

# **Pandemic urban development is leading us away from nature**

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1 **Abstract**

2 Recovery plans in Europe in the COVID-19 pandemic era have stimulated construction-  
3 led development, which has eclipsed nature-based agendas in terms of scale, size and policy.  
4 One estimate is that only 0.3% of spending on urban infrastructure globally is directed towards  
5 various Nature-based Solutions and other ecosystem efforts supporting human well-being. In the  
6 future we will urgently need to employ nature-based approaches in crisis management for the  
7 power and potential of nature to be fully employed in pursuit of urban recovery. We strongly  
8 recommend that nature-based approaches be an explicit requirement to secure funding for future  
9 recovery plans.

10

11 **Keywords:** Nature-based solutions; COVID-19 Pandemic; Recovery plan; Sustainable  
12 urbanization; Health; Human well-being

13

14 **1. Introduction**

15 We are living in challenging times. For many, the certainties of yesteryear have faded  
16 away and a ‘toxic reality’ has emerged shaped by gross wealth imbalance, political and social  
17 unrest, violent conflicts, hostility towards migrants, species extinction, climate change,  
18 diminishing natural capital and a public health crisis. The COVID-19 pandemic, *in primis*, has  
19 challenged numerous expectations in terms of sustainable development, and many young people  
20 are now afraid for their future (Konle-Seidl and Picarella, 2021). The economic consequences of  
21 COVID-19 have been particularly severe and persistent. In Europe alone, employment and total  
22 hours worked have declined at the sharpest rates on record. In the Eurozone, 5.2 million fewer  
23 persons were employed in the second quarter of 2020 than at the end of 2019 (Anderton et al.,  
24 2020). The World Trade Organization estimates that global trade has dropped by about 27%

25 during the period of the pandemic, whilst the [global](#) economic growth rate has decreased to 3%  
26 (Wang and Huang, 2021). [Furthermore](#), a number of the United Nation’s [Sustainable](#)  
27 Development Goals (SDGs) have been negatively impacted by the pandemic ([Wang and Huang,](#)  
28 [2021](#)). In keeping with the economic sector, for instance, [SDG 8](#) – “Decent Work and Economic  
29 Growth” [was negatively affected as described in](#) “Economic growth derailed” (Wang and Huang,  
30 2021).

31 Faced with these challenges, the European Union (EU) has responded with a package of  
32 initiatives, including the Recovery Plan for Europe (EU, 2022), developed in collaboration with  
33 major European governments. The sums involved are truly enormous. On 27 May 2020, the  
34 European Commission proposed a massive package of EU financing to support this recovery in  
35 addition to the [EUR](#) 4.2 trillion advanced by the EU and Member States (EU, 2021a).  
36 Furthermore, the European Council agreed on a total funding of [EUR](#) 1.8 trillion, bringing  
37 together the [EUR](#) 750 billion NextGenerationEU instrument and a revised EU budget of [EUR](#)  
38 1.074 trillion for the 2021–2027 timeframe (EU, 2021a). The leitmotif of this Recovery Plan for  
39 Europe is ‘emergency’ and the need for speedy recovery actions.

40 Concurrent with these announcements are policies on a range of ‘green’ issues. In 2020,  
41 the European Commission ([EC](#)) announced a transformative policy known as the European  
42 Green Deal (EC, 2019), which acknowledges the shift from a linear economy to a circular one  
43 and promotes changes in policy frames (Galanakis et al., 2022). This initiative consists of  
44 policies which aim to set Europe on the path toward a ‘green transition’. Notable actions include  
45 an extension of Europe’s Natura 2000 programme ([Sundseth, 2008](#)), a network of protected areas  
46 covering valuable and threatened species and habitats, and a pledge that in delivering the EU  
47 Biodiversity Strategy for 2030 at least 3 billion additional trees will be planted in full respect of  
48 ecological principles (EC, 2021a). A further hopeful innovation is the arrival of various ‘nature-

49 based approaches’ covering both products and services. The International Union for  
50 Conservation of Nature (IUCN) has specifically been advocating ‘Nature-based Solutions’  
51 (NBS), calling them “...actions to protect, sustainably manage, and restore natural and modified  
52 ecosystems that address societal challenges effectively and adaptively, simultaneously providing  
53 human well-being and biodiversity benefits” (IUCN, 2020). In this perspective, the United  
54 Nations has advanced the concept of constructing sustainable and resilient buildings using local  
55 materials in an indicator for SDG 11, which aims to “Make cities and human settlements  
56 inclusive, safe, resilient and sustainable” (Sharma et al., 2021). In 2022, a global definition for  
57 NBS was approved at the fifth session of the United Nations Environment Assembly (UN, 2022)  
58 – the assembly “decides that nature-based solutions are actions to protect, conserve, restore,  
59 sustainably use and manage natural or modified terrestrial, freshwater, coastal and marine  
60 ecosystems which address social, economic and environmental challenges effectively and  
61 adaptively, while simultaneously providing human well-being, ecosystem services, resilience and  
62 biodiversity benefits.”

63         Given the above pronouncements, an important aspect to consider on a practical note is  
64 how NBS can actually assist in recovering from COVID-19’s devastating effects on society and  
65 the economy, and whether there are any general principles or guidelines for NBS recovery plans.  
66 Moving in this direction, we refer to the European Commission, which has drafted a number of  
67 documents guiding the implementation of NBS throughout the European territory. For example,  
68 the 2030 Biodiversity Strategy, together with the European Green Deal mentioned earlier, are  
69 among the main pillars of Europe’s growth strategy (EC, 2020) with economic and  
70 environmental benefits and by strengthening the territory’s resilience. Benefits of the EU Natura  
71 2000 nature protection network, also mentioned, are valued at between EUR 200-300 billion per

72 year. Investing in nature, such as nature restoration, urban agriculture, and in green and blue  
73 infrastructure will generate as many as 500,000 additional jobs (EC, 2020

74 In addition, several Horizon 2020 and Horizon Europe (R&I) projects have produced  
75 principles and guidelines for applying NBS to address socio-economic and environmental  
76 challenges. For example, the ongoing CLEARING HOUSE project (2019-2024) seeks to analyse  
77 and develop the potential of urban forestry as a NBS to enhance the adaptive capacity and  
78 resilience of cities facing major ecological, socio-economic, public health and human wellbeing  
79 challenges across Europe and beyond (e.g., China), all achievable by developing guidelines and  
80 decision support tools (Davies et al., 2021). Additional guidelines have been established by the  
81 World Health Organization (WHO, 2017) for data collection methods to identify and assess the  
82 value of NBS for human health and well-being.

83 In the sphere of scientific publications, propositions for adopting NBS to assist in  
84 resolving environmental and societal challenges, such as pandemics, are given in the studies by  
85 da Schio et al. (2021), Haase et al. (2021), Derks et al. (2020), Laforteza and Sanesi (2019), and  
86 Kabisch, et al. (2017), to name a few.

87 The major focus of this communication is to invigorate the nature-based concept for the  
88 development of sustainable healthy cities and awaken the scientific and political communities by  
89 stimulating an energetic debate globally. We argue that to bring NBS to the frontline for a  
90 sustainable urbanisation it is necessary for policymaking to urgently reverse the pandemic-  
91 driven, development-led trend and prioritize above others the policies, programmes and projects  
92 that have been previously instituted or are in the pipeline that deal with a range of nature-based  
93 issues. It is also of paramount importance to design recovery plans that incorporate NBS as a  
94 requirement of every urban development programme to offset the consequences of potential  
95 socio-economic crises and mounting climate change. Indeed, climate change associated with a

96 lack of strategic environmental planning, like NBS, at this time of recovery could generate  
97 higher future costs than the emergency we are currently facing.

98 This communication, although focused on the European continent, is addressed to other  
99 parts of the world since the issues presented are global, and Europe is certainly not a unique case  
100 (Khatri, 2022; Chen and Chi, 2022; Čavoški, 2020; Zhongming et al., 2020). The construction-  
101 led planning system, for example, is a global trend, especially in emerging economies with  
102 greater income range and social inequalities (Chen and Chi, 2022; Khatri, 2022; Aalbers et al.,  
103 2020; Yang and Jin, 2011).

104 Amidst this backdrop, we illustrate the key example of Italy, which despite having  
105 received the largest portion of the EU recovery fund of EUR 191.5 billion (26.5%) (d'Alfonso,  
106 2022), has not placed enough effort toward the adoption of a nature-based approach to contrast  
107 conventional urban construction-led development (Davies and Laforteza, 2017).

108

## 109 **2. Construction-led development**

110 Whilst the policy words on 'green issues' are encouraging, there is however an  
111 uncomfortable truth in that far from European governments using the COVID-19 recovery plans  
112 to move to a greener and more sustainable society, the reverse may actually be true. European  
113 Member State governments have seemingly reverted to tried and tested urban construction-led  
114 development to propagate employment, even with the private sector, throughout the grey  
115 infrastructure supply chain (EU, 2021b; Zhongming et al., 2020). This is considered as  
116 leveraging economic activity in the politically volatile blue collar jobs sector and generates  
117 significant tax revenues. The latter is required to pay off the colossal budget deficits accrued  
118 through COVID-19 intervention measures and quantitative easing (Schwarcz, A., 2022).

119           Based on [the above premises](#), handling of the recovery from the pandemic crisis in  
120 Europe has facilitated an acceleration of inappropriate and unsustainable urban development  
121 [\(EC, 2022\)](#). According to the European Construction Industry Federation (FIEC), among the  
122 European heavyweights in the housing construction sector, Italy was recorded as a main driver of  
123 [growth at +12.05% for 2022, and its investment in new housebuilding is expected to rise by](#)  
124 [more than 10% \(EU, 2021b\)](#). Whether this is voluntary negligence, forgetfulness, or ignorance of  
125 the European green policies and initiatives focusing on NBS is one perspective. Another is to  
126 view this in light of the ‘Macchiavellian’ expression “The ends justify the means”, namely, that a  
127 speedy economic recovery from COVID-19 through leveraging and by using any means  
128 necessary is acceptable, even if the consequences include negative long-term environmental and  
129 social impacts.

130           A tangible example is the massive additional investment made in the world’s 8th largest  
131 economy, Italy (Global PEO Services, 2022), through its ‘Housing Plan’ where developers are  
132 pushing forward with rapid urban development (Fig. [S1 and supplementary material for further](#)  
133 [details](#)). The subterfuge is to use a plan such as ‘Piano Casa’, originally intended to overcome a  
134 deficit in social housing, for a ‘no-holds-barred’ development-led boom. [The ‘green light’ for](#)  
135 [this construction-led development was given by the EU in response to the Italian government’s](#)  
136 [submission of the National Recovery and Resilience Plan \(NRRP\) on 30 April 2021, by granting](#)  
137 [EUR 191.5 billion; i.e., a 26.5% share of the total EU Recovery and Resilience Facility \(RRF\)](#)  
138 [\(d’Alfonso, 2022\)](#). Also, in June 2022, Italy’s grant allocation was revised slightly upwards of  
139 [€69 billion \(+0.2%\)](#). Through a mix of reforms and investments the NRRP is structured into six  
140 ‘Missions’. Of these, Mission 2 (Component 3) – ‘Energy efficiency and renovation of  
141 buildings’ – specifically invests 8.0% (i.e., EUR 15.4 billion) of the Plan’s budget. While other  
142 European countries are also benefitting from EU economic recovery funds pursuant to the

143 COVID-19 pandemic crisis (e.g., Spain was allotted EUR 69.5 billion, Poland €35.4 billion, The  
144 Netherlands EUR 4.7 billion [European Council, 2002]), Italy’s Recovery and Resilience Plan is  
145 the largest under the unprecedented EU response to the crisis triggered by the coronavirus  
146 pandemic (d’Alfonso, 2022). Despite this largesse in EU recovery funding for Italy, none of it  
147 has been delegated to developing sustainable urban areas through NBS; instead, much of it has  
148 passed on to the construction sector.

149 Drawing from this example, the critical question facing European and global policy  
150 makers is, “Can the momentum towards nature-based approaches to infrastructure, including  
151 new housing, be reasserted at the end of the pandemic construction-led recovery”? A positive  
152 answer lies in re-establishing the considerable efforts made by the European Commission as  
153 featured in a number of documents, funding programmes (i.e., Work Programmes from 2014-  
154 2020 related to NBS thematic goals) and Horizon 2020 (R&I) projects, e.g., NATURVATION -  
155 2016-2020, Nature4Cities - 2016-2020, NAIAD - 2016-2020, and CLEARING HOUSE - 2019-  
156 2024 (see Davies et al., 2021). In truth, that momentum was never lost but has simply been  
157 eclipsed by the vastness of COVID-19’s impacts and responses. It only took 2 to 3 years, the  
158 time of the pandemic bubble (2020-2022), to take us back in time in urban development policy,  
159 as the governments in EU countries have prioritised recovery by stimulating urban development  
160 (see, e.g., EC, 2022; Nijkamp and Perrels, 2014). There is no reason, however, why the reverse  
161 cannot be equally true if the political and policy will exist at the continental, national and city  
162 level. Should this be the case, then what has happened was a ‘blip’, not a ‘trend’. Certainly,  
163 there is no shortage of evidence to support the benefits of various nature-based approaches (e.g.,  
164 Seddon, 2022; Hekrley, 2022; EC, 2021b; Cárdenas et al., 2021; Bayulken et al., 2021; Hobby  
165 and Grimm, 2020), particularly in the context of large and densely populated urban areas where

166 the functional role of trees is critical (Khatri, 2022; O’Brien, et al., 2022; McDonald et al.,  
167 2021; Bush, 2020; Jim et al., 2018; Wang et al., 2018; Sanesi et al., 2007).

168 However, there is far to go. According to one estimate, only 0.3% of urban infrastructure  
169 expenditure globally is directed toward a diversity of NBS and ecosystem efforts to mitigate  
170 pollution, reduce flood risk and storms and provide healthy air (Khatri, 2022). The same  
171 imbalance has been found with respect to carbon net zero (Andrijevic et al., 2020). However, in a  
172 more recent study (Falco et al., 2022), protective public health measures in view of pandemic  
173 risk were endorsed including strong governmental commitment of reforestation and air pollution  
174 reduction. For those willing to inquire, the importance of NBS was clearly understood during the  
175 lockdown period of 2020-2021 (see, e.g., Derks et al., 2020). Indeed, a national study  
176 demonstrated that green elements even in the home environment during the COVID-19  
177 lockdown constitute a means to promote mental health and well-being (Spano et al., 2021). In  
178 their various guises NBS should be wholly integrated with urban development, whilst  
179 contributing to the creation of green jobs and more sustainable and livable urban environments.

180

### 181 **3. Discussion and conclusion**

182 It is unreasonable to expect that governments will not respond to crises such as the  
183 COVID-19 pandemic in ways that keep the economy thriving, but they should become aware  
184 that nature-based approaches allow them to do so more sustainably, whilst encouraging a growth  
185 in ‘green’ jobs and increasing urban resilience. We recommend that a starting point be partly a  
186 linguistic one: replacing terms such as ‘green recoveries’ with ‘nature-based recoveries’; the  
187 latter term explicitly implies employing the properties that nature offers through normal biotic  
188 processes. A nature-based recovery requires new ways of doing business, too, and candidly there  
189 will be losers as well as gainers from this change process. Fund managers, in particular, should

190 see this sooner rather than later, as without a switch their investments will be made worthless  
191 through the combined impact of climate change and a social equality backlash. Perhaps delving  
192 further into the future students of business should present on their CVs qualifications in ecology  
193 and sustainability as well as normative ones in financial management and investment. Hence,  
194 knowledge of NBS should be a priority in professional training (e.g., apprenticeship schemes) as  
195 well.

196 According to a recent post by the EC (2022), built-up areas are expected to expand across  
197 most of the EU by 2030. Italy will see the largest absolute increase (+144,000 hectares). In this  
198 sense, our contribution, particularly through the example of the Italian ‘Piano casa’ construction-  
199 led scheme, has the ambition and immediacy to prove this current trend. We acknowledge that  
200 although the example we illustrate is not generalizable to all countries of the European Union, it  
201 still represents a timely testimony of construction-led policy.

202 Our purpose is to stimulate a debate in Europe and globally in favour of the nature-based  
203 concept for the development of sustainable healthy cities in the face of emergency responses.  
204 Whatever the reason recovery plan funding should be conditional on a nature-based approach,  
205 one which equally enables co-design with local communities. If COVID-19 recovery plans have  
206 derailed nature-based approaches leading us away from nature, then we must get back on track as  
207 soon as possible. Keeping the spotlight on nature-based approaches, whether they be NBS, plans,  
208 services, or other, to restore and renature cities facing socio-economic and sustainable  
209 development issues is not an option but a necessity. Otherwise, the end result will be a nature-  
210 depleted urban reality.

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214 **Declaration of competing interest**

215 The authors declare that they have no known competing financial interests or personal  
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217

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224 **Disclaimer**

225 The content of this document reflects only the author’s view. The European Commission  
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227

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