

1 **Extracellular histones promote fibrinolysis by single-chain urokinase-type plasminogen**  
2 **activator in a factor seven activating protease-dependent way**

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15

16 **Abstract**

17 **Introduction.** Extracellular histones inhibit tissue plasminogen activator (t-PA)-mediated  
18 fibrinolysis by modifying fibrin structure and rheological properties. However, other plasminogen  
19 activators involved in intravascular and extravascular fibrinolysis have not been considered yet.

20 **Objectives.** We investigated the effect of histones on fibrinolysis driven by different plasminogen  
21 activators. **Methods.** Clot lysis induced by t-PA, urokinase (u-PA) and its single chain precursor  
22 (scu-PA) was evaluated by turbidimetry. Conversion of scu-PA to u-PA and activation of factor  
23 seven activating protease (FSAP) were assessed by fluorogenic and chromogenic assays,  
24 respectively. **Results.** Histones delayed t-PA- and u-PA-mediated fibrinolysis but strongly  
25 accelerated scu-PA-driven clot lysis through the enhancement of scu-PA to u-PA conversion. This  
26 effect required a plasma factor identified as FSAP by the following findings: 1) histones enhanced  
27 neither scu-PA activation nor scu-PA-mediated clot lysis under purified conditions; 2) in plasma,  
28 the enhancement of fibrinolytic activity by histones was abolished by a neutralizing anti-FSAP  
29 antibody; 3) histones promoted the activation of plasma FSAP. The effect of the natural mixture of  
30 histones on scu-PA-driven fibrinolysis was differentially recapitulated by the individual  
31 recombinant histones, H4 displaying the strongest activity. When complexed to DNA, histones still  
32 accelerated scu-PA-mediated fibrinolysis but with a lesser efficiency due to a reduced FSAP  
33 activation. Finally, preincubation of histones with heparin or activated protein C, two known  
34 inhibitors of histones, further amplified histone-mediated boost of scu-PA-driven fibrinolysis.  
35 **Conclusions.** Enhancement of FSAP-mediated scu-PA activity by histones may play yet unforeseen  
36 roles in intravascular fibrinolysis and contribute to extravascular proteolysis and tissue damage.

37

38 **Keywords:** histones, plasminogen activators, fibrinolysis, proteolysis, FSAP

39 **Abbreviations:** ANOVA, analysis of variance; APC, activated protein C; FSAP, factor seven  
40 activating protease; HBS, hepes buffered saline; NETs, neutrophil extracellular traps; OD, optical  
41 density; p-EPR-MNA, Pyro-Glu-Pro-Arg-Methoxynitroanilide; scu-PA, single chain urokinase-type  
42 plasminogen activator; SEM, standard error of the mean; TF, tissue factor; t-PA, tissue plasminogen  
43 activator; UFH, unfractionated heparin; u-PA, urokinase-type plasminogen activator; Z-GGR-  
44 AMC, Z-Gly-Gly-Arg-7-Amino-4-MethylCoumarin

45

## 46 **Introduction**

47 In the last years, nuclear material extruded from dying or activated cells has been identified as a  
48 new player in inflammation and thrombosis. Among nuclear components, the basic proteins  
49 histones are pivotal in causing and amplifying vascular and tissue damage because of their  
50 cytotoxic, proinflammatory and prothrombotic activities [1]. With regard to the latter aspect, several  
51 in vivo data support the role of histones in thrombogenesis. When injected at high doses in mice,  
52 histones induce a septic-like disease while neutralization of histone H4 is protective in several  
53 sepsis models [2]. Sub-lethal doses of histones cause thrombocytopenia [3], stimulate thrombin  
54 generation [4] and foster deep vein thrombosis development in mice [5]. The importance of these  
55 new mediators is further supported by the presence of extracellular histones in animal [6] and  
56 human venous and arterial thrombi [7-9]. Multiple histone-mediated mechanisms act in concert to  
57 favor thrombin formation and fibrin deposition, including platelet activation and expression of  
58 procoagulant properties [10], phosphatidylserine flipping on erythrocyte membrane [11], tissue  
59 factor expression on monocytes and endothelial cells [12,13], prothrombin autoactivation [14],  
60 release of von Willebrand Factor [15], impairment of the protein C pathway [16] and interference  
61 with the anticoagulant activity of heparin-like substances [17].

62 In contrast with this rather abundant information on the procoagulant mechanisms of histones, only  
63 few data are available about the effect of histones on fibrinolysis. Varjù et al. [18] reported that  
64 incorporating histones into clots produces thicker fibrin fibers, which makes them more robust and  
65 resistant to shear forces; moreover, histones tightly bind to large fibrin(ogen) degradation products,  
66 which help stabilizing clots, and reduce clot permeability. Thus, the overall effect of histones on  
67 fibrinolysis appears to be inhibitory, especially when they are complexed with DNA. However,  
68 some concerns remain. First, most of these results have been obtained with fairly high  
69 concentrations of a lysine-rich histone preparation, which mainly consists of linker histone H1.  
70 Histone H1 is only a minor component of nuclear and extracellular histones, slightly lysine-rich

71 (H2A and H2B) and arginine-rich (H3 and H4) molecules representing the bulk of histone material.  
72 Second, most experiments were performed using fibrinolysis models where tissue plasminogen  
73 activator (t-PA) was applied externally to a preformed clot, thereby mimicking pharmacological  
74 rather than physiological fibrinolysis. Finally, the effect of histones was only evaluated using t-PA  
75 as fibrinolytic agent. It should be considered, however, that other plasminogen activators, such as  
76 urokinase-type PA (u-PA) and its single chain precursor (scu-PA), which are mainly regarded as  
77 key factors in extravascular proteolysis, have been shown to play an important role also in  
78 intravascular fibrin degradation [19]. In addition, there is evidence that factor seven-activating  
79 protease (FSAP), a plasma pro-enzyme endowed with multiple biological functions [20], is an  
80 efficient activator of scu-PA [21] and can be activated by histones [22], suggesting an intriguing  
81 liaison with potential biological consequences on the fibrinolytic system. Therefore, in this study  
82 we sought to shed more light on the influence of histones on fibrinolysis by investigating in more  
83 detail the effect of histones on plasma clot lysis driven by several plasminogen activators under  
84 conditions of pathophysiological relevance.

85

## 86 **Materials and Methods**

### 87 *Materials*

88 The following reagents were purchased: single-chain recombinant t-PA (Boehringer Ingelheim  
89 GmbH, Florence, Italy); human thromboplastin (Recombiplastin, Instrumentation Laboratory,  
90 Milan, Italy); type II-A calf thymus histones, recombinant human histones (H1, H2A, H2B, H3.3,  
91 H4), calf thymus DNA, bovine fibrinogen, De-N-sulfated heparin sodium salt (Sigma, Milan);  
92 hirudin (Abbott GmbH, Ludwigshafen, Germany); reptilase from Bothrops atrox venom (American  
93 Diagnostica, Pfungstadt, Germany); fluorogenic substrate Z-Gly-Gly-Arg-7-Amino-4-  
94 MethylCoumarin (Z-GGR-AMC) (Diagnostica Stago, Asnieres, France); chromogenic substrate  
95 Pyro-Glu-Pro-Arg-Methoxynitroanilide (p-EPR-MNA, Berichrom<sup>®</sup> Protein C, Dade Behring,

96 Marburg, Germany); sodium heparin (Heparin BMS, Bristol-Myers Squibb, Anagni, Italy); u-PA  
97 (Urokinase Crinos, Crinos SpA, Milan). Phospholipid vesicles (20% phosphatidylserine, 60%  
98 phosphatidylcholine, 20% phosphatidylethanolamine, Avanti Polar Lipids, Alabaster, AL, USA)  
99 were prepared by sonication. scu-PA was kindly provided by Prof. R.H. Lijnen (Center for  
100 Molecular and Vascular Biology, Department of Cardiovascular Sciences, KU Leuven, Leuven).  
101 Neutralizing anti-FSAP antibody was a kind gift of Prof. S.M. Kanse (Oslo University Hospital and  
102 University of Oslo, Oslo, Norway). DNA was fragmented by sonication to 200-400 bp size, as  
103 assessed by agarose gel electrophoresis. Where indicated, DNA was preincubated with histones at  
104 1:1 (w:w) ratio for 10 minutes at room temperature to form complexes. The same procedure was  
105 used to form heparin-histone complexes at the indicated heparin concentrations. In some  
106 experiments, histones were digested with 6 µg/mL activated protein C (APC, Xigris, Eli Lilly,  
107 Indianapolis, IN, USA) for 1 h at 37 °C, as described elsewhere [2].

#### 108 *Plasma preparation*

109 Peripheral venous blood was collected into 3.2% trisodium citrate from healthy volunteers who  
110 gave informed consent, and platelet-poor plasma was prepared by double centrifugation at 1000xg  
111 and 12000xg for 10 minutes each. Plasma from at least three different subjects was pooled and used  
112 for each experiment.

#### 113 *Clot lysis assay*

114 Clot lysis was studied by a turbidimetric assay as already described [23] with minor modifications.  
115 The wells of a microtiter plate were loaded with 100 µL plasma, procoagulant liposomes (10  
116 µg/mL), thromboplastin as source of tissue factor (TF, 6 pM) and 8.3 mM calcium (100 µL).  
117 Histones and plasminogen activators (at the indicated concentrations) were added to the mixture  
118 (final volume 240 µL) right before starting the test. In some cases, clotting was induced by reptilase  
119 (1:24 final dilution, f.d.) and calcium in the presence of 200 U/mL hirudin to inhibit endogenous

120 thrombin. Changes in the optical density at 405 nm were monitored at 37°C in a Multiskan GO  
121 spectrophotometer (Thermo Fisher Scientific, Dreieich, Germany) and lysis times calculated as the  
122 interval between the midpoint of the clear to maximum turbidity transition and the midpoint of the  
123 maximum turbidity to clear transition. For the evaluation of clot lysis under purified conditions, a  
124 plasminogen-containing bovine fibrinogen preparation (1 mg/mL) was clotted with reptilase (1:24  
125 f.d.) in the presence of 2.5 mM calcium and lysis calculated as described above.

#### 126 *Evaluation of scu-PA conversion to u-PA*

127 The generation of active u-PA from scu-PA was evaluated either in plasma or in a purified system  
128 with the fluorogenic substrate Z-GGR-AMC [24]. In the former setting, hirudin-inhibited plasma  
129 was recalcified (8.3 mM calcium) in the presence of histones, 300 µM Z-GGR-AMC and 1 µg/mL  
130 scu-PA. In the purified system, 10 µg/mL scu-PA were tested in the presence of histones, 300 µM  
131 Z-GGR-AMC and 2.5 mM calcium. The activity of u-PA was followed at 390 nm excitation and  
132 460 nm emission at 30 seconds intervals in a Fluoroskan Ascent fluorometer (Thermo Scientific)  
133 and measured as the slope (OD/min) of the fluorescence curve (GraphPad Prism 8 software,  
134 GraphPad, San Diego, CA, USA).

#### 135 *Plasma FSAP activation*

136 The activation of plasma FSAP was analyzed by the cleavage of the chromogenic substrate p-EPR-  
137 MNA [25]. In order to make the assay specific for active FSAP, histones and chromogenic substrate  
138 (600 µM) were added to plasma containing the thrombin quencher hirudin (200 U/mL) and, after  
139 recalcification, color development was followed at 405 nm at 37°C over time.

#### 140 *Statistical analysis*

141 Results shown are mean ± standard error of the mean (SEM). Comparisons between two means  
142 were performed by Student's t-test for paired data. Multiple comparisons were performed by  
143 ANOVA for repeated measures followed by post-test for linear trend (dose-response experiments),

144 Dunnett's post hoc test (comparison between each sample and the control) or Newman-Keuls post  
145 hoc test (comparison of the samples to each other). P values <0.05 were considered statistically  
146 significant.

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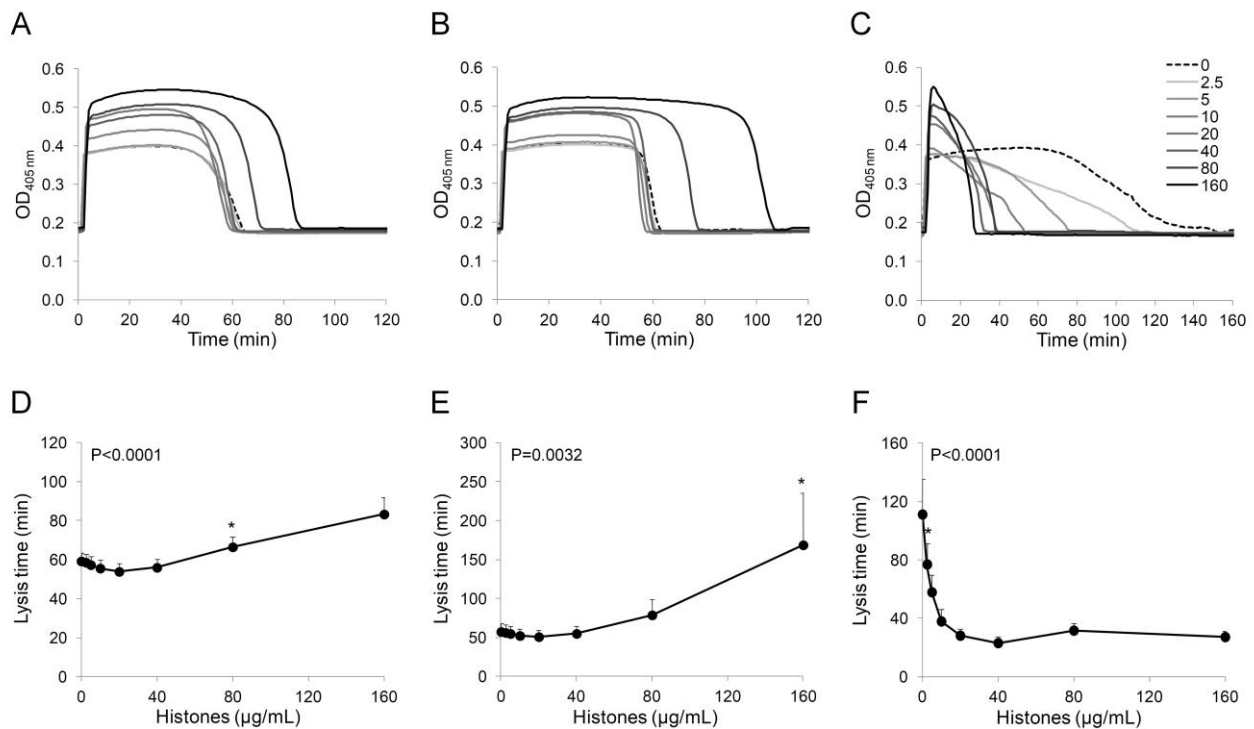
## 148 **Results**

### 149 *Histones differentially modulate clot lysis depending on the plasminogen activator*

150 We investigated the effect of a natural mixture of histones on the fibrinolytic activity of t-PA, u-PA  
151 or scu-PA by a turbidimetric clot lysis assay. As shown in Fig. 1 (panels A, B, D and E), histones  
152 inhibited t-PA- and u-PA-mediated fibrinolysis at concentrations  $\geq 80$   $\mu\text{g/mL}$ . Moreover,  
153 prolongation of t-PA- and u-PA-induced clot lysis was accompanied by a concentration-dependent  
154 increase in maximal optical density of clots, suggesting a change in the thickness of fibrin fibers in  
155 the presence of histones (Fig. 1A and B). At variance with these findings, despite similar changes in  
156 clot optical density, the fibrinolytic activity of scu-PA was strongly and dose-dependently enhanced  
157 by histones (Fig. 1C), a significant effect being observed with as low as 2.5  $\mu\text{g/mL}$  histone (Fig.  
158 1F). Maximal stimulation of fibrinolysis, amounting to >5-fold reduction of lysis time, was seen  
159 with 40  $\mu\text{g/mL}$  and was maintained at concentrations exceeding 500  $\mu\text{g/mL}$  histones (not shown).

160 The effect of the natural mixture of histones on scu-PA-driven fibrinolysis was differentially  
161 recapitulated by the individual recombinant histones, H4 displaying the strongest profibrinolytic  
162 activity, followed by H3, H2A and H2B. H1 had virtually no effect on clot lysis (Supplementary  
163 Fig. 1).

164



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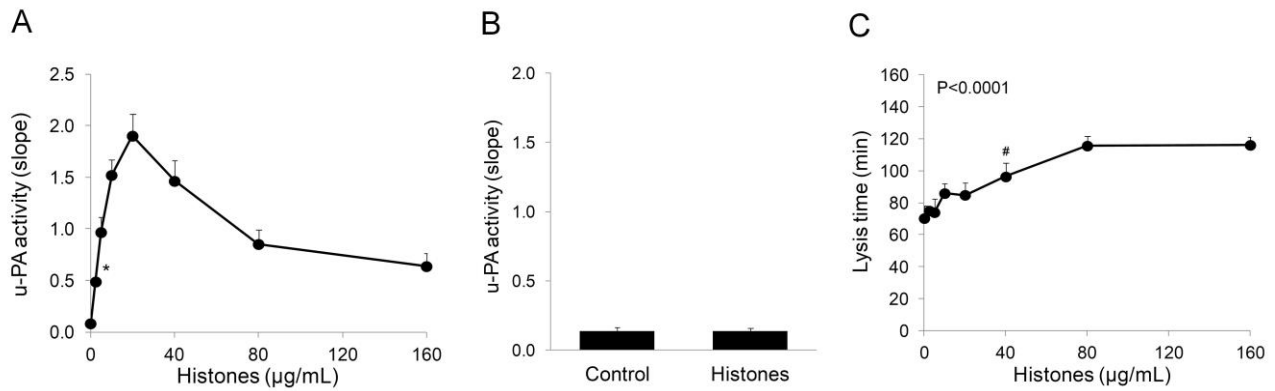
166 **Fig. 1.** Histones differentially influence plasma fibrinolysis induced by various plasminogen activators.  
 167 Plasma was supplemented with increasing concentrations of calf thymus histones (0-160 µg/mL),  
 168 plasminogen activators, TF (6 pM), procoagulant liposomes (10 µg/mL) and calcium (8.3 mM). Coagulation  
 169 and fibrinolysis were analyzed by turbidimetry as detailed in Material and Methods. In A, B and C  
 170 representative optical density (OD) tracings are shown. In D, E and F lysis time changes as a function of  
 171 histone concentration are reported as mean ± SEM (5-7 independent experiments). (A, D) t-PA (40 ng/mL);  
 172 (B, E) u-PA (100 U/mL); (C, F) scu-PA (10 µg/mL). Differences were assessed by ANOVA for repeated  
 173 measures followed by post test for linear trend (p value in the graph) and Dunnett's post-hoc test (\*, lowest  
 174 concentration significantly different from control, P<0.05).

175

176 *Histones induce scu-PA to u-PA conversion in plasma*

177 To elucidate the mechanism behind the enhancement of scu-PA fibrinolytic activity, we evaluated  
 178 the influence of histones on the conversion of scu-PA to u-PA by means of a fluorogenic substrate  
 179 sensitive to u-PA. In hirudin-inhibited recalcified plasma, the appearance of u-PA activity was  
 180 dose-dependently enhanced by histones, reaching a maximum stimulation at 20 µg/mL and then  
 181 gradually declining in the presence of higher concentrations (Fig. 2A). On the contrary, when scu-  
 182 PA was challenged with histones in buffer, no increase in u-PA activity was observed (Fig. 2B). To  
 183 further prove that histones do not activate scu-PA in the absence of plasma, we performed a clot

184 lysis assay using purified reagents. Under this condition, histones did not hasten but rather delayed  
185 fibrinolysis (Fig. 2C), suggesting that stimulation of scu-PA activity by histones is mediated by one  
186 or more plasma-derived factor(s).



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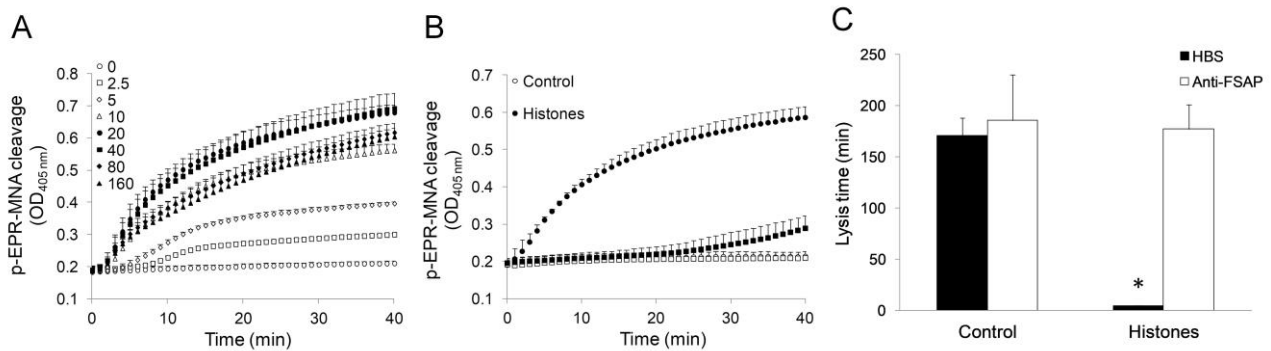
188 **Fig. 2. Histones stimulate scu-PA activation in plasma but not under purified conditions.** The conversion of  
189 scu-PA into u-PA was evaluated by means of the fluorogenic substrate Z-GGR-AMC in recalcified and  
190 hirudin-treated plasma (A) or in a purified system (B) in the presence of increasing concentrations (0-160  
191 µg/mL) or 20 µg/mL of histones, respectively. Substrate cleavage was followed at 390 nm excitation and 460  
192 nm emission at 37°C over time. Results are expressed as the slope (OD/min) of the fluorescence curve.  
193 Means ± SEM from 3 independent experiments are shown. In C, a mixture of plasminogen-containing  
194 bovine fibrinogen (1 mg/mL), histones (0-160 µg/mL) and scu-PA (30 ng/mL) was clotted by reptilase and  
195 fibrinolysis evaluated by turbidimetry. Means ± SEM (n=5) are shown. Differences were assessed by  
196 ANOVA for repeated measures followed by post test for linear trend (p value in the graph) and Dunnett's  
197 post-hoc test (lowest concentration significantly different from control: \*, P<0.05; #, P<0.01).

198

### 199 *Histones promote plasma FSAP activation*

200 As histones have been shown to promote the autoactivation of FSAP [22], and the latter, in turn,  
201 reportedly may activate scu-PA [21], we investigated the role of FSAP in histone-induced  
202 enhancement of scu-PA-driven fibrinolysis. When added to hirudin-inhibited plasma, histones  
203 induced the cleavage of a FSAP-sensitive chromogenic substrate in a dose-dependent manner, with  
204 a peak stimulation at 20-40 µg/mL (Fig. 3A). The enzymatic activity generated in the presence of  
205 histones was completely quenched by a specific anti-FSAP antibody (Fig. 3B), indicating that  
206 histones indeed induced FSAP activation.

207 To prove that histones stimulated scu-PA fibrinolytic activity in a FSAP-dependent manner, plasma  
 208 clot lysis was performed in the presence of the anti-FSAP antibody. Under this condition no  
 209 enhancement of fibrinolysis by histones was observed, thus confirming that histones favor FSAP  
 210 autoactivation, which in turn enables scu-PA to express its full plasminogen activator potential (Fig.  
 211 3C).



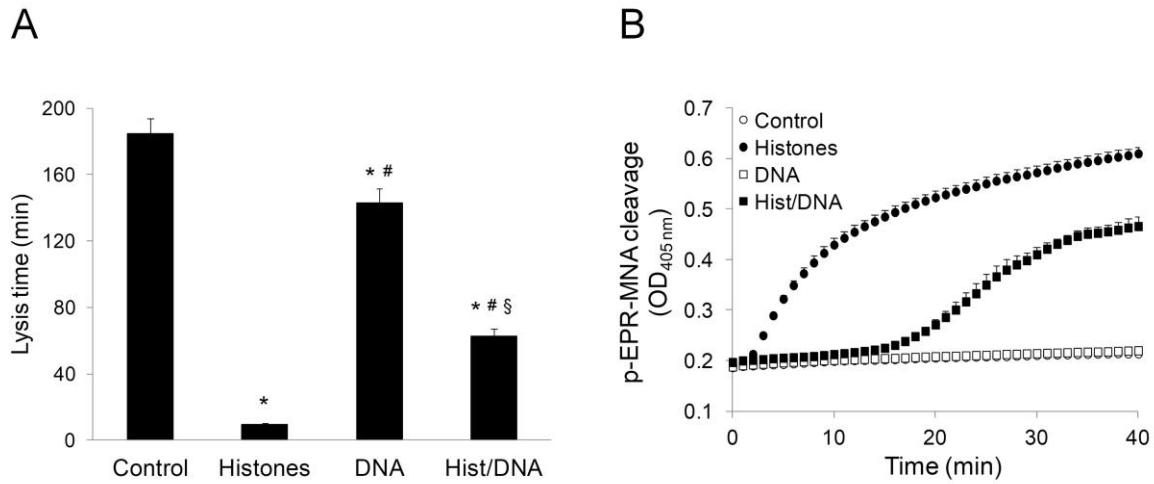
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213 **Fig. 3. Histones stimulate FSAP activation.** Recalcified, hirudin-treated normal plasma was challenged with  
 214 histones alone (0-160 µg/mL) (A) or histones (40 µg/mL) in the absence or presence of anti-FSAP antibody  
 215 (50 µg/mL) (B). Cleavage of p-EPR-MNA (600 µM) was followed at 405 nm at 37°C at 1 min intervals over  
 216 time. Panel C shows the effect of anti-FSAP antibody (50 µg/mL) on lysis time induced by scu-PA in control  
 217 plasma and in plasma containing histones (40 µg/ml). Experimental conditions as in legend to Fig. 1. HBS,  
 218 hepes buffered saline. Means and SEM from 3 experiments are shown. \*, P<0.01 vs control by t-test for  
 219 paired data.

220

### 221 *Effect of DNA on the activity of histones*

222 Histones are usually released from cells in tight complex with DNA. We therefore evaluated  
 223 whether DNA influenced the biological activity of histones. Histones were preincubated with an  
 224 equal weight amount of calf thymus DNA and then added to plasma. In the standard clot lysis  
 225 assay, histone-DNA complex caused a clear-cut hastening of scu-PA-mediated fibrinolysis, but the  
 226 magnitude of the effect was significantly lower compared to histones only (Fig. 4A). DNA alone,  
 227 instead, had a minor, though significant, effect on clot lysis time (Fig. 4A). Concerning FSAP  
 228 activation, the histone-DNA complex induced a delayed and reduced cleavage of the FSAP-  
 229 sensitive substrate, compared to histones alone, whereas DNA was totally inactive (Fig. 4B).



230

231 **Fig. 4. DNA influences histone activity on scu-PA-mediated clot fibrinolysis.** (A) Plasma was supplemented  
 232 with histones (40 µg/mL), DNA (40 µg/mL) or histone-DNA complex (Hist/DNA, 40 µg/mL each), scu-PA  
 233 (10 µg/mL), TF (6 pM), liposomes (10 µg/mL) and calcium (8.3 mM). Fibrinolysis was analyzed by  
 234 turbidimetry. Mean lysis times ± SEM are shown (n=6). Differences were assessed by ANOVA for repeated  
 235 measures followed by Newman-Keuls post-hoc test (\*, P<0.001 vs control; #, P<0.001 vs histones; §,  
 236 P<0.001 vs DNA). (B) Hirudin-containing plasma was supplemented with histones (40 µg/mL), DNA (40  
 237 µg/mL) or histone-DNA complex (Hist/DNA, 40 µg/mL each) in the presence of p-EPR-MNA (600 µM);  
 238 after recalcification substrate cleavage was followed at 405 nm at 37°C over time. Means and SEM from 4  
 239 experiments are shown.

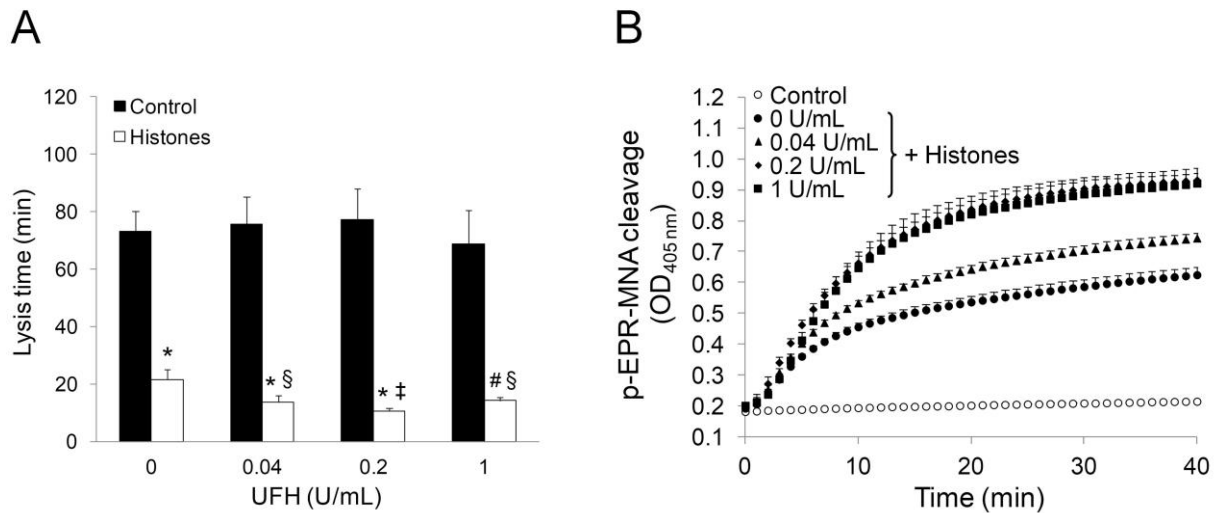
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241 *Heparin and APC promote histone-mediated enhancement of scu-PA fibrinolytic activity*

242 Heparin neutralizes the cationic charges of histones and is therefore considered a histone inhibitor  
 243 [26,27]. Therefore, we evaluated the ability of unfractionated heparin (UFH) to prevent the histone-  
 244 induced stimulation of scu-PA. To avoid any interference on fibrinolysis due to the anticoagulant  
 245 activity of UFH [28], we performed the lysis assay in the presence of hirudin and induced clot  
 246 formation with reptilase. Under these conditions, UFH alone had no effect on scu-PA-induced clot  
 247 lysis (Fig. 5A). When tested in combination with histones, UFH did not attenuate but rather boosted  
 248 histone-mediated enhancement of scu-PA-driven fibrinolysis over an ample range of UFH  
 249 concentrations (0.04-1 U/mL) (Fig. 5A). In accordance with these data, the generation of active  
 250 FSAP was more intense in the presence of the UFH-histone complex (Fig. 5B). Enhancement of

251 both FSAP activation and scu-PA fibrinolytic activity was also observed with a de-sulfated form of  
252 heparin characterized by impaired anticoagulant activity (Supplementary Fig. 2).

253



254

255 **Fig. 5.** Heparin impacts on histone-mediated enhancement of scu-PA fibrinolytic activity and FSAP  
256 activation. (A) Recalcified, hirudin-inhibited plasma was supplemented with histones (0-40  $\mu\text{g}/\text{mL}$ ) and  
257 UFH at different concentrations (0.04-0.2-1 U/mL), clotted by reptilase and lysed by scu-PA (1  $\mu\text{g}/\text{mL}$ ) as  
258 described above. Differences were assessed by t-test for paired data (\*,  $P < 0.01$ ; #,  $P < 0.05$  vs control) and by  
259 ANOVA for repeated measures followed by Dunnett's post-hoc test (§,  $P < 0.05$ ; ‡,  $P < 0.01$  vs no UFH). (B)  
260 Recalcified, hirudin-inhibited plasma was supplemented with histones (0-40  $\mu\text{g}/\text{mL}$ ) and UFH at different  
261 concentrations (0.04-0.2-1 U/mL), in the presence of p-EPR-MNA (600  $\mu\text{M}$ ); substrate cleavage was  
262 followed at 405 nm at 37°C over time. For clarity, all the curves in the presence of sole UFH were omitted as  
263 they were not different from the control (absence of histones). Means and SEM from 4 experiments are  
264 shown.

265

266 A similar enhancement of scu-PA-induced fibrinolysis was observed when histones were  
267 preincubated with APC (Supplementary Fig. 3), which has been reported to degrade and inhibit  
268 histones [2]. In this case, however, we could not evaluate the effect of APC-treated histones on  
269 FSAP activation, because of the high sensitivity to APC of the chromogenic substrate employed in  
270 the assay.

271

## 272 **Discussion**

273 In this work we show that histones influence fibrinolysis in a complex manner that strictly depends  
274 on the plasminogen activator involved. In the presence of either t-PA or u-PA, both of which  
275 express full plasminogen-activating potential, histones hamper fibrinolysis at high concentrations  
276 ( $\geq 80 \mu\text{g/mL}$ ). As to the mechanism of fibrinolysis inhibition, Varjù et al. [18] provided evidence  
277 suggesting that histones modify the fibrin structure by increasing the fiber thickness and stabilize  
278 the clot by binding to large fibrin degradation products. This view harmonizes with our observation  
279 that histones increased plasma clot turbidity (Fig. 1A and B), which is an indirect sign of larger  
280 fibrin strand formation [23,29].

281 The new finding of our work is that, at variance with t-PA and u-PA-induced fibrinolysis, histones  
282 strongly stimulate scu-PA-mediated fibrinolysis. The main difference between these activators is  
283 that scu-PA holds very little plasminogen activator activity and needs to be converted to the two-  
284 chain form u-PA (also referred to as tcu-PA) to activate plasminogen into plasmin with full  
285 efficiency [30]. We suggest that the profibrinolytic effect of histones results from stimulation of  
286 scu-PA conversion into u-PA via activation of FSAP. Several findings support this hypothesis: 1)  
287 histones failed to stimulate u-PA activity; 2) histones enhanced scu-PA conversion to u-PA in  
288 plasma but not under purified conditions; 3) histones induced plasma FSAP activation, and 4) FSAP  
289 blockade prevented histone-induced stimulation of scu-PA-induced clot lysis. However, there was  
290 an apparent inconsistency between the results of clot lysis and scu-PA activation concerning the  
291 concentration-response curve. Indeed, while in the fibrinolytic assay the effect of histones increased  
292 dose-dependently up to a maximum (Fig. 1F), in the u-PA generation assay the effect of histones  
293 reached a maximum at 20-40  $\mu\text{g/ml}$  and then declined (Fig. 2A). The reason for this discrepancy is  
294 unknown, but the different assay conditions, particularly the presence of the thrombin inhibitor  
295 hirudin in the scu-PA activation test, might have accounted for the different behavior of histones.

296 The relationship between histones and FSAP is intriguing. Similarly to other cationic proteins,  
297 binding of histones to FSAP promotes the formation of intermolecular interactions which allow  
298 FSAP autoactivation [22]. Active FSAP, in turn, induces fast histone cleavage [31] and catalyzes  
299 the release of nucleosomes from secondary necrotic cells [32,33]. FSAP activation, therefore,  
300 represents a novel histone detoxification mechanism. However, this “beneficial” effect comes at a  
301 price. Indeed, histone-mediated activation of FSAP has been associated with bradykinin formation  
302 [22,34] and anaphylatoxins generation, particularly C5a [35], which exacerbate inflammation.  
303 Activation of fibrinolysis through scu-PA and generation of the potent, non-specific enzyme  
304 plasmin can be another detrimental consequence of histone release and FSAP activation.

305 An interesting point pertains to the influence of interacting charged molecules on the biological  
306 activities of histones. Histones are generally released as a complex with their natural ligand DNA in  
307 the form of nucleosomes, chromatin or neutrophil extracellular traps (NETs), so evaluation of their  
308 activity in the presence of DNA cannot be overlooked. We found that DNA attenuates to a  
309 significant extent the stimulatory effect of histones on FSAP activation and scu-PA-mediated  
310 fibrinolysis. However, this notwithstanding, the magnitude of the effect induced by histone/DNA  
311 complex remained remarkable, suggesting that both free and complexed histones are capable of  
312 promoting scu-PA-mediated plasmin generation.

313 Besides DNA, other negatively-charged molecules such as heparin-like substances can bind to  
314 histones in such a tight manner that they are regarded as effective histone neutralizers [26,27]. In  
315 this study we observed that preincubation of histones with UFH or de-sulfated heparin does not  
316 hamper but rather increase the profibrinolytic activity of histones through the enhancement of FSAP  
317 activation. In vivo, heparin-like substances (sulfated glycosaminoglycans) are constitutively  
318 expressed by endothelial cells and are an important component of the extracellular matrix, implying  
319 that the improvement of histone effect may take place both inside and outside the bloodstream.

320 Interestingly, APC, another well-known histone inhibitor [2], was also able to heighten the capacity  
321 of histones to enhance scu-PA fibrinolytic activity. This observation may have clinical implications

322 as APC, thanks to its ability to degrade histones, is considered a potential remedy against histone  
323 toxicity. Supposedly, the enhancement of scu-PA-driven plasmin generation brought about by  
324 histone fragments might exacerbate the bleeding side effects of APC.

325 From a pathophysiological standpoint, histones are thus able to either impair or promote fibrinolysis  
326 depending on their concentration, the nature of the plasminogen activator and the local conditions.  
327 Inhibition of t-PA-induced fibrinolysis by high histone concentrations adds to prothrombotic  
328 activity of histones and may be a further mechanism of harm in disease, especially in severe  
329 systemic conditions such as septic shock and trauma where high histone levels may be found in the  
330 circulation [2,4]. On the other side, FSAP-mediated enhancement of scu-PA-driven fibrinolysis has  
331 been observed over an ample range of histone concentrations, including the lower ones, and should  
332 conversely expose the patient to the risk of bleeding. It is generally assumed that t-PA represents  
333 the main player in intravascular fibrinolysis, while (sc)u-PA is considered more important in  
334 extravascular fibrin degradation [36]. However, this assumption has been revisited and it is now  
335 supposed that the two PAs play a complementary role in the resolution of intravascular thrombi [37-  
336 39], which suggests that the net effect of histones on fibrinolysis likely depends on the balance  
337 between the two PA systems. Outside the bloodstream, u-PA-dependent plasmin formation has  
338 been implicated in several processes characterized by extracellular matrix (ECM) degradation and  
339 remodeling, and cell migration, e.g. angiogenesis, inflammatory diseases, cancer invasion and  
340 metastasis formation [40-42]. Among these, atherosclerosis is, perhaps, the condition that best  
341 illustrates the possible role of FSAP-mediated activation of the u-PA system. Atherosclerotic  
342 plaques contain (sc)u-PA and the content is generally proportional to the severity of the lesions,  
343 with high amounts typically detected in unstable or vulnerable plaques which are more prone to  
344 rupture or to induce vessel dilation [43]. Both plasmin-mediated degradation of ECM and  
345 intracellular signaling triggered by u-PA bound to its receptor (u-PAR) are involved in  
346 atherosclerosis progression and the ensuing complications [43]. More recently, extracellular  
347 histones in the form of NETs released by infiltrating neutrophils and macrophages have been

348 identified in atherosclerotic lesions, especially in the lipid-rich core [44]. Moreover, FSAP has been  
349 found to abundantly decorate atherosclerotic plaques [45]. It is therefore tempting to speculate that  
350 in the atherosclerotic environment the release of histones can drive a chain reaction through FSAP  
351 autoactivation, u-PA formation, and, in the end, excessive plasmin generation which may favor  
352 aneurysm formation, plaque rupture and development of arterial thrombi. The abundance of  
353 heparin-like molecules in the ECM may further exalt the detrimental consequences of histone  
354 release.

355 In conclusion, extracellular histones exert differential activities on plasminogen activators that  
356 translate into opposite effects on the fibrinolytic system, whose pathophysiological relevance is  
357 complex to predict and probably depends on the site and timing of histone release.

358

#### 359 **Addendum**

360 F.S. and C.T.A. designed the study, performed research and wrote the manuscript. M.C. and N.S.  
361 supervised the study and critically revised the manuscript.

362

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371

#### 372 **Declaration of competing interest**

373 All the authors state that they have no conflict of interest.

374

375 **Appendix. Supplementary data**

376

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