT were incubated with anti-Ki67 antibody (1:100, sc-56319, Santa Cruz
198 Biotechnology) overnight at 4 °C. Protocols are detailed in the Supplementary Material.

199 NIS-Elements microscope imaging software (Nikon, Milan, Italy) was used to capture images.

200 *2.8 Wound healing assay*

201 HaCaT were seeded in a 12-well plate at a cell density of 2×10^5 cells/well and treated as stated
202 before. After they reached 100% confluence, cells were treated as mentioned above and a wound was
203 performed in each well by a 1000 μ l tip at time point 0. Images were taken at 6h and 24h after wound
204 execution and the closing area percentage was analysed by Fiji software (Schindelin J. et al., 2012).

205 *2.9 Western Blotting*

206 Cells (5×10^5 HaCaT/well and 8×10^4 NhDF/well) were seeded in 6-well plates and treated as stated
207 before. After 48 h, cells were detached by Trypsin 1X to collect pellets. For protein extraction, pellets
208 were incubated for 30 min with RIPA buffer supplemented with 1 mM phenylmethylsulphonyl
209 fluoride (PMSF), protease inhibitors (Sigma-Aldrich) and PhosStop (Roche) and centrifuged at
210 12000 g 10 min at 4 °C to collect the supernatant.

211 DC protein assay (Bio-Rad) was performed to measure the total protein amount and protein samples
212 were prepared to load 20 μ g of protein for each sample. Detailed protocol is described in the
213 Supplementary Material. Acquisition was performed with Alliance Mini HD9 (Uvitec, Cambridge,
214 UK) and densitometry was analysed with ImageJ software.

215 *2.10 Statistical analysis*

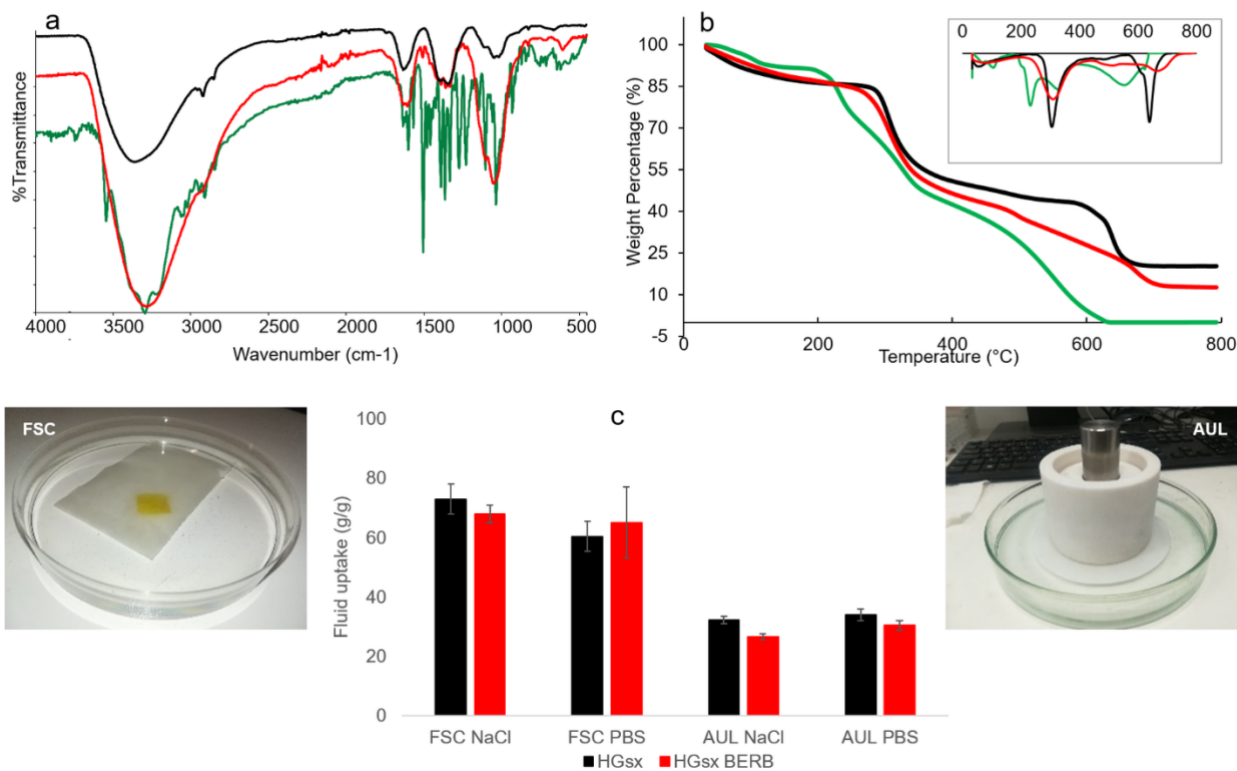
216 The statistical analysis was performed using GraphPad Prism 7 (GraphPad Software, San Diego, CA).
217 Cell viability results, as well as ROS detection and protein expression, were analysed by one-way
218 ANOVA test. Wound healing results were analysed by two-way ANOVA test. After ANOVA,
219 multiple comparisons among the groups were analysed by Tukey's test. Statistical significance was
220 considered at $p < 0.05$.

221

222 **3. Results and Discussion**

223 *3.1 Chemical, **physical** and thermal characterization of the prepared hydrogels*

224 Figure 1A shows the FTIR spectra of BERB, HGsx and HGsx-BERB hydrogel films. As far as BERB
225 spectrum is concerned, it exhibited significant peaks at 2920 cm^{-1} and 2850 cm^{-1} that represent C–H
226 stretching (alkanes), 1505 cm^{-1} (aromatic C=C vibrations), 1103 cm^{-1} (ring deformation and CH in-
227 plane bending) and 1035 cm^{-1} (C–H vibrations). In the case of the films, all the characteristic bands
228 of CMC-based materials were present. The broad absorption bands at around 3230 cm^{-1} are attributed
229 to the -OH stretching, while at 2880 cm^{-1} corresponds to the stretching of C-H in the cellulose
230 structure (Kumar et al., 2020). The sharp absorption bands at 1585 and 1410 cm^{-1} are due to the
231 asymmetric and symmetric stretching of the -COO^- groups (Hebeish, Hashem, Abd El-Hady &
232 Sharaf, 2013). In addition, the band at 1320 cm^{-1} is due to the symmetrical deformations of CH_2
233 attached to the carboxyl groups. The bands between 1000 and 1200 cm^{-1} are attributed to the -C-O-
234 stretching on the polysaccharide skeleton. A similar pattern was observed for the BERB-loaded film
235 with evidence of the most intense polyphenol absorptions (i.e., the peak at 1506 cm^{-1} and the shoulder
236 at 1103 cm^{-1}).



237

238 **Fig. 1. FT-IR and TGA characterizations.** FT-IR/ATR spectra (A), TGA (B) and DTGA (in the
 239 inset) of HGsx film (black line), BERB (green line) and HGsx-BERB film (red line); **absorption load-**
 240 **free and under load (C) of HGsx and HGsx-BERB films after 1h in PBS and in saline solution.**
 241

242 TGA analysis of BERB, reported in Fig. 1(B) highlights a first thermal event related to the
 243 evaporation of water and/or volatiles up to 100°C (5.6%). Successively, three thermal events, at 199,
 244 392 and 640°C, with weight losses of 22, 28 and 36%, respectively, are observed. The first one is
 245 relevant to the drug melting, the second to the BERB decomposition and the third one can be ascribed
 246 to the destruction of the BERB skeleton structure (Gao, Fan, Song, Zhang & Liu, 2020).

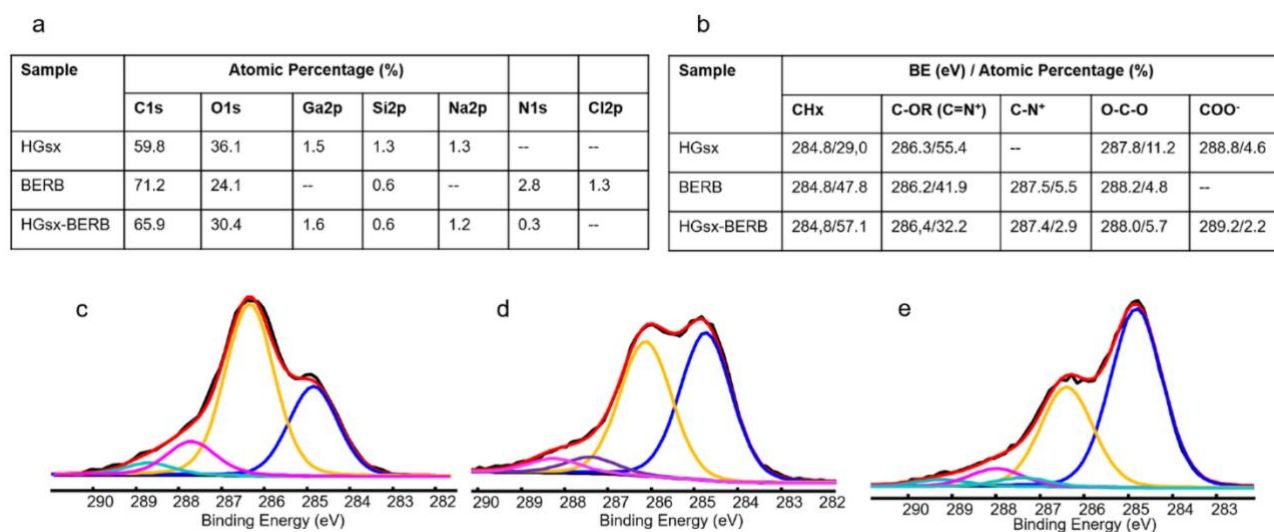
247 For polysaccharide-based hydrogels, even reported in Fig. 1(B), the first stage is related to water loss
 248 and it can be separated in two steps: removal of free water (below 110°C) and vaporization of bound
 249 water tightly attached to polymer matrix (below 240°C). The second stage can be ascribed to the
 250 decarboxylation of CMCNa with elimination of CO₂ (Lin et al., 2013) and decomposition of cellulosic
 251 materials. The third one to the decomposition of the other organic residues of CMCNa, HEC and
 252 modified starch, as well as to the other non-cellulosic materials present in the hydrogel composition
 253 (Oun & Rhim, 2015). It can be observed a slight anticipation of the second degradation step (due to

254 the overlapping of the BERB and polymer degradation steps), as well as a flattening of the third one
255 for the hydrogel sample loaded with BERB, which can be ascribed to the presence of the active
256 compound, as it can be better visualized by the DTGA reported in the inset of Fig. 1(B). The recorded
257 residues at 800°C are 0, 20.3 and 12.6% for BERB, HGsx and HGsx-BERB samples, respectively.
258 The decrease in the residue value for the BERB-loaded film is an indication of the presence of the
259 active principle. Overall, the HGsx-BERB films resulted highly stable from a thermal point of view.
260 The developed hydrogels are polysaccharide based hydrophilic networks able to absorb and retain
261 high liquid amounts. In a previous work (Cometa et al., 2021), the swelling kinetics up to 24 h in PBS
262 were monitored both for the bare and for the BERB-loaded films. Here, we investigated the ability of
263 the hydrogels to uptake aqueous fluids (i.e., PBS and saline solution) both in free conditions and when
264 being submitted to mechanical action (compression), simulating a pressure exerted by a part of the
265 body on the hydrogel film. In Figure 1(C), the results, in terms of grams of absorbed fluid over grams
266 of dry hydrogel, as well as in free and under load conditions, were reported for HGsx and HGsx-
267 BERB samples. The requirement for a wound dressing device is that the it must maintain its shape,
268 remain soft, wet and able to absorb fluids, also under the stress of an external pressure. In this respect,
269 considerable fluid uptake amounts in load-free conditions (ranging in 60-73 g/g), were recorded both
270 in PBS and in saline solution, independently from the presence of BERB. More interestingly, in the
271 experimental setup carried out under pressure, high fluid amounts were still absorbed (in the range
272 27-34 g/g), evidencing an intriguing gel strength of the carbohydrate-based films also in their swollen
273 state.

274 To obtain information on the surface composition and on possible interactions between the film and
275 the active ingredient, XPS analysis was performed on both pure and BERB-loaded film, as well as
276 on the pure polyphenolic extract. The elemental composition of all the samples is reported in Fig.
277 2(A); the loading of BERB within the film is confirmed by the presence of the N1s signal.

278 Additional information could be obtained by the C1s curve fittings, reported in Figs. 2(B-E). In the
279 case of HGsx film, the C1s signal was fitted by four peaks: the first one, relevant to hydrocarbon

280 contamination (CH_x, fixed at 284.8 eV); the second one, typical of alcoholic or ether groups,
 281 predominant in carbohydrates (C-OH(R), 286.3±0.2 eV); the third one, relevant to the hemiacetal
 282 group (O-C-O, 287.8±0.2 eV); the last one, typical of carboxylate groups of the carboxymethyl
 283 moieties (COOH(R), 288.8±0.2 eV). In the case of BERB, beyond the aliphatic and aromatic carbons
 284 (CH_x, fixed at 284.8 eV), an important peak falling at 286.2±0.2 eV is ascribable both to C-OR and
 285 C=N⁺ present in the chemical formula of berberine (Trapani et al., 2011). Moreover, an additional
 286 peak falling at 287.5±0.2 eV is related to the C-N⁺ moiety. Finally, the last peak is due to the O-C-O
 287 group, falling at 288.2±0.2 eV. In the BERB-loaded film, all the peaks relevant both to the hydrogel
 288 and to BERB are evident. In addition, a +0.4 eV shift of the carboxylate groups was recorded. It could
 289 be hypothesized that an interaction between the COO⁻ groups of the hydrogel and the N⁺ of BERB
 290 occurred.



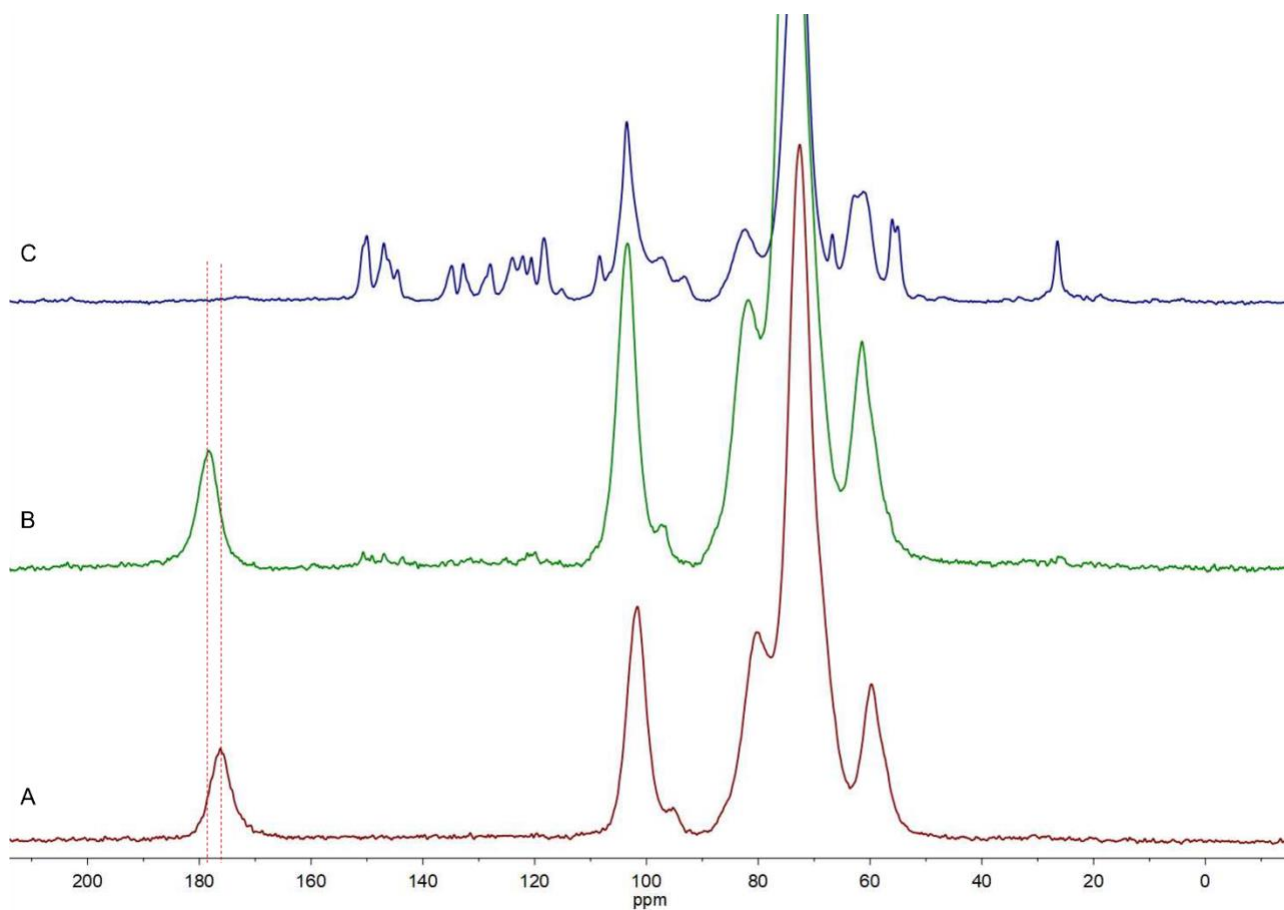
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292 **Fig. 2.** XPS surface composition (A) and C1s peaks attributions (B) relevant to HGsx (C), BERB (D)
 293 and HGsx-BERB (E).

294

295 Figure 3 shows the ¹H-¹³C CP MAS spectra of HGsx, HGsx-BERB and commercial berberine. In the
 296 spectrum of HGsx, intense signals of carboxymethylcellulose are present at δ 176.2 (carboxylic C⁸,
 297 see Scheme 1 for numbering), δ 101.7 (C¹), δ 80.1 (C⁴), δ 72.5 (C², C³, C⁵, C⁷)[in note: this signal
 298 contains also a contribution by C⁹ of HEC, see Scheme 1 for numbering] and δ 59.5 (C⁶)[in note: this
 299 signal contains also a contribution by C¹⁰ of HEC, see Scheme 1 for numbering]. While the signal at

300 δ 176.2 is specific for CMCNa, the remaining signals are also due to the carbons of HEC present in
301 the film.[ref. Donatella Capitani, Matteo Alessandro Del Nobile, Giuseppe Mensitieri, Alessandro
302 Sannino, Anna Laura Segre, *Macromolecules* **2000**, 33, 430-437] The ^1H - ^{13}C CP MAS spectrum of
303 HGsx-BERB shows signals of CMC/HEC at slightly different chemical shift, as a consequence of an
304 interaction of the cellulosic materials with berberine. The highest difference in chemical was
305 registered for the carboxyl carbon signal (δ 178.3), confirming the interaction between the COO^-
306 groups of the hydrogel and the N^+ of BERB, anticipated by XPS study. For HGsx-BERB, the
307 chemical shifts of the anomeric carbons (C^1), of C^4 , and of C^6 (cellulosic backbone) fell at δ 103.4, δ
308 81.8 and δ 61.4 while C^2 , C^3 , C^5 , C^7 gave rise to a broad intense peak at δ 74.2. Weak signals due to
309 berberine[ref. MING-JU HUANG, KEN S. LEE, SHARON J. HURLEY, *International Journal of*
310 *Quantum Chemistry*, Vol 105, 396–409 (2005)] are also visible in the spectrum of HGsx-BERB at δ
311 from 153 to 116 ppm (aromatic carbons) and at δ 25.9 (C^5 , see Scheme 1). The ^1H - ^{13}C CP MAS
312 spectra of CMCNa and HEC are reported in the Supplementary Materials.
313

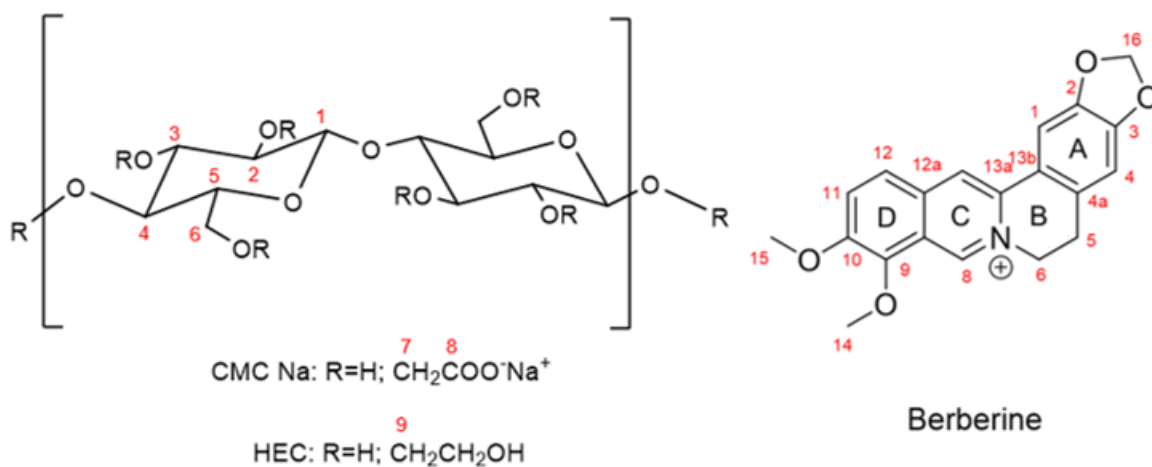


314

315 Figure 3. ^1H - ^{13}C CP MAS spectra of HGsx (A), HGsx-BERB (B) and commercial berberine (C). T =

316 298 K, spin rate = 10 kHz for all experiments.

317



318

319 Scheme 1. Numbering used for ^{13}C attributions of CMCNa, HEC and berberine.

320

321 SEM morphological investigations have been performed on both HGsx and HGsx-BERB. The
322 obtained results have been shown in the Supplementary Material.

323 Moreover, *in vitro* antioxidant activity of BERB and HGsx-BERB by DPPH and ABTS assays as
324 well as hydrogel enzymatic biodegradation by lysozyme have been reported in the Supplementary
325 Material.

326 3.2 Evaluation of oxidative stress in keratinocytes and fibroblasts

327 3.2.1 Cell viability

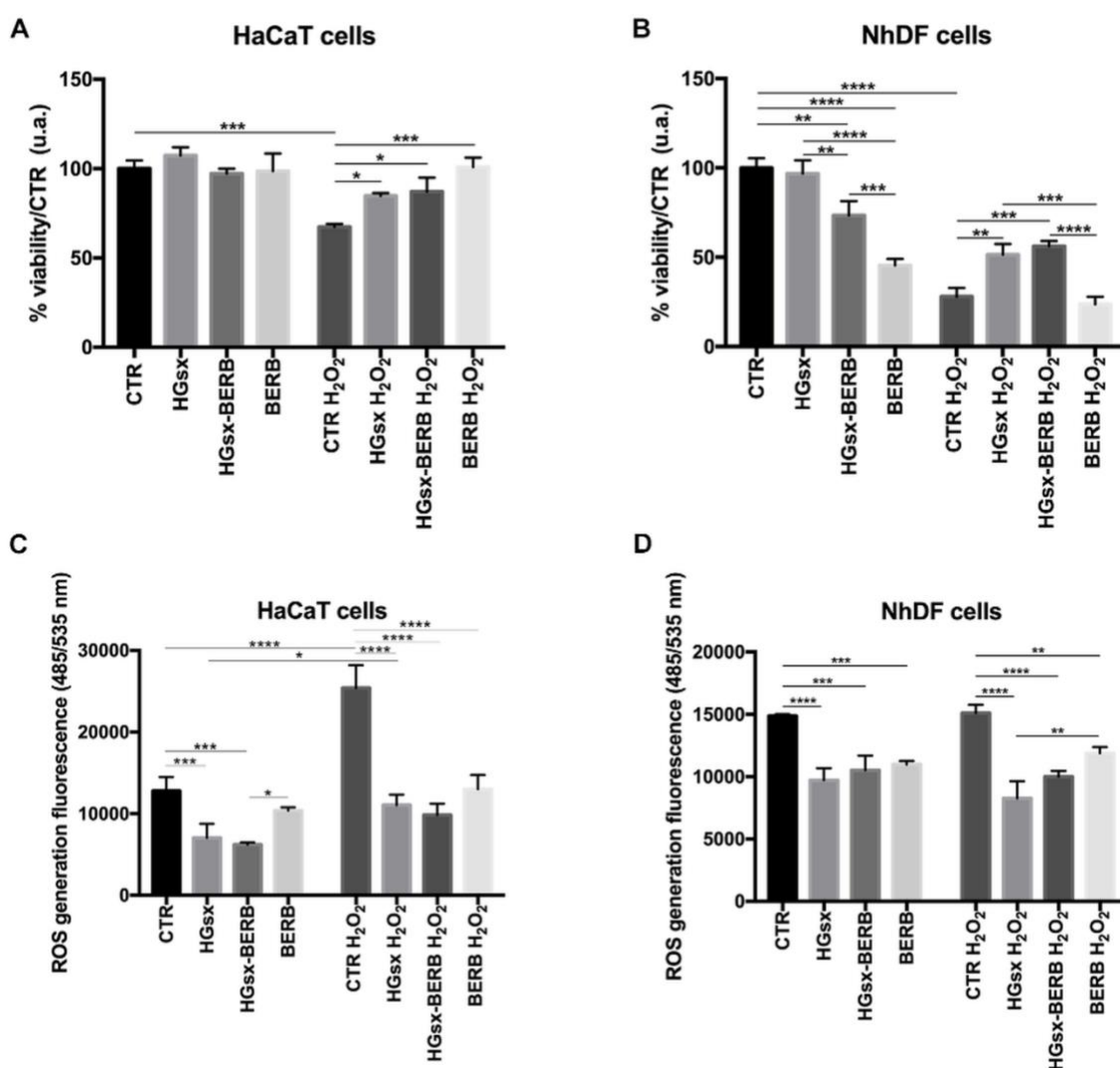
328 To investigate the effect of our systems on skin cells under normal and oxidative conditions, we
329 evaluated viability on both HaCaT and NhDF at first.

330 Concerning HaCaT, cell viability at 48 h was not affected by HGsx, HGsx-BERB or BERB
331 conditioned media and no significant differences were found among the groups. The oxidative
332 condition caused the decrease of viability (59%) in control cells compared to the not-stressed ones,
333 whilst the cells treated with HGsx, HGsx-BERB and BERB preserved good viability values, ranging
334 between 75% and 89% (Fig. 3A). After 48 h, NhDF treated with HGsx-BERB and BERB showed a
335 reduction in viability compared to the control and HGsx groups, even if the HGsx-BERB group
336 maintained good viability (about 75%). Under oxidative stress conditions, not treated and BERB-
337 treated fibroblasts underwent a significant reduction in viability (28% CTR; 24% BERB). Conversely,
338 the cells conditioned with HGsx and HGsx-BERB showed better viability values than control ones,
339 suggesting a tackle against oxidative damages (Fig. 3B).

340 Overall, these data confirm the antioxidant capacity of carboxymethyl cellulose (Fan L. et al., 2014)
341 and suggest that the proposed association could be a useful tool for chronic wound management.

342 Whilst in acute wounds the levels of inflammatory cytokines, proteases, and reactive oxygen species
343 (ROS) are low, in chronic wounds, the amounts of these molecules raise, with consequent increase
344 of cell apoptosis and senescence, degradation of the tissue matrix, and impaired healing.

345 In particular, ROS are important for neutrophils and macrophages activities in acute wounds, but
 346 excessive ROS amount, as in chronic wounds, accelerates oxidative stress, inflammation and cellular
 347 damage (Morton et al., 2016; Wang et al., 2017; Cano Sanchez et al., 2018). Our results suggested
 348 that, in normal conditions, HGsx, HGsx-BERB and BERB did not affect HaCaT viability and have a
 349 limited effect on NhDF. The developed HGsx-BERB, taking advantage from its constituents, elicited
 350 a protective effect on both keratinocytes and fibroblasts subjected to H₂O₂ stress, supporting cell
 351 viability.
 352



353

354 **Fig. 3. Cell viability and ROS production in HaCaT and NhDF after 48 h.** Histograms
 355 representing viability percentage in HaCaT (A) and NhDF (B), with or without oxidative stress

356 induction. Histograms showing ROS production in HaCaT (C) and NhDF (D), with or without
357 oxidative stress induction. (* $p \leq 0.05$; ** $p \leq 0.01$; *** $p \leq 0.001$; **** $p \leq 0.0001$).
358

359 *3.2.2 ROS production*

360 In HaCaT, HGsx and HGsx-BERB conditioned media caused a slight, but significant, reduction in
361 ROS production in normal conditions. After H₂O₂ treatment, cells in the control group increased their
362 ROS expression, whereas cells of HGsx, HGsx-BERB, and BERB groups maintained lower ROS
363 levels (Fig. 3C). We noted the same trend also in NhDF, where both HGsx and HGsx-BERB
364 conditioned media were able to reduce ROS amounts comparing to the control group in both normal
365 and oxidative environments (Fig. 3D).

366 In contrast to acute wounds, where the ROS levels are low and contribute to the beginning and support
367 of injury healing, a prolonged inflammation phase causing impaired wound healing is partially
368 connected to the presence of high ROS amounts (Cano Sanchez et al., 2018).

369 Our data showed that HGsx, HGsx-BERB and BERB treatments could be able to reduce ROS levels
370 in both keratinocytes and fibroblasts, contributing to contrast tissue damage at the wound site caused
371 by oxidative molecules. The control, but not the complete clearance, of ROS production in skin cells,
372 could hinder the chronicity of the inflammatory stage and promote the prosecution of the wound
373 healing process.

374 Once assessed the oxidative state of our cells, we went in-depth on the analysis of the effect of our
375 materials only in stressed conditions.

376 *3.2.3 Effect of HGsx, HGsx-BERB and BERB on oxidative stress markers*

377 SOD2 is one of the major contributors as an antioxidant agent and promotes cell migration and
378 proliferation in wound healing. It has been already shown that diminished SOD2 activity is correlated
379 to diabetes, a disorder often associated with non-healing wounds (Bellot et al., 2019).

380 Overall, we observed that SOD2 levels were maintained high in both keratinocytes and fibroblasts
381 treated with HGsx and HGsx-BERB after oxidative stress induction (Fig. 4). In HaCaT treated with

382 HGsx-BERB, SOD2 levels increased compared to all the other groups. (Fig. 4A,B) Control NhDF
383 showed low SOD2 levels in oxidative conditions. Cells treated with HGsx and HGsx-BERB
384 conditioned medium expressed high SOD2 levels after oxidative stimulation, whilst the BERB group
385 showed a small reduction in SOD2 amount after H₂O₂ treatment. (Fig. 4C,D) Therefore, the polymeric
386 matrix of the film is as important as BERB, so their combination exploits the potential of both,
387 sometimes highlighting how HGsx enhances BERB bioactive properties.

388 iNOS is an enzyme strictly related to acute inflammation: it produces Nitric Oxide (NO), which plays
389 a central role in inflammatory and proliferative stages during wound healing (Wu et al., 2021).
390 Excessive amounts of NO and iNOS have been detected in the wounds of diabetic patients, within
391 the dermis, suggesting their involvement in inflammation chronicity and tissue damage (Wang et al.,
392 2017; Saidian et al., 2019).

393 Concerning HaCaT cells, low iNOS expression was observed in HGsx-BERB and BERB groups, and
394 the lowest expression was found in HGsx-BERB cells. (Fig. 4A,B) NhDF cells showed decreased
395 iNOS expression in HGsx, HGsx-BERB and BERB treated cells compared to control (Fig. 4C,D).

396 Taken together, these results suggested that HGsx and HGsx-BERB could be able to modulate the
397 expression of proteins involved in oxidative stress response in skin cells. We suggest that HGsx and
398 HGsx-BERB systems could stimulate the expression of anti-oxidative enzymes, while reducing the
399 number of oxidative ones, thus contrasting chronicity in wounds.

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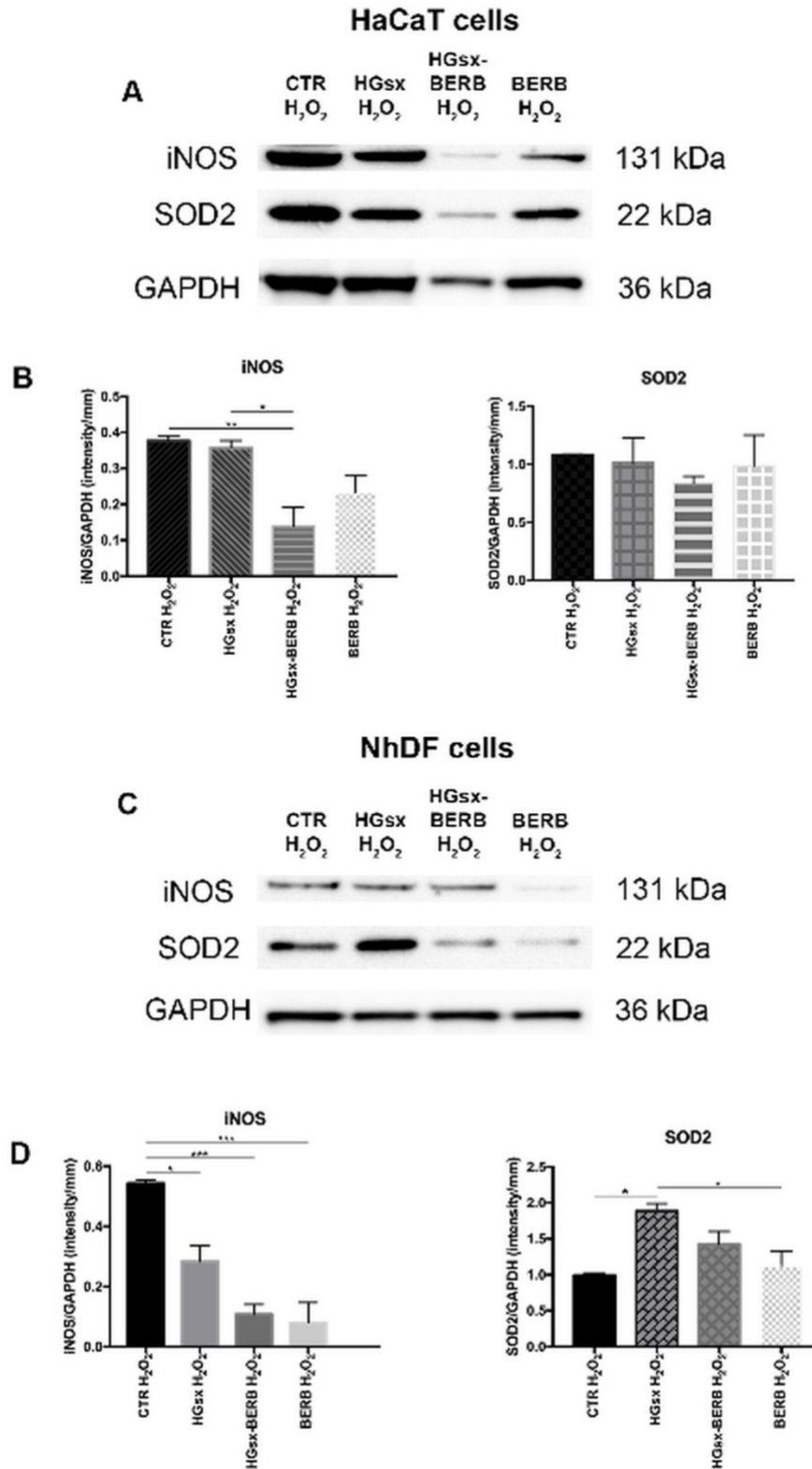
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410 **Fig. 4. Expression of oxidative stress markers in HaCaT and NhDF.** (A) Representative blots and
 411 (B) histograms for iNOS and SOD2 in HaCaT. (C) Representative blots and (D) histograms for iNOS
 412 and SOD2 in NhDF. (* p < 0.05; ** p < 0.01).

413

414 3.3 Wound healing evaluation

415 3.3.1 Co-localization and morphological evaluations

416 E-cadherin is a protein located in adherent junctions (AJs) between keratinocytes. Its interaction with
417 the other AJ proteins and cytoskeletal actin allows the mechanical coupling of epithelial cells within
418 the tissue, providing the potential for intercellular communication (Biswas et al., 2016).

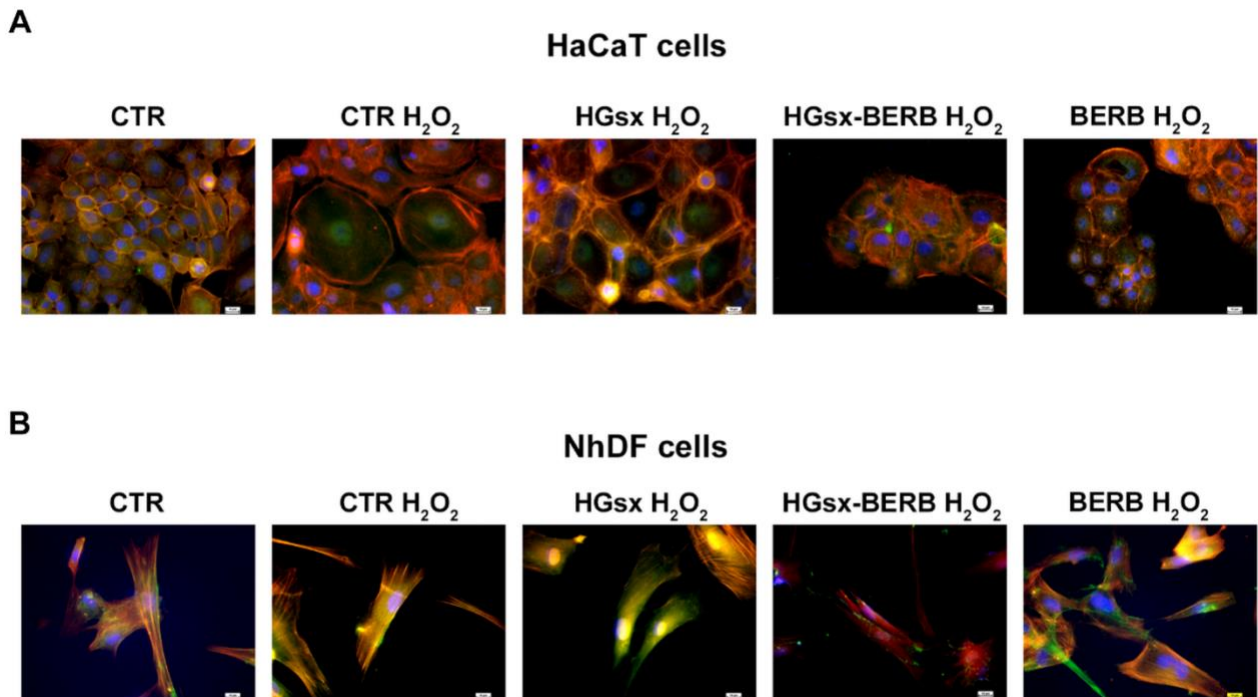
419 E-cadherin/F-actin colocalization highlighted cell-cell junctions in untreated HaCaT cells, suggesting
420 the integrity of the epithelial sheet. After oxidative stress, control cells exhibited an altered
421 morphology with size increase, and a decrease of both E-cadherin and F-actin staining, suggesting a
422 loss of intercellular junctions. Conversely, cells treated with HGsx and HGsx-BERB conditioned
423 media presented stress fibres, normal morphology, and E-cadherin/F-actin colocalization were
424 reestablished, suggesting the potential of these materials in the restoring of cell-cell junctions. In
425 stressed cells treated with BERB, altered cell morphology and loss of E-cadherin/F-actin
426 colocalization were still observed (Fig. 5A).

427 Fibronectin is a normal constituent of extracellular matrix (ECM) in the dermis and regulates cell-
428 matrix interactions by membrane located integrins. This bond, involving also cytoskeletal actin to
429 form the complex actin-integrin-fibronectin, influences cytoskeleton disposition and stress fibres
430 assembly, affecting cell behavior and migration (Bloom et al., 1999). Fibronectin synthesis and
431 deposition by fibroblasts are fundamental for ECM replacement and cell migration through the wound
432 site (Liarte et al., 2020).

433 Unstressed cells showed spindle-shaped morphology, Fibronectin/F-actin colocalization in some
434 parts, and the production of extracellular Fibronectin. After oxidative stress, a high grade of
435 Fibronectin/F-actin colocalization, a decrease of extracellular staining, and an increase of intracellular
436 stain for fibronectin were observed in fibroblasts of both control and HGsx groups. These alterations
437 are comparable to those in the non-healing dermis. With HGsx-BERB treatment, NhDF cells restored
438 their morphology, lost Fibronectin/F-actin colocalization, and highlighted a slight production of
439 extracellular Fibronectin (Fig. 5B). This suggests that, in oxidative stress conditions, HGsx-BERB

440 treatment could stimulate fibroblasts to reestablish cell spindle-shaped morphology and the
441 production of this extracellular matrix protein.

442



443

444 **Fig. 5. Double-labelling immunofluorescence on HaCaT and NhDF.** (A) Representative images of E-cadherin (green) and F-actin (red) staining and their co-localization (yellow) in HaCaT. (B)
445 of E-cadherin (green) and F-actin (red) staining and their co-localization (yellow) in HaCaT. (B)
446 Representative images of Fibronectin (green) and F-actin (red) staining and their co-localization
447 (yellow) in NhDF.

448

449 *3.3.2 Expression of wound healing markers*

450 To better define the role of HGsx and HGsx-BERB systems in wound healing, we evaluated in
451 keratinocytes and/or fibroblasts the expression of proteins exerting different functions in the
452 development/maintenance of wound chronicity.

453 NFkB p65 is a protein associated with inflammation, with a key role in the wound healing process
454 (Liu et al., 2017). In the healing of an acute injury, during the inflammatory stage, NFkB p65
455 activation promotes the recovery, supporting cell proliferation and adhesion, and ROS clearance. In
456 the subsequent healing phases, NFkB p65 is inactivated and its inhibition reduces keratinocytes
457 proliferation, induces their differentiation, and promotes re-organization of junctions. In fibroblasts,

458 the deactivation of NFkB p65 reduces cell growth and migration. The impossibility to switch off the
459 NFkB p65 activation extends the inflammation length, contributing to the wound chronicity (Liu et
460 al., 2017; Wang et al., 2017; Cano Sanchez et al., 2018). HaCaT cultured with normal and HGsx-
461 conditioned media presented higher NFkB p65 expression compared to HGsx-BERB treated cells,
462 which exhibited the lowest protein levels, and BERB cells. (Fig. 6A,B) In NhDF, the NFkB p65
463 amount decreased in all the treated groups, compared to the controls. (Fig. 6C,D)

464 In wound healing, pro-inflammatory cytokines induce IDO1 expression in epithelial cells, and its
465 levels increase at the wound site during the inflammatory stage: persisting high IDO1 concentrations
466 after the inflammation phase delays wound healing (Ito et al., 2015). In HaCaT, IDO1 levels were
467 visibly reduced after HGsx-BERB treatment, whilst its expression remained high in HGsx and BERB
468 groups as in the control ones. (Fig. 6A,B)

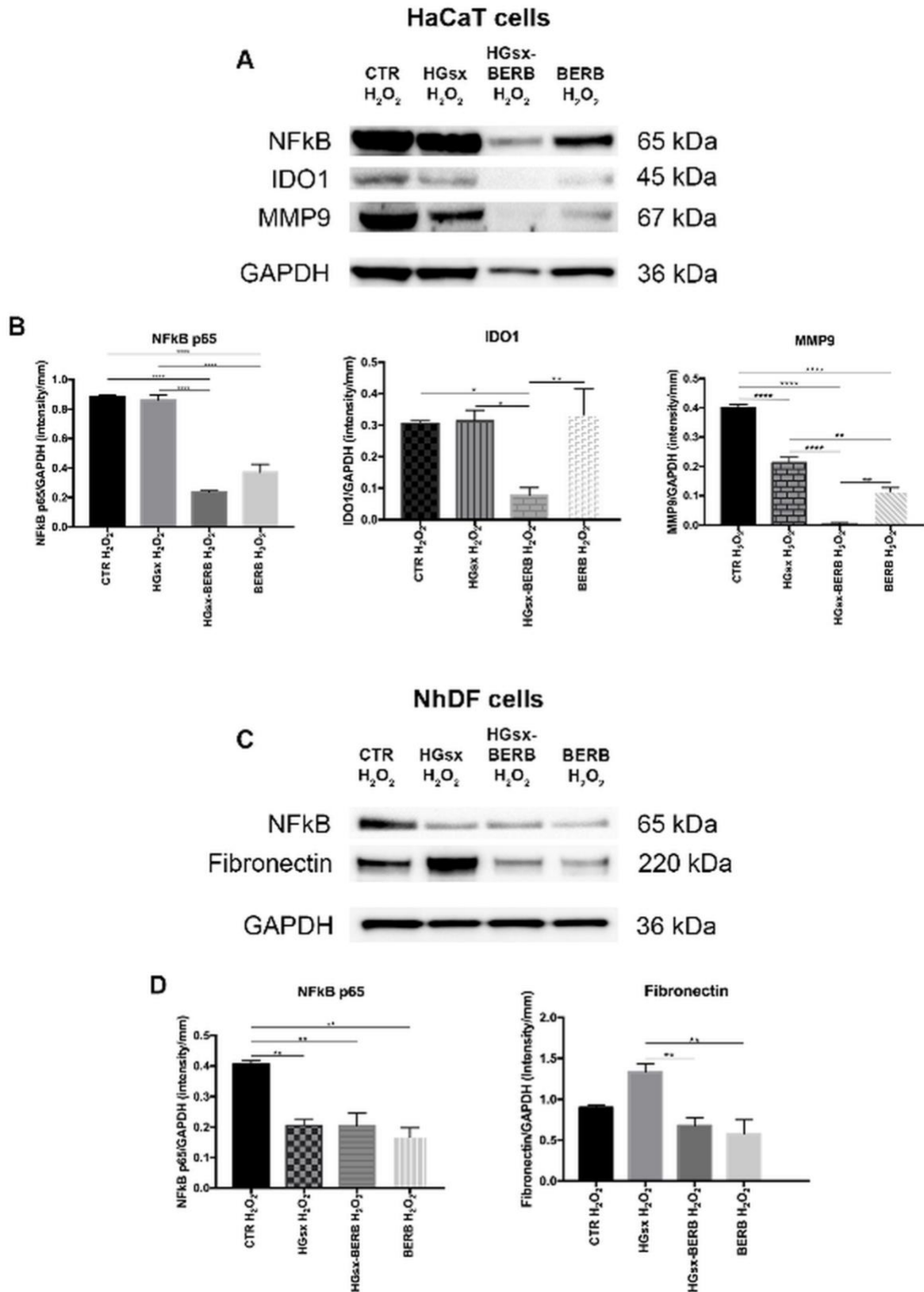
469 After 2-10 days from injury, keratinocytes increase MMP9 expression, temporarily digesting ECM
470 and migrating to the re-epithelialization site. In chronic wounds, high levels of MMP9 in
471 keratinocytes damage the ECM, causing the production of inflammatory molecules that delay the
472 healing process. MMP9 inhibition helps the injury restoration (Caley et al., 2015; Sabino et al., 2015;
473 Lindley et al., 2016; Peng et al., 2021). In HaCaT, a substantial reduction of MMP9 protein was
474 detected in HGsx, HGsx-BERB and BERB cells after H₂O₂ treatment. (Fig. 6A,B)

475 As stated before, in wound healing, Fibronectin is the main component of primitive ECM, and it is
476 involved in cell-matrix interactions, fibrin clot stabilization, formation of granulation tissue, and cell
477 migration. In chronic wounds, Fibronectin mRNA levels are significantly upregulated in the dermis.
478 The concomitant excessive proteolytic Fibronectin degradation by several enzymes as
479 metalloproteases (e.g., MMP9), causes an imbalance in ECM quality, with the presence of several
480 Fibronectin fragments. (Liarte et al., 2020; Patten et al., 2021).

481 In the oxidant environment, we observe a high expression of Fibronectin in HGsx treated cells in
482 comparison to the control culture. On the contrary, the Fibronectin levels in HGsx-BERB treated cells

483 were superimposable to controls, even if its amount was mainly extracellular as suggested by
484 immunofluorescence observation. (Fig. 6C,D)

485 Overall, HGsx-BERB treatment seems able to modulate the expression of several proteins
486 fundamental in the self-renewing of the inflammatory stage in wound healing. Cells treated with this
487 berberine-loaded hydrogel decreased NFkB and IDO1 expression in oxidative stress conditions,
488 reducing the inflammatory contribution of these molecules to the non-healing mechanism. Moreover,
489 under oxidative conditions, HGsx-BERB contrasted MMP9 expression in keratinocytes, thus
490 preventing excessive ECM digestion and maintaining adequate Fibronectin extracellular levels in
491 fibroblasts. This suggests that this hydrogel could act on both cell types supporting the healing
492 process.



493

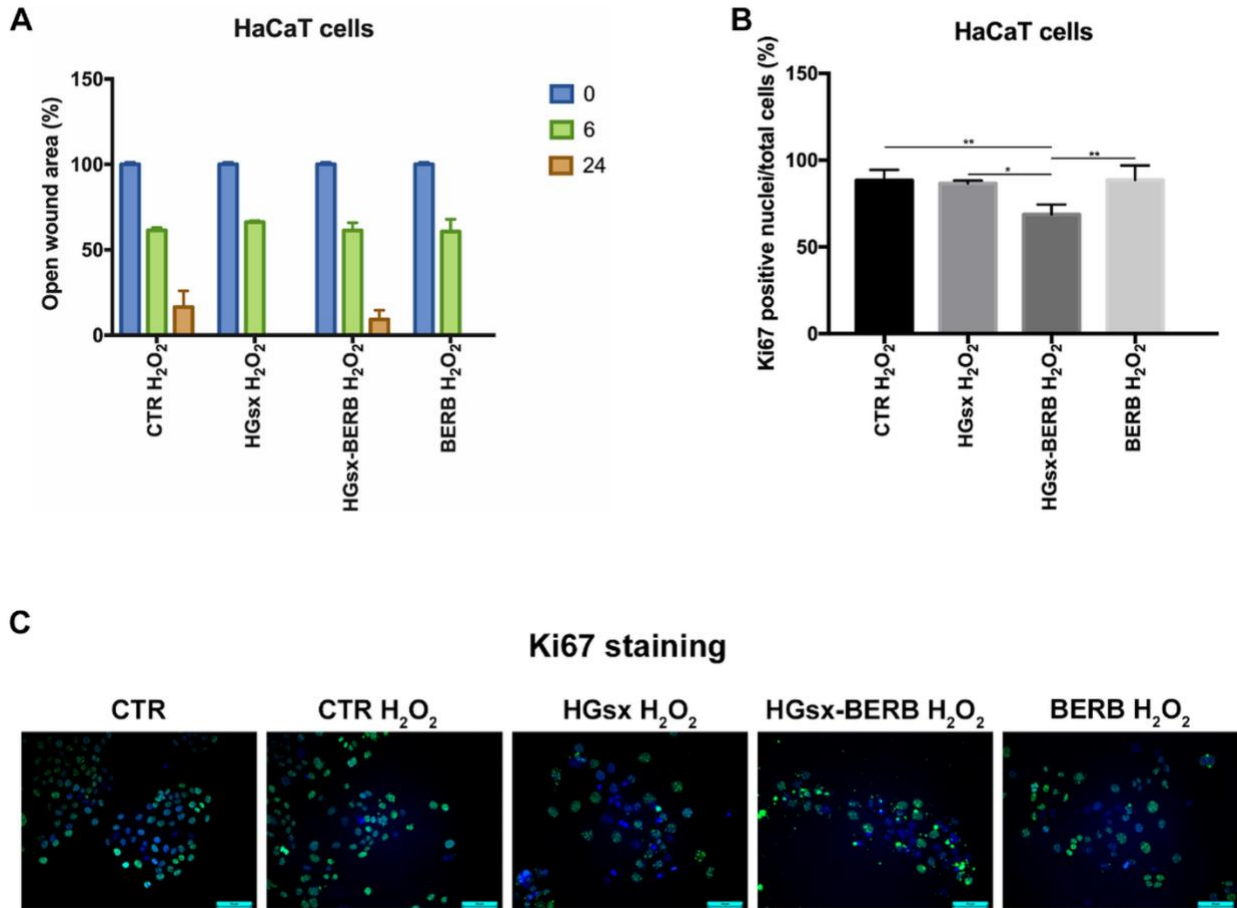
494 **Fig. 6. Expression of wound healing markers in HaCaT and NhDF.** (A) Representative blots and
 495 (B) histograms for NFκB p65, IDO1 and MMP9 expression in HaCaT. (C) Representative blots and
 496 (D) histograms for NFκB p65 and Fibronectin in NhDF. (* p≤ 0.05; ** p≤ 0.01; *** p≤ 0.001; ****
 497 p≤0.0001)

498

499 *3.4 Migration and proliferation in HaCaT cells*

500 Wound healing assay, performed to evaluate migratory capacity in stressed conditions, showed the
501 presence of a similar gap among the groups at 6 hours from wound generation. At 24 hours from
502 wound generation, untreated HaCaT showed wounds not completely closed, HGsx and BERB groups
503 showed no gaps, whilst HGsx-BERB did not completely close the wound, although with no
504 significant differences (Fig. 7A).

505 One of the side effects of wound healing is related to cell proliferation. In normal skin, or at the edge
506 of acute wounds, proliferative keratinocytes are restricted at the basal layer, conversely in chronic
507 wounds keratinocytes are mitotically active also in the upper layers. This results in parakeratosis and
508 hyperkeratosis. Furthermore, the hyperproliferative epidermis fails to re-epithelialize and restore the
509 skin barrier (Pastar et al., 2013). In this respect, we also evaluated the proliferative rate in HaCaT
510 cells during stress conditions, highlighting that after H₂O₂ treatment, HGsx-BERB conditioned cells
511 showed a slight decrease in Ki67 expression (62%) compared to the other groups (Fig. 7B,C).



512

513 **Fig. 7. HaCaT migration and proliferation.** (A) Percentage of wound area evaluation after 6 and
 514 24 hours from the induced wound. (B) Histogram representing the percentage of Ki67 positive nuclei
 515 and (C) representative images of Ki67 staining (* $p < 0.05$; ** $p < 0.01$).

516 HGsx-BERB did not affect migratory behavior in HaCaT with potential beneficial effects on
 517 keratinocytes towards re-epithelialization and is capable to control their proliferation in an oxidative
 518 environment, as in the case of chronic wounds.

519

520 3. Conclusions

521 In conclusion, HGsx and HGsx-BERB could be helpful to prevent permanent oxidative stress
 522 consequences at the chronic wound site. They display effects on viability preservation and ROS
 523 reduction, together with the modulation of antioxidant and oxidative enzymes, on both keratinocytes
 524 and fibroblasts. Furthermore, after oxidative stress, HGsx-BERB treatment supported the restoration
 525 of morphology in HaCaT and NhDF cells, reestablishment of cell-cell junctions in keratinocytes and
 526 production of extracellular Fibronectin in fibroblasts. The moderate expression of inflammatory

527 mediators (NFkB and IDO1), and degradative enzyme (MMP9) in HGsx-BERB treated cells,
528 suggests the potential of this hydrogel in the escape from the chronic inflammatory loop. Moreover,
529 we showed that HGsx-BERB could control keratinocytes proliferation without affecting migration,
530 contrasting hyperkeratosis that preclude wound re-epithelialization.

531 Overall, the hypothesis that the addition of berberine to CMC-based hydrogel can enhance the
532 material wound healing properties was confirmed. Indeed, this study demonstrated that this composite
533 material is capable to control oxidative stress and inflammation in skin cells, and keratinocytes
534 hyperproliferation, three typical hallmarks that prevent the injury restoration, suggesting its potential
535 use for topical application in chronic wounds to promote the healing process.

536

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543

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