

1 **Title:** Aquaporins and male (in)fertility

2 **Summary sentence:** Aquaporins, **membrane channels** widely expressed throughout the male
3 reproductive tract, **have roles in fluid balance and** production of healthy and competent
4 spermatozoa.

5 **Keywords:** Aquaporin; Male Reproduction; Spermatozoa; Testis; Water Transport.

6

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21 **Abstract**

22 Aquaporins (AQPs) are a family of transmembrane channel proteins responsible not only for the
23 transport of water but also small uncharged molecules. The discovery of AQPs revolutionized the
24 study of physiological water transport and, currently, AQPs are regarded as **pivotal** for both, tissue
25 and cellular fluid homeostasis. Thirteen distinct isoforms have been identified in mammals
26 (AQP0-12), being **roughly** classified into three main groups based on their homology for
27 **substrates** and biophysical properties **of molecular transport**. Throughout the male reproductive
28 tract, AQPs greatly enhance water transport across all biological barriers, providing a constant
29 and expeditious movement of water and playing an active role in the regulation of water and ion
30 homeostasis. This regulation of fluids is particularly important in the male reproductive tract,
31 where proper fluid composition is directly linked with a healthy and competent spermatozoa
32 production. For instance, in the testis, fluid regulation is essential for spermatogenesis and
33 posterior spermatozoa transport into the epididymal ducts, while maintaining proper ionic
34 conditions for their maturation and storage. On the other hand, alterations in the expression pattern
35 of AQPs or their dysfunction is linked with male subfertility and infertility. Thus, AQPs are of
36 **considerable** importance for male reproductive health. In this review, we will discuss the most
37 recent data on the expression and function of the different AQPs isoforms in the human, mouse
38 and rat male reproductive tract. In addition, the regulation of AQPs expression and dysfunction
39 linked with male infertility will be discussed **along with their potential pharmacological value**.

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49 1. Introduction

50 Aquaporins (AQPs) are a family of transmembrane channel proteins responsible for the transport
51 of water and a series of small uncharged molecules such as glycerol [1], urea [2], ammonia [3],
52 hydrogen peroxide [4], some metalloids [5], small metabolites, like lactate and certain gases
53 across biological membranes [6]. The discovery of AQPs in 1992, by Peter Agre and
54 collaborators, revolutionized the study of cellular water transport. For the first time, a protein
55 acting as a selective water pore was identified and characterized, not only in mammals but also
56 in plants (Maurel et al, EMBO J 1993_PMD 8508761) and bacteria (Calamita et al, JBC
57 1995_PMD 7493926). Meritoriously, Agre was laureated in 2003 with the Nobel Prize in
58 Chemistry for his detailed study of the structure and function of AQPs [7]. Since then, thirteen
59 distinct isoforms have been identified (AQP0-12) in mammals and grossly (Pedro this
60 classification is by now outdated as it does not suit the real transport functions of the AQPs)
61 classified into three main groups based on their homology and biophysical properties (Figure 1).
62 Interestingly, all AQPs are tetramers of four pores, where each monomer establishes an
63 independent pore. However, this tetrameric structure also assembles a fifth central pore, which is
64 described with hydrophobic nature and whose size and biophysical properties vary among groups
65 and even among isoforms of the same group [8]. The first group is constituted by the orthodox
66 AQPs. Seven AQPs belong in the orthodox group: AQP0, AQP1, AQP2, AQP4, AQP5, AQP6,
67 and AQP8. Orthodox AQPs are described as selective to water molecules, although there are few
68 exceptions. For instance, AQP6 was reported to be involved in the transport of Cl⁻ under acidic
69 conditions [9] and AQP8 has a role in the transport of ammonia and hydrogen peroxide, which

70 justify the designation of ammoniaporin or peroxiporin [10, 11]. The second group concerns to
71 aquaglyceroporins and includes four homologues: AQP3, AQP7, AQP9, and AQP10.
72 Aquaglyceroporins have a bigger pore size [12] and are permeable not only to water but also to
73 small uncharged solutes, such as glycerol, urea, or hydrogen peroxide [13, 14]. The last group is
74 constituted by the **so-called** unorthodox AQPs, AQP11 and AQP12, also known as
75 supraaquaporins. Superaquaporins present low homology in comparison to orthodox AQPs and
76 aquaglyceroporins [15]. Moreover, supraaquaporins are **often** localized in the membrane of
77 intracellular organelles. Thus, it has been suggested that the role of AQP11 and AQP12 is mainly
78 linked with intracellular water and glycerol transport, regulating organelles volume and
79 homeostasis [16-18]. **Further work is needed to fully understand the properties and biological**
80 **relevance of AQP11 and AQP12.**

81 The transport of water through biological membranes is a vital process in cellular physiology, not
82 only for tissue fluid homeostasis but also for intracellular processes. For instance, the regulation
83 of water homeostasis is particularly important in the male reproductive tract for a healthy and
84 competent spermatozoa production [19, 20]. In the testis, fluid regulation is essential for
85 spermatogenesis and posterior transport of spermatozoa into the epididymal ducts, while
86 maintaining proper conditions for their maturation. In the seminiferous tubules, fluid homeostasis
87 is mainly regulated by Sertoli cells and partly by differentiating germ cells [21]. Indeed, it is
88 estimated that 70% of cell volume is osmotically eliminated from the cytoplasm of spermatids
89 during their differentiation into spermatozoa [22]. Subsequently, the maturation, concentration
90 and storage of spermatozoa are associated with the secretion and absorption of fluid [23-25]. In
91 this sense, AQPs greatly enhance water transport across all biological barriers, including in the
92 male reproductive tract, while providing a constant and expeditious movement of water across
93 tight junction barriers and playing an active role in the epithelial regulation of water homeostasis
94 [26]. In this review, we will discuss the most recent data concerning the expression and function
95 of the different AQPs isoforms in the human and rodent (mouse and rat) male reproductive tract.

96 In addition, the regulation of their expression and the association with male (in)fertility will be
97 discussed.

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99 **2. Aquaporins expression and functions throughout the male reproductive tract**

100 AQPs are widely expressed in the human male reproductive tract (Table 1). However, the data
101 available concerning some isoforms are not consistent or even scarce. The presence of AQPs
102 greatly differs among tissue regions and cell types, evidencing a complex regulatory and
103 functional network. Besides, AQPs expression is generally disparate between mammals, with a
104 few exceptions. Curiously, rodents (such as mouse and rat) share some similarities with humans,
105 which has proven to be helpful as the majority of functional and knockout studies have been
106 conducted in these species. Yet, only the first steps have been taken in order to elucidate the full
107 extent of AQPs expression and function in human reproductive system. On the following topics,
108 the most recent data concerning AQPs expression in the human reproductive system will be
109 discussed, highlighting the putative function obtained from studies in humans and also rodent
110 animal models.

111

112 **2.1. Aquaporin 0 (AQP0)**

113 Although not yet identified in the testicular environment of humans, the major intrinsic protein
114 (MIP) of lens fiber, also known as AQP0, is predicted to be expressed in the human testis [27].
115 As an orthodox isoform, AQP0 is reported to mediate mostly water transport, although at a lower
116 extent, when compared with other orthodox AQPs [28]. Besides, AQP0 is also reported to act as
117 a cell-to-cell adhesion protein in the human eye, more properly in the lens fiber cells. In this
118 tissue, AQP0 dysfunction is associated with cataractogenesis, both in humans and in knockout
119 mice models [29, 30]. However, the consequences for the male reproductive system are unknown
120 as it was not studied in these knockout mice models [30]. Nonetheless, Hermo *et al.* [31] identified

121 AQP0 in rat testis, more specifically in Leydig and Sertoli cells. In this study, the authors reported
122 that the expression in Sertoli cells seems to be region-specific and stage-dependent, more
123 specifically in a semicircular pattern at stages VI-VIII of the spermatogenic cycle. These results
124 suggest a significant role in the transport of water into the lumen of the seminiferous tubules
125 during specific stages of spermatogenesis, which are related to the release of elongating
126 spermatids. Hence, AQP0 may improve the movement of spermatozoa into the epididymis by
127 transporting water into seminiferous tubules. Interestingly, AQP0 is reported to be modulated by
128 pH and Ca^{2+} [32, 33], which are tightly regulated in the testis and suggests that AQP0 might be
129 important for proper fluid homeostasis in the seminiferous tubules.

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133 2.2. Aquaporin-1 (AQP1)

134 AQP1 was in fact the first water channel discovered, while also the first described to act as a gas
135 channel [34, 35]. AQP1 is widely expressed in humans, where it functions as a major water
136 transporter. Besides, AQP1 is reported as crucial for angiogenesis, cell migration and cell growth
137 [36]. AQP1 is expressed in the human testis, although restricted to the endothelial cells of blood
138 vessels [37]. On the other hand, AQP1 is absent in germ cells and ejaculated spermatozoa [38].
139 Outside the testis, AQP1 was found in nonciliated epithelial cells of human efferent ducts and
140 epididymis [39]. Based on its expression, it has been suggested that AQP1 plays a major role in
141 the re-absorption of water to increase sperm concentration. Similarly to what was seen in humans,
142 AQP1 is mainly expressed in rat efferent ducts and epididymis [40, 41], but not on murine
143 spermatozoa [42]. In addition, AQP1 was also identified in the *rete testis*, *vas deferens*, prostate,
144 and seminal vesicles from mouse [42].

145

146 2.3. Aquaporin-2 (AQP2)

147 AQP2 is an arginine vasopressin-regulated AQP that is exclusively permeable to water. AQP2 is
148 widely expressed in the kidney and it is well known that mutations on the gene encoding AQP2
149 lead to severe forms of nephrogenic diabetes insipidus [43]. Thus, it is suggested that AQP2 main
150 function specifies in water reabsorption in the kidney. However, AQP2 might not be specific for
151 the kidney as it has been also found to be expressed in the human epididymis and seminal vesicles
152 [44].

153 In rodents, the expression of AQP2 is rather distinct. In mouse, AQP2 was found in the epithelial
154 cells of the vas deferens and seminiferous tubules [45]. In rats, Stevens *et al.* [46] found that
155 AQP2 is expressed in the ampulla of the vas deferens [46]. This pattern of expression led the
156 authors to suggest that AQP2, similarly to AQP1, may have a role in water absorption in order to
157 increase sperm concentration [46]. Besides, Arrighi *et al.* [41] identified AQP2 in the cauda of
158 the epididymis of young rats and its expression appears to decrease with the transition into
159 adulthood, which suggests a role in the post-natal development.

160 2.4. Aquaporin-3 (AQP3)

161 AQP3 is an aquaglyceroporin that is widely expressed in humans. AQP3 is reported to be
162 permeable to several molecules besides water, such as glycerol, urea [6], and hydrogen peroxide
163 [47, 48]. In the human reproductive system, AQP3 was identified at the basolateral membranes
164 of the prostatic epithelium and in the seminiferous tubules [49]. In addition, AQP3 was predicted
165 to be expressed in human seminal vesicles and epididymis [44]. In human spermatozoa, AQP3 is
166 not only present but is also considered essential for its physiology and function. AQP3 is found
167 in spermatozoa's tail membrane and in its absence the male gamete exhibits alterations in volume
168 regulation and excessive cell swelling when in the female reproductive tract [50, 51]. Therefore,
169 as upon ejaculation spermatozoa experiences an osmotic decrease within the transition to the
170 female reproductive tract, AQP3 was found to be crucial for spermatozoa osmoregulation.

171 Besides, AQP3 is reported to be responsive to the pH [52], further highlighting its function in
172 osmoregulation and fluid dynamics.

173 In mouse, AQP3 was also identified in the midpiece of spermatozoa [51]. Moreover, AQP3 was
174 identified in mouse testis [53, 54]. More recently, we also identified AQP3 expression in the TM4
175 cells, a cell line derived from a primary culture of mouse Sertoli cells [54]. In that study, the
176 authors reported that not only AQP3 is expressed in mouse Sertoli cells, but also that it is
177 important for the transport of glycerol in these cells. In rats, AQP3 was found to be expressed in
178 the prostate [55] and in the epididymis, more specifically in the basal cells, suggesting a role in
179 the transport of water and glycerol to the epididymal lumen during sperm maturation [31].

180

181 **2.5. Aquaporin-4 (AQP4)**

182 Although present, limited data are available concerning the expression of AQP4 in the human
183 male reproductive tract. Data from microarrays identified the expression of AQP4 in human
184 seminiferous tubules, seminal vesicles, prostate and epididymis [56]. In rats, AQP4 was identified
185 in the prostate [55] and Sertoli cells [57]. Interestingly, our group was able to report that AQP4
186 physically interacts with CFTR, which suggests that AQP4 may play a role in water and ion
187 homeostasis in seminiferous tubule and consequently in the constitution of seminiferous tubular
188 fluid ionic content [57].

189

190 **2.6. Aquaporin-5 (AQP5)**

191 In a similar mode to what happens with AQP4, the data available on the presence and function of
192 AQP5 in the human male reproductive system is quite scarce. AQP5 is predicted to be present in
193 the human testis, more specifically in germ cells and Leydig cells [44]. In rats, AQP5 is only
194 present in the *corpus* and *cauda* of epididymis, but the relevance for male reproductive potential
195 is not known yet [58].

196

197 **2.7. Aquaporin-6 (AQP6)**

198 Contrariwise to other orthodox AQPs, the function of AQP6 is rather distinct. AQP6 is reported
199 to be colocalized with the H⁺-ATPase in intracellular vesicles in the kidney, but not in the plasma
200 membrane, suggesting that AQP6 may act as an intra-vesicle pH regulator [59]. Interestingly, in
201 this same study Yasui and collaborators reported that AQP6 seems to be permeable to water only
202 at acidic conditions or in the presence of HgCl₂. Additionally, AQP6 is reported to transport urea,
203 glycerol [60], and nitrate [61], which led some authors to classify this isoform as an unorthodox
204 AQP. Nonetheless, there is no evidence that AQP6 is expressed in the human male reproductive
205 tract. The sole evidence was obtained in rats, with **AQP6** mRNA transcripts being identified in
206 whole epididymis lysates, while its protein was not detected in the epididymal epithelial cells
207 [58].

208

209 **2.8. Aquaporin-7 (AQP7)**

210 AQP7 is an aquaglyceroporin that is able to mediate the transport of water, glycerol, urea [62],
211 ammonia, and arsenite [5]. AQP7 is mostly known for **its expression** in the adipose tissue, where
212 it is **reported to mediate the efflux of lipolytic glycerol** [63, 64]. Herein, abnormal regulation of
213 glycerol transport is associated with the development of metabolic disease, highlighting that an
214 AQP7 dysfunction may be associated with obesity [65, 66] (**here I would also cite the review**
215 **Rodriguez et al 2015_PMD 26594198**).

216 In the human reproductive system, Saito *et al.* [67] identified AQP7 in the testis, more specifically
217 in round and elongated spermatids, and in the tail of spermatozoa. Conversely, different studies
218 reported different patterns of expression in human spermatozoa. While Moretti *et al.* [68] reported
219 that AQP7 was indeed present in the tail and midpiece, Laforenza *et al.* [69] **reported presence** of
220 AQP7 only in the head of human spermatozoa. In fact, there is evidence that different patterns of

221 expression or even the absence of AQP7 in human spermatozoa are linked with abnormal
222 morphology and decreased motility, and thus infertility, which will be further discussed.

223 In rats, AQP7 was identified in the seminiferous epithelium [62], round and elongated spermatids,
224 residual bodies [70], and in the epididymis [58, 71]. Due to its pattern of expression, it was
225 suggested that AQP7 may play a role **in testis development** **(to insert ref 70, here)** and in the
226 reduction of cytoplasm during spermiogenesis [62]. Besides, AQP7 expression in the male
227 reproductive tract was also reported to vary with age. Unlike AQP2, AQP7 expression seems to
228 increase with the transition to adulthood [70]. In mouse, our group identified the expression of
229 *Aqp7* mRNA in the testis, although no expression was detected in Sertoli cells [54].

230

231 **2.9. Aquaporin-8 (AQP8)**

232 AQP8, **a homologue with permeability to ammonia and hydrogen peroxide besides that of water,**
233 was firstly identified in the intracellular domains of the proximal tubule and the collecting ducts
234 cells [72]. Although it is expressed in the plasma membrane, AQP8 is also found in the
235 mitochondrial membrane **(here, to insert Ferri et al Hepatology_PMD 14512882)**[73], **where,**
236 **at least in hepatocytes, it is suggested facilitates the transport of hydrogen peroxide** [4, 48] **and**
237 **ammonia** **(Soria et al Hepatology_PMD 23299935)** **rather than water** **(Calamita et al J**
238 **Endocrinol_PMD 17210748).**

239 In the human male reproductive system, AQP8 **appears to be** expressed in the **cytoplasmic**
240 **compartment** (in intracellular organelles or vesicles) of Sertoli cells and of spermatogonia and
241 spermatids [38, 74]. The presence of this aquaporin in the plasma membrane was observed all
242 germ cells and ejaculated spermatozoa, more specifically in the tail and midpiece [38].
243 Interestingly, in this same study the authors reported that the expression of AQP8 was transversal
244 to all donors and it was not correlated with motility. As mature spermatozoa exhibits an increased
245 mitochondrial activity, and thus high reactive oxygen species and hydrogen peroxide production
246 [75], it was postulated that AQP8 **facilitates their efflux minimizing** the oxidative stress damage.

247 Similarly to the human, in rat testes, AQP8 is expressed in primary spermatocytes, elongated
248 spermatids, Sertoli cells, and residual bodies [70, 76]. In fact, the expression of AQP8 in the
249 plasma membrane of Sertoli cells was found at all stages of the seminiferous epithelium cycle
250 suggesting relevance for AQP8 in fluid homeostasis in this epithelium [76, 77]. However, its
251 expression in the epididymis is still inconclusive [72, 76]. Like AQP7, AQP8 has been suggested
252 to exert a role in the reduction of cytoplasm during spermiogenesis. Additionally, its expression
253 in the testes also seems to vary with age, increasing from 15 to 20 post-natal days [70, 78]. In
254 mouse, few data are available on AQP8 expression and relevance in the male reproductive tract.
255 This AQP was described in the mouse testis, more specifically in the residual cytoplasm of
256 elongated spermatids [23]. No functional data are available.

257

258 2.10. Aquaporin-9 (AQP9)

259 AQP9 has been the focus of intensive research over the last years. AQP9 is thought to have a
260 main role in transporting water, glycerol, and other solutes essential for sperm production and
261 maturation [79]. AQP9 has been also reported to permeable to monocarboxylic acids, such as
262 lactic acid and acetic acid, probably due to its larger pore size [80]. In the human reproductive
263 system, AQP9 was found with low expression in the germinal epithelium, spermatocytes and
264 Sertoli cells [38]. As lactate is a vital energetic substrate for germ cells and spermatogenesis [81],
265 the presence of AQP9 in Sertoli cells indicates that this channel may help in the transport of
266 lactate to the tubular fluid, sharing this role with the high expression of monocarboxylate
267 transporters (MCTs) [82]. In addition, AQP9 was identified in the *vas deferens*, efferent ducts,
268 more specifically on the apical membrane of nonciliated cells, and principal cells of the
269 epididymis [83]. Based on its pattern of expression in this tissue, AQP9 is thought to play a role in
270 fluid reabsorption and homeostasis. On the other hand, AQP9 is reported to be absent in human
271 spermatozoa [38].

272 With some similarities with humans, AQP9 is reported to be expressed in Sertoli cells [84],
273 Leydig cells, efferent ducts, all regions of epididymis, *vas deferens*, prostate, and coagulating
274 gland of rats [76, 83]. In fact, there is evidence that AQP9 expression is cell-specific in the testis
275 and region-specific in the efferent ducts and epididymis [76]. In mouse, our group recently
276 identified the expression of AQP9 in both testis and Sertoli cells [54]. Additionally, we showed
277 that AQP9 is the major aquaglyceroporin expressed in mouse Sertoli cells, where this isoform is
278 essential to regulate the transport of water and glycerol. While widely distributed in the male
279 reproductive tract of rodents, its expression in spermatozoa is still a matter of debate. Although
280 AQP9 transcripts were found in mouse spermatozoa, immunoblotting did not confirm the result
281 [23].

282

283 **2.11. Aquaporin-10 (AQP10)**

284 AQP10 is an aquaglyceroporin which seems to be specifically expressed in the human
285 gastrointestinal tract and adipocytes [85, 86]. AQP10 is mainly responsible for water and glycerol
286 transport, being highlighted in pair with AQP7 as a major glycerol transporter of adipocytes [87].
287 However, data concerning AQP10 in male reproductive tissues *are* still scarce. There is no
288 evidence that AQP10 is expressed in the human male reproductive tract. In rats, AQP10 is
289 expressed in the efferent ducts and epididymis [31]. Conversely, AQP10 is a pseudogene in mice
290 and may lead to proteins without functional activity [88].

291

292 **2.12. Aquaporin-11 (AQP11) and Aquaporin-12 (AQP12)**

293 AQP11 is a relatively recent discovered isoform that has been classified as a superaquaporin.
294 AQP11 is described as a water and glycerol channel that is mainly expressed in the vicinity of
295 lipid droplets and in the endoplasmic reticulum membrane [18]. Few studies also addressed
296 AQP11 expression and function in the human male reproductive system. *AQP11* mRNA was
297 identified in human testicular tissue [89]. Using immunocytochemistry techniques Laforenza *et*

298 *al.* [69] identified this channel in granules and vesicles of soma and in the plasma membrane of
299 the tail of ejaculated human spermatozoa. Hence, the subcellular localization of AQP11 remains
300 debatable.

301 In rats, AQP11 was identified in the epididymis and testes [71]. Interestingly, Hermo *et al.* [90]
302 reported that AQP11 expression varies with age, as this transmembrane protein expression was
303 observed to decrease from young to adult rats. Additionally, AQP11 was identified in rat
304 elongated spermatids and mouse testes [89]. However, as knockout *Aqp11* animal models are not
305 viable due to the development of polycystic kidney and subsequent premature death due kidney
306 failure [91], few studies addressed AQP11 in the male reproductive tract and new methodologies
307 are needed to further investigate the role of this supraaquaporin in the reproductive health.
308 Concerning AQP12, this isoform is reported to be exclusively expressed in acinar cells of the
309 pancreas and, thus, absent from the male reproductive tract [92].

310

311 **3. Alteration of aquaporins expression is linked with male infertility**

312 As aforementioned, AQPs are widely distributed throughout the male reproductive tract and in
313 male gametes. Their main functions comprise absorption/secretion dynamics in order to maintain
314 the homeostasis of the reproductive system to produce healthy and functional spermatozoa.
315 Specific expression patterns in cells, regions, variation with age, and evidence of compensatory
316 mechanisms are indicators of a precise and complex mechanism of regulation and function.
317 Besides, AQPs also play a role in accessory glands, contributing to the composition of seminal
318 fluid [42, 83], and in spermatozoa adaptation phenomena after ejaculation, due to the variation of
319 osmotic conditions [50]. Thus, AQPs are of extreme importance for the reproductive health and
320 their dysfunction is related to reproductive disorders.

321 Although data are scarce, there is evidence suggesting that alterations in the expression and
322 function of these transport proteins are associated with subfertility or infertility [93]. Association
323 between a deficit in AQP7 expression in spermatozoa and diminished quality and fertilizing

324 ability **has been reported**. In humans, it was **found** that spermatozoa from infertile individuals'
325 presents lower amounts or were devoid of AQP7. In addition, spermatozoa lacking AQP7
326 presented significantly lower motility in comparison with spermatozoa exhibiting positive AQP7
327 staining [38, 67]. In another study, Moretti *et al.* [68] also reported that AQP7 expression was
328 diminished in morphologically abnormal spermatozoa. On the other hand, there are studies with
329 a knockout *Aqp7* animal model that may jeopardize those findings. Knockout mice for *Aqp7* were
330 described as fertile, without differences in testis morphology and with healthy functional
331 spermatozoa [94]. Moreover, other study with knockout mice for *Aqp7* reported that an
332 upregulation of *Aqp8* expression might have a compensatory effect [23]. Hence, further research
333 is necessary to elucidate the role of AQP7 in the male reproductive health.

334 **Like AQP7**, alterations in AQP3 and AQP8 expression were associated with reduced reproductive
335 capability. It was found that a deficit of AQP3 led to impaired sperm motility and tail
336 deformations [51]. Concerning AQP8, although few studies addressed its expression and function
337 in spermatozoa, it has been reported that its expression is inversely correlated with the coiling
338 degree of the tail, suggesting that this AQP may play a role in the adaptation to osmolality
339 variations [38]. Additionally, Laforenza *et al.* [69] proposed that AQP8 malfunction could lead
340 to hydrogen peroxide accumulation in the mitochondria, hence affecting sperm function. Still, no
341 differences in AQP8 expression were found between fertile and infertile human individuals [38]
342 and it was reported that knockout *Aqp8* animal models remain fertile, which suggests a functional
343 compensation [95]. Thus, the importance of AQP8 for the reproductive health requires further
344 investigation.

345

346 **3.1. Hormonal regulation of aquaporins**

347 Hormonal alterations are a known factor linked with reduced male reproductive health and those
348 alterations might be associated with altered AQPs expression and function. For instance, there is
349 evidence that AQP1 and AQP9 are regulated by estrogens. In studies with knockout mice for

350 *estrogen receptor α (Era)* it was found a reduced expression of AQP1 and AQP9 in the epididymis
351 and efferent ducts, suggesting that estrogens may regulate the fluid absorption in these ducts.
352 These animals also presented a fluid accumulation in efferent ducts with consequently testicular
353 atrophy and infertility [96, 97]. In addition, in a recent study by our group, we found that AQP9
354 is downregulated by increased estrogen levels in mouse Sertoli cells [54]. Besides, it was also
355 reported that the administration of estrogens to rats reduces the expression of AQP9 in the
356 epididymis, but these effects were reversed with the administration of testosterone [98]. Still in
357 the epididymis, it has been reported that orchietomized rats were devoid of AQP3 in basal
358 epididymal cells. However, when testosterone was administrated a slightly restoration of AQP3
359 expression was noticed, suggesting that testosterone can modulate the expression of AQP3 in the
360 epididymis [31]. Curiously, similar effects were also reported for AQP9 expression [99],
361 suggesting that estrogens would decrease specific isoforms of AQPs expression while
362 testosterone administration would attenuate those effects. Nevertheless, there **are** contradictory
363 data. **Studies** showed that while androgens do modulate AQP9 in the initial segment of the
364 epididymis, estrogens did not alter its expression [100], or that estrogens administration increased
365 AQP9 expression in efferent ducts [101]. These inconsistencies in the literature illustrate the
366 complexity surrounding the regulation of AQPs. In sum, while there is evidence to support that
367 AQPs are under hormonal regulation, few data are available and further research on the topic is
368 required.

369

370 **3.2. Interactions between AQPs and CFTR**

371 Cystic fibrosis transmembrane conductance regulator, or CFTR, is a transmembrane channel
372 protein responsible for the transport of Cl^- and HCO_3^- , regulating the ionic balance and pH in the
373 tubular fluid [102, 103]. Mutations in CFTR are correlated with cystic fibrosis, a pathology related
374 with infertility scenarios. CFTR is widely expressed and performs an essential role in the male
375 reproductive tract, which requires a tight regulation of water and electrolytes in order to produce

376 healthy spermatozoa. In fact, mutations in *CFTR* can lead to anatomical abnormalities of the
377 reproductive tract, mainly a congenital bilateral absence of the vas deferens and, consequently,
378 infertility [104]. Although *CFTR* is not permeable to water, this protein acts as a regulator of
379 other protein channels, such as AQPs. In fact, *CFTR* acts as a molecular partner of AQPs in
380 epithelial cells, regulating fluid homeodynamics. For instance, our group described the expression
381 of *CFTR*, AQP4 and AQP9 in cultured rat primary Sertoli cells [57, 84]. In this study we also
382 investigated the physical interaction between *CFTR* and AQP4 and AQP9 in Sertoli cells. Taking
383 advantage of co-immunoprecipitation techniques, we observed a molecular interaction between
384 *CFTR* and both AQP4 and AQP9. Since AQP4 and AQP9 are reported as crucial for water and
385 ion homeostasis in several tissues [23, 38, 98], it is also expectable that both these AQPs regulate
386 water homeostasis in Sertoli cells and consequently inside the seminiferous tubules. Taken
387 together, these results support the hypothesis that *CFTR* is, at least in Sertoli cells, a regulator of
388 AQPs activity in water homeodynamics. Additionally, there is further evidence that *CFTR*
389 interacts with AQP9. Both *CFTR* and AQP9 are co-localized in the luminal membrane of the
390 principal cells in the epididymis of rat and humans [105, 106]. In fact, *in vivo* and *in vitro*
391 inhibition of both AQP9 and *CFTR* reduced water permeability [105]. Thus, it has been suggested
392 that *CFTR* may potentiate water permeability of AQP9 in the epididymal epithelium, which is
393 essential for proper sperm maturation and movement. On a side note, it was also described that
394 AQP7 and AQP8 are expressed with in a highly similar pattern with *CFTR* in the testis,
395 highlighting a possible interaction [93, 107]. In support of this hypothesis, *CFTR* was co-localized
396 with several other AQPs in different tissues, such as AQP1 and AQP5 in the pancreas [108].
397 Notwithstanding, it is still unclear how *CFTR* physically regulates AQPs function.

398

399 **3.3. Relevance of AQPs in obesity and metabolic diseases**

400 Obesity and metabolic syndrome have also been associated with impaired male reproductive
401 function [82, 109, 110]. During obesity scenarios, there is not only an increased aromatization of

402 testosterone to estradiol [111, 112], but also an increased plasmatic concentration of free fatty
403 acids and glycerol (for review [113]). High glycerol concentrations are responsible for the
404 disruption of the homeostasis of the tubular fluid due to the impaired function of the blood-testis
405 barrier, leading to the apoptosis of germ cells. Thus, while acute exposition to high concentration
406 of glycerol could lead to temporary arrest of spermatogenesis, chronic exposition may result in
407 permanent oligospermia or even azoospermia [114, 115]. Since aquaglyceroporins are
408 responsible for the transport of glycerol, **their** function or expression might be altered in cases of
409 obesity **or, more in general in the metabolic syndrome**. In fact, high-fat diet was already associated
410 with increased AQP9 and decreased AQP1 expression in the epididymis [116]. In another study,
411 Pei *et al.* [55] reported a decreased expression of AQP1, AQP3 and AQP4 in the prostate of
412 diabetic rats. Still, much of the role of AQPs in male reproductive tract in obesity and metabolic
413 syndrome cases is unknown and an interesting matter of investigation.

414

415 **3.4. Varicocele and possible role of AQPs**

416 It is worth mentioning that AQPs differential expression is also associated with varicocele. When
417 comparing healthy individuals with those who suffer from idiopathic varicocele, it was found that
418 AQP9 expression was reduced or absent in the primary spermatocytes and germ cells **of the later**
419 **(of the later?)** [117]. Moreover, AQP1 was identified in Sertoli and germ cells of individuals
420 suffering from varicocele, in opposition to the **absence** of this AQP in healthy individuals [39].

421

422 **4. Conclusion and future perspectives**

423 Since the discover of AQPs, the perspective on water transport has been revolutionized. AQPs
424 are now the matter of intense research **worldwide**, where the elucidation of patterns of expression
425 and function may lead to new therapeutic approaches for several diseases. Herein, we highlight
426 that AQPs are widely distributed through the male reproductive tract, where these transmembrane

427 proteins are vital for a healthy spermatogenesis and the maintenance of fluid homeostasis.
428 Expression patterns were found to be specific to cell and tissue regions, or even age of the
429 individual, indicating a precise and complex mechanism of regulation and function. Indeed, AQPs
430 are of extreme importance for the reproductive health and their malfunction is related to
431 reproductive disorders. Nevertheless, the available data are not always consistent and few are the
432 studies directly addressing the pathogenetic relevance of these channels in the male reproductive
433 tract. In this sense, knockout animal models provide valuable evidence, despite of some
434 differences among species. In sum, AQPs pattern of expression may indeed constitute one
435 important biomarker for male reproductive health. Further studies are essential to clarify the role
436 of AQPs in male fertility and how these channel proteins may be targets for future therapeutic
437 interventions.

438

439 **Conflicts of interest**

440 The authors declare no conflicts of interests.

441

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772 **Figure Legend**

773 **Figure 1** – Aquaporins classification based on their homology and biophysical properties.
774 Currently, thirteen distinct isoforms have been identified in mammals (AQP0-12) and grossly
775 classified into three main groups: orthodox, aquaglyceroporins and superaquaporins. Although
776 high homology exists among homologues of the same group, each homologue may exhibit a
777 different specificity in its permeability to solutes.

778 **Table 1** – Male reproductive tract distribution and suggested functions of all aquaporin isoforms.

Isoform	Localization	Putative function in male reproduction	References
AQP0	Human testis* Rat Leydig and Sertoli cells	Homeostasis of the tubular fluid; transport of water into the lumen of seminiferous tubules	[27], [31]
AQP1	Human testis, efferent ducts and epididymis Rat efferent ducts and epididymis Mouse rete testis, vas deferens, prostate, and seminal vesicles	Absorption of water and regulation of sperm concentration	[37], [39], [40], [41], [42]
AQP2	Human epididymis* and seminal vesicles* Rat vas deferens and cauda of epididymis Mouse vas deferens and seminiferous tubules	Absorption of water and regulation of sperm concentration; possible role in post-natal development	[41], [44], [45], [46]
AQP3	Human prostate, seminiferous tubules, seminal vesicles*, epididymis*, and spermatozoa Rat epididymis and prostate Mouse Sertoli cells and spermatozoa	Transport of water and glycerol to the epididymal lumen; regulation of spermatozoa volume and osmoadaptation in the uterine cavity	[44], [49], [50], [51], [53], [54], [55]
AQP4	Human seminiferous tubules, seminal vesicles, prostate, and epididymis Rat prostate and Sertoli cells	Water and ionic homeostasis	[55], [56], [57]
AQP5	Human testis*, germ cells*, and Leydig cells* Rat corpus and cauda of epididymis	Transport of water and small molecules	[44], [58]
AQP6	No evidence of expression	-	[58]

AQP7	Human testis, round and elongated spermatids, and spermatozoa Rat seminiferous epithelium, round and elongated spermatids, residual bodies, and epididymis	Transport of water, glycerol and small molecules; reduction of the cytoplasm during spermatogenesis; sperm motility	[58], [62], [67], [68], [69], [70], [71]
AQP8	Human germ cells, Sertoli cells, spermatids, and spermatozoa; Rat testis, primary spermatocytes, elongated spermatids, Sertoli cells, and residual bodies	Tubular fluid homeostasis; reduction of cytoplasm during spermiogenesis; release of hydrogen peroxide accumulated in spermatozoa mitochondria	[38], [70], [74], [76], [77], [78]
AQP9	Human germ cells, spermatocytes, Sertoli cells, vas deferens, efferent ducts, and epididymis Rat Sertoli cells, Leydig cells, efferent ducts, epididymis, vas deferens, and prostate Mouse testis and Sertoli cells	Water and glycerol transport; fluid reabsorption; possible role in the transport of lactate to the tubular fluid	[38], [54], [77], [81], [82], [83], [84]
AQP10	Rat efferent ducts and epididymis	Water and glycerol transport	[31]
AQP11	Human testis and spermatozoa Rat epididymis, testis, and elongated spermatids Mouse testis	Water and glycerol transport	[69], [71], [89], [90]
AQP12	No evidence of expression	-	[92]

779 *Predicted based on mRNA microarrays